



DR. SABA ARIF



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House 263, block CC, sector D, Bahria Town Lahore



OBJECTIVE

I am looking for a challenging job with a rapidly growing organization that can provide me with a range of goals and job objectives within a contemporary and economical business setting.



SKILLS

Administrator, Duty Roster Manager, Inter & intra departmental coordinator

MS OFFICE WORD, Power Point, Excel

Socratic exam conduct

Google classroom online teaching

Zoom online meetings



ACHIEVEMENTS & AWARDS

PMDC eligibility for Assistant Professor with 1 year AP experience

2nd position Mphil Biochemistry The University of Lahore

Gold Medal Forensic Medicine in MBBS

Distinction Biochemistry in MBBS



EXPERIENCE

Feb 20, 2024 - To date

Akhtar Saeed Medical and Dental College

Senior Demonstrator
Biochemistry

March 28, 2017 - Feb 19, 2024

Akhtar Saeed Medical and Dental College Lahore

Demonstrator Biochemistry

April 2017 - April 2019

Green Polyclinic Bahria Town Lahore

Medical officer

22nd May 2016 - 21st aug 2016

Services Hospital Lahore

House officer
Department of Surgery

22nd feb 2016 - 21st May 2016

Services Hospital Lahore

House Officer
Department of Dermatology

22nd nov, 2015 - 21st feb 2016

Services Hospital Lahore

House Officer
Department of Medicine

22nd aug 2015 - 21st nov 2015

Services Hospital Lahore

House officer
Department of Radiology



EDUCATION

2021

The University of Lahore

M.Phil Biochemistry
3.97

2014

Lahore Medical and Dental College

MBBS
A+

2008

Kinnaird College Lahore

FSc
A+

2006

BiSE Lahore

Matric
A+



WORKSHOPS

Workshop on PBL

Workshop on construction of MCQs & SEQs

Workshop on communication skills



PUBLICATIONS

ASSOCIATION BETWEEN HEPATIC STEATOSIS AND VITAMIN D INSUFFICIENCY IN NONALCOHOLIC FATTY LIVER DISEASE PATIENTS

<https://www.general-medicine.com/article/association-between-hepatic-steatosis-and-vitamin-d-insufficiency-in-nonalcoholic-fatty-liver-disease-patients>

A Study of Histological Grading and Biochemical Functional Analysis of Salivary Components in Patients with Head and Neck Carcinoma Receiving Definitive Chemo-And Radiotherapy

<https://www.zhebyhk-periodicals-cn.net/article/a-study-of-histological-grading-and-biochemical-functional-analysis-of-salivary-components-in-patients-with-head-and-neck-carcinoma-receiving-definitive-chemo-and-radiotherapy>

Association of Adiponectin and Oxidized HDL with ABO Blood Groups in Fatty Liver Patients

<https://thejas.com.pk/index.php/pjhs/article/view/1847>