

# CURRICULUM VITAE



## **Dr. Syeda Mah-e-Noor Zahra**

**Father's Name:** Syed Muhammad Saeed Anwar  
**Date of Birth:** June 03, 1991 (Lahore, Pakistan)  
**NICN.** 35202-4576170-4  
**Marital status:** Married  
**Address:**  
**a) Present Address:** 215, Ghaznavi Extension Block, Bahria Town, Lahore  
**b) Permanent Address:** 675 – A, Overseas Block Bahria Town, Lahore  
**c) Contact Nos.** Residence: 042-37862210  
Mobile: 0335-9960335  
e. mail: [drmahnoralam91@gmail.com](mailto:drmahnoralam91@gmail.com)

### **Qualifications:**

- a) MPhil** (University of Health Sciences, Lahore) in 2020
- b) MBBS** (CPMC, University of Health Sciences, Lahore) in 2016
- c) House Job: ONE Year** (1<sup>st</sup> April 2016 to 31<sup>st</sup> March 2017)
  - i. Mayo Hospital Lahore: one rotation: Ophthalmology of 3 month,
  - ii. Akhtar Saeed Teaching Hospital, EME DHA Lahore: three rotations: General Medicine, General Surgery, Radiology, each of 3 months.

**Pakistan Medical & Dental Council Registration:** 81178-P

### **Teaching Experience:**

- i.** Demonstrator, Department of Pharmacology, Akhtar Saeed Medical and Dental College, Lahore, from 08.05.2017 to 07.05.2018, and  
from 03.06.2020 to 10.09.2020
- ii.** Postgraduate MPhil – Trainee at Federal PGMI, Shaikh Zayed Medical Institute, Lahore, from 16.05.2018 to 15.05 2020
- iii.** Senior Demonstrator, Department of Pharmacology, Akhtar Saeed Medical and Dental College, Lahore, From 11.09.2020 to 15.04.2022
- iv.** Assistant Professor, Department of Pharmacology, Akhtar Saeed Medical and Dental College, Lahore, From 16.04.2024 to date.

### **Academic Activities:**

- i.** Involved in teaching (in the form of lectures, interactive sessions and discussions) to the MBBS / BDS Students of AMDC, Lahore & SZMC, Lahore and Postgraduate Students of FPGMI, Lahore during 2018 to date.
- ii. Attended Workshops:**
- iii. Research Publications:**
  1. Syeda Mah-E-Noor Zahra, Saadia Shahzad Alam, Maryam Nadeem, Huma Zia Arain, Neelofer Warraich, Maryam Piracha. Comparative Evaluation of Prophylactic and Therapeutic Hypolipidemic Potential of Crataegus Oxyacantha (Hawthorn) Fruit with Atorvastatin in Murine Model of Dyslipidemia. PJMHS, Vol. 16, No.01, JAN 2022, 25 -28.
  2. Maryam Nadeem, Saadia Shahzad Alam, Syeda Mah E Noor Zahra, Shoaib M Daniyal, Huma Zia, Maryam Saqib, Maryam Nadeem. Vitamin D Supplementation Reduces Atorvastatin Induced Myopathy in Dyslipidemic Patients. PJMHS, Vol. 16, No.02, FEB 2022; 65-68.
  3. Muhammad Saeed Anwar, Mariyam Iftikhar Piracha, Mah-e-Noor Zahra, Syed Ahmad Faizan, Sadaf Jabbar. Alzheimer’s Disease (AD): Management Cognitive Impairments and Behavioral Problems; Review Article. JASM&DC, Vol.01, No. 04, Oct.-Dec. 2019; 156-162.