

# DR ROOMANA HAROON

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## Education

2022	University of Health Sciences Lahore. <b>Mphil Anatomy</b>
1996	Post Graduate Medical Institute,Lahore <b>Diploma in Gyanecology and Obstetrics</b>
1986	Fatima Jinnah Medical College ,Lahore. <b>MBBS</b>
1980	Government College For Women Rawalpindi <b>FSc Pre Medical</b>
1978	St Annes Presentation Convent High School Rawalpindi <b>Matriculation</b>

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## Work Experience

Sep 2022 – Present	<b>Assistant Professor - Anatomy Department</b> Akhtar Saeed Medical and Dental College,Bahira Town, Lahore.
Jan 2017 – Aug 2022	<b>Senior Demonstrator - Anatomy Department</b> Akhtar Saeed Medical and Dental College,Bahira Town, Lahore.
Jan 2015 – Dec 2016	<b>Mphil in Anatomy (Student)</b> Post Graduate Medical Institute,Lahore
Jan 2013 - Dec 2014	<b>Demonstrator - Anatomy Department</b> Akhtar Saeed Medical and Dental College,Bahira Town, Lahore
Oct 2000-Dec 2012	<b>Medical Officer</b> Various Private Clinics in Saudia Arabia
May 1997-Aug 2000	<b>Women Medical Officer</b> Lady Aitchison Hospital Lahore
Jan 1993- Apr 1997	<b>Women Medical Officer</b> Various Primary Health Care Centres In Punjab.
Dec 1991-Dec 1992	<b>Post Graduate Student (DGO)</b> Post Graduate Institute, Punjab
Jan 1991-Nov 1991	<b>Residential Medical Officer</b> Mumtaz Bakhtawar Hospital ,Lahore
Apr 1987-Apr 1988	<b>House Job</b> Rawalpindi General Hospital , Rawalpindi

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## Other Skills And Development Courses

- Akhtar Saeed Medical and Medical And Dental College Lahore **Workshop On Construction Of MCQS**.12 Aug 2022.
- Anatomical Society Of Pakistan participation **Evolutionary Transformation In Anatomy Learning** 30 nov 2019. Pmdc credit hours 6.
- National Scieintific Conference TELCON on **Technology Enhanced Learning** held at UHS lahore on 13 oct 2018 pmdc credit hours 6.
- Anatomical Society Of Pakistan participation in ASCON the International Scieintific Conference On **Modular Curriculum in Medical Education** 15 apr 2017 pmdc credit hours 6.
- Akhtar saeed medical and dental college lahore participation in workshop on Construction of **MCQS and SEQs** 29 apr 2017.PMDC Credit hours 3.
- Akhtar saeed medical and dental college lahore participation in workshop on **Medical Research and Article Writing** 28 oct 2017, 2 nov 2017.
- Certificate of participation in workshop on **Laboratory Animal Handling** in PGMI from 28 jan to 30 Jan 2015.
- Anatomical Society Of Pakistan participation in **National Scieintific conference** 18 april 2015 pmdc credit hours 4.
- Certificate in **Basic Life Support from Heart Association KSA**. Apr 2009.
- **Reproductive Health Service And Contraception Technology** Dec 1997.
- **Nutrition and Breast Feeding** by Project Training Institute ,Punjab Jul 1990

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## Publications

- Shahper, L., F. Farzana, M. Muneer, S. Hassan, R. Hashim, and M. Ilyas "Effects of Whole-Ground Flax Seeds Versus Flax Oil For Pesticide Residues-Induced Nephrotoxicity In Male Wistar Rats". KHYBER MEDICAL UNIVERSITY JOURNAL, Vol. 12, no. 2, June 2020.
- Ahmed H.S1 ., Inam F2., Toor R.S3., Hashim R4., Asia Nazeer A5. and Qureshi F6 "Effect of Aqueous Garlic Extract on Monosodium Glutamate Induced Weight Loss in Wistar Rats". Biomedica - Vol. 35, Issue 4, 2019
- A Siddique, J Iqbal, R Hashim "Significant Hepatic Degeneration Would Lead to Periportal Inflammation and Congestion in the Liver of Albino Rats After Consumption of Garlic (Allium Sativum)" - PAKISTAN JOURNAL OF MEDICAL & HEALTH, 2018

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## Personal Information

PMDC REG NO: 15198-P  
Husbands Name Dr M.Haroon Ashraf Khan  
Fathers Name Mr. Muhammad Riaz Hashim

