



## Resham Hafeez

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# Curriculum vitae

### Professional summary:

I have 14 years of work experience in the field of dentistry, including 7 years of experience as an academician. During this time, I have been actively involved in research and teaching periodontology to undergraduate students. As a clinician actively engaged in academics and research, my goal is to apply evidence-based approaches in my practice. Through my work, I aim to make a tangible difference in promoting oral health and improving the quality of care provided to patients.

### Education

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|--|--|----------------------------|
| <b>Certification in Health Professions Education</b><br>(July 2021-Dec 2021)                         | Shaheed Zulfiqar Ali Bhutto Medical University                                 | <b>PASS</b>                |
| <b>Membership College of Physicians and Surgeons Pakistan (MCPS Periodontology)</b><br>(2012 – 2014) | College of Physicians and Surgeons, Pakistan                                   | <b>PASS<br/>April 2015</b> |
| <b>Bachelors of Dental Surgery</b><br>(2005 – 2008)  | Sardar Begum Dental College, Peshawar (Gandhara University Peshawar, Pakistan) | <b>Marks: 74%</b>          |
| <b>HSSC</b><br>(2002-2004)   | I.M.C.G, F-6/2 Islamabad, Pakistan   | <b>Grade: A</b>            |

### Work Experience

1<sup>st</sup> Jan 2023 – till date

**Associate Professor Periodontology**

Islamabad Medical and Dental College - SZABMU

14<sup>th</sup> Jan 2022 – 31<sup>st</sup> Dec 2022

**Assistant Professor Periodontology**

Islamabad Medical and Dental College – SZABMU

5<sup>th</sup> Sep 2019 -13<sup>th</sup> Jan 2022

**Assistant Professor Periodontology**

Army Medical College - NUMS

1<sup>st</sup> Sep 2018 – 4<sup>th</sup> Sep 2019

**Head of the Department Periodontology**

|  |   |
|--|---|
| 1 <sup>st</sup> Feb 2018 - 31 <sup>st</sup> Aug 2018         | Rawal Institute of Health Sciences - SZABMU<br><br><b>Assistant Professor Periodontology</b><br><br>Rawal Institute of Health Sciences - SZABMU |
| 1 <sup>st</sup> Dec 2015-31 <sup>st</sup> Jan2018            | <b>Senior Registrar Periodontology</b><br><br>Rawal institute of Health Sciences - SZABMU   |
| 13 <sup>th</sup> June 2014- 31 <sup>st</sup> Nov 2015        | <b>Associate Dental Surgeon</b><br><br>Dr Abrar & Associate Dental Surgeons   |
| 12 <sup>th</sup> June 2012- 12 <sup>th</sup> June 2014       | <b>Trainee Medical Officer</b><br><br>Federal Government Polyclinic Hospital  |
| 1 <sup>st</sup> March 2010 - 30 <sup>th</sup> April 2012     | <b>Associate Dental Surgeon</b><br><br>Dr. Abrar & Associate Dental surgeons  |
| 10 <sup>th</sup> January 2009 – 9 <sup>th</sup> January 2010 | <b>House Officer</b><br><br>Federal Government Polyclinic Hospital  |

### Key skills

- Undergraduate teaching
- Research
- Periodontal therapy
- Public health
- Patient Counselling
- Mentoring
- OSCE development
- Constructing multiple-choice questions (MCQs)

### Professional Certifications

1. C-Implant **“Comprehensive Implantology for General Practice”** Affiliated with *International Congress of Implantologists* Feb 2015— August 2015
2. **“Implant placement “Current Concepts for Predictable results** by Dr.Peter Shatz,3 CDE hours- 2015

3. *C-Periodontics “Essentials of Basic and Advance Periodontology” Academy of continuing health education and research- Islamabad, Dec 2016---Feb 2017*
4. *“Basic Periodontal Management” workshop – 3/12/2016 6 contact hours Riphah Academy of Research and education. Riphah International University*
5. *“Periodontal Surgery and Guided tissue regeneration” 14/5/2017 Riphah Academy of Research and education. Riphah International University*
6. *“Muco-Gingival Surgeries” clinical course 26/2/2017 Riphah Academy of Research and education. Riphah International University*
7. *“Evidence based predictable soft tissue grafting in periodontology” 6 CPD credit points -24<sup>th</sup> Sep 2019 – Academy of continuing health education and research Islamabad.*
8. Advance certification course in *“Periodontology Regeneration surgeries and soft tissue management” Pathodont clinics 23<sup>rd</sup>-24<sup>th</sup> Jan 2021*

### Continuing Medical/Research Education Certification

1. Post-Graduation Diploma in *“Pubic Health”* PGDipPH from Health Services Academy Islamabad (Ongoing)
2. Successfully passed the *“Introduction to the Principles and Practice of Clinical Research 2019-2020 course”* facilitated by NUMS-Office of Research Innovation and commercialization (ORIC) and “National Institute of Health (NIH, USA) Feb-June 2020

### Academic Experience

1. Member *Periodontology Curriculum* development committee SZABMU Islamabad (2016-2019)
2. Faculty training workshop *“MCQ’s writing”* ,Shaheed Zulfiqar Ali Bhutto Medical University (SZABMU) Islamabad (1 CME hour) April 2017
3. Faculty training workshop *“Table of specification”* , SZABMU Islamabad (2 CME hours ) May 2017
4. Faculty training workshop *“Learning Objectives”* SZABMU Islamabad , June 2017
5. Faculty training workshop *“Leadership in Higher Education”* SZABMU Islamabad (3 contact hours) 23<sup>rd</sup> Jan 2018
6. Faculty training workshop *“Integration in Medical Education”* SZABMU Islamabad (3 contact hours) 13<sup>th</sup> February 2018
7. Faculty training workshop *“Development of PBL scenario”* SZABMU Islamabad (6 contact hours) 9<sup>th</sup> May 2018
8. Periodontology Exam/Paper Assessor Third Professional BDS Supplementary 2018 National University of Medical Sciences (NUMS)
9. Paper setter, Assessor, Internal Examiner 3<sup>rd</sup> Professional Periodontology session 2017-2019 Rawal Institute of Health Sciences , SZABMU

10. Class Teacher of Third Year BDS (2017-2019)
11. Curriculum Development member “MSC Periodontology” program Shaheed Zulfiqar Ali Bhutto Medical University. 2018-2019
12. Internal examiner Periodontology 2019 , National University of Medical Sciences Rawalpindi
13. Attended Workshops on “Conducting Small Group Discussions and Large Group Interactive Lectures” at National University of Medical Sciences December 2019
14. Received training on “Online teaching and assessment” conducted by NUMS Department of Health Professions education – 26<sup>th</sup> Nov 2020
15. External examiner Periodontology, Foundation University Dental College, Foundation University Islamabad - BDS session 2020
16. Internal examiner, Paper moderator and assessor, Periodontology, Army Medical College, NUMS - BDS session 2021.
17. Co-Authored and designed ‘*Logbook of Clinical Periodontology*’ for 3<sup>rd</sup> Year BDS, Armed Forces Institute of Dentistry, Army Medical College. Year- 2020-2021
18. Received training on Multimedia based MCQs system “MARKS”, and significantly contributed to the MCQ bank.
19. Member *curriculum development and evaluation*, National University of Medical Sciences. 2020-2021
20. Contributed in development of ‘*Study Guide of Periodontology*’ NUMS. 2020-2021
21. Member Research committee Armed forces Institute of Dentistry, CMH. Year -2021.
22. Contributor for *National Licensure Exam NLE* as subject specialist 2021
23. External Examiner Periodontology (Session 2023) HITEC Institute of Medical Sciences (NUMS) Taxilla
24. External Paper Moderator and Assessor Periodontology 3<sup>rd</sup> Prof Exam NUMS 2023.

### Community work – Workshops - symposiums

- Conducted free Dental camp for the underprivileged transgender community living in slums (Meherabadi) of Islamabad 12<sup>th</sup> August 2023
- Volunteer and Focal person Islamabad Dental Hospital (IDH) for Earthquake relief program Turkey and Syria 2023 in collaboration with Al-Khidmat foundation.
- Volunteer and Focal Person IDH for Flood relief program in IDH 2022 in collaboration with Al-Khidmat foundation.
- Volunteer at Free Medical & Dental Camp for the Rehabilitation of flood victims & internally displaced Persons in KPK province 2010.
- Volunteer in Colgate’s School awareness Programs and Dental Health Month since 2010 till date.
- Symposium on “Periodontal Health Awareness” 2012 in Federal Govt. Hospital by Dr. Pakiza Raza.
- Symposium on “Acute Pain Management in Dentistry” 2013 by Dr. Ansar Maqsood, PIMS.
- Workshop on Dental Implants by DIO in Federal Government Polyclinic Hospital 2012.
- Workshop on Communication skills, college of physicians and surgeons Pakistan 9 CME hours 2014.
- Workshop on Introduction to Computers and Internet, College of physicians and surgeons Pakistan, 15 CME hours 2014.
- Workshop on Primary Surgical Skills, College of physicians and surgeons Pakistan, 12 CME hours 2014.
- Certification in Basic Life Support from Shifa International Hospital, Islamabad 2011.

- Certification 'Basic Life Support' from CPSP (International training centre of American Heart Association) 4.5 CME hours 2014.

### Research Publications

| <b>Sr. No</b> | <b>Title of Published Research</b>  | <b>Name of journal</b>                                 | <b>Year of Publication<br/>Vol. no</b>                | <b>Impact factor/<br/>HEC Category</b>                                       |
|---------------|---|--|---|--|
| 1.            | Tele-dentistry as a Supportive Tool for Dentists in Pakistan  | <i>BioMed Research International Hindawi</i>           | Volume 2021<br>September<br><br>Article ID<br>8757859 | Impact Factor: 3.41<br><br>H Index: 126<br>SJR: 0.772                        |
| 2.            | Perception of Periodontal Diseases among Antenatal Care Providers   | <i>Medical Forum Monthly</i>                           | Vol. 32, No. 4<br>April, 2021                         | Impact factor: 0.02<br><br>H Index: 4<br>SJR 2020 0.11<br><br>Y-Category HEC |
| 3.            | Association between Pre-diabetes and Periodontitis- A Case control Study  | <i>Annals of the Romanian Society for Cell Biology</i> | Vol. 25, Issue 4,<br>April, 2021                      | Impact factor: 0.9<br>H Index: 7<br>SJR 2020 0.1<br><br>Y-Category HEC       |
| 4.            | Determination of working length variation in maxillary canine: An analytical study                                      | <i>Pakistan Medical and Dental Journal</i>             | Vol. 39, No 2<br>(2019) April-June                    | HEC recognized<br>Y-Category   |
| 5.            | Dental Implant for Tooth Replacement; Awareness and knowledge among patients seen at Rawal Institute of Health Sciences | <i>Pakistan Oral &amp; Dental Journal</i>              | Vol 39 No 3<br>(2019) July-Sep.                       | HEC recognized<br>Y-Category   |
| 6.            | Perception and the Associated Apprehension Stemming from Novel Covid-19 among Pakistani Students                        | <i>Pakistan Armed Forces Medical Journal PAFMJ</i>     | Vol 70 No.1<br>July 2020                              | HEC recognized<br>Y - Category   |

|     |  |  |   |                            |
|-----|--|--|---|----------------------------|
| 7.  | Perceptions of dental students' regarding anatomy learning and assessment in integrated curriculum adopted by Shaheed Zulfiqar Ali Bhutto Medical University, Pakistan | Journal of University Medical & Dental College (JUMDC) | Vol. 13, Issue 2, April - June, 2022          | HEC recognized Y- Category |
| 8.  | A Cross-Sectional Study of factors associated with prevalence and progress of Dentin Hypersensitivity  | <i>Pakistan Journal Of Medical and Health Sciences</i> | Vol. 16, No.02<br>Feb-2022                    | HEC recognized Y-Category  |
| 9.  | Comparison of Primary and Secondary Wound Closure Outcome after Mandibular 3rd Molar Impaction Surgery   | <i>Pakistan Oral &amp; Dental Journal</i>              | Vol 41, No.3<br>July-September 2021           | HEC recognized Y-Category  |
| 10. | Factors influencing the emergence of antimicrobial drug resistance in clinical dental practice   | Journal of The Pakistan Dental Association             | Accepted in journal – waiting for publication | HEC recognized             |

### Conferences

1. Conference titled *“Linking Patients outcomes to Education and Training”* in 2018, Islamabad
2. 13<sup>th</sup> International & 33<sup>rd</sup> National dental congress *“ Innovations in dentistry....A way forward”* by Pakistan Dental Association – Lahore Nov 2016

### Other Responsibilities and Roles

- Stage secretary Orientation ceremonies BDS & MBBS (2016 - 2018)
- Member of Sports & Entertainment committee, Rawal College of Dentistry 2016-2019
- Hosted 1<sup>st</sup> Convocation ceremony of Rawal Institute of Health Sciences 2018 as stage secretary
- *Superintendent* MDCAT National University of Medical Sciences (APS Peshawar). Received appreciation Unit shield for successfully completing the task.

### References:

Dr. Abrar-Ul-Hussain Syed  
 Dr. Abrar and Associates  
 Islamabad  
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 Associate professor/ HOD Periodontology  
 Islamabad Medical and Dental College  
 Contact 00923219941135  
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