

Curriculum Vitae

Dr. Afzaal Baig

MBBS, FCPS (General Surgery),

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SUMMARY

Adept general surgeon eager to learn latest advancements in surgical techniques with special interest in Oncology and Laparoscopy. Want to learn translational research to make an impact on science and efficiently practice evidence-based medicine.

PERSONAL INFORMATION

CPSF Fellowship: *SGR-22-31061*

PMDC Registration number: *79933-P*

Date of Birth: *23-Feb-1990*

Home address: *254-Eden Canal Villas, Lahore, Pakistan*

QUALIFICATIONS

- Fellowship of College of Physicians and Surgeons of Pakistan (General Surgery)***
Services Hospital, Lahore, Pakistan ***Jan 2017 – Jan 2021***
- Bachelor of Medicine; Bachelor of Surgery (M.B.B.S.)***
Services Institute of Medical Sciences, Lahore, Pakistan ***Dec 2009 - March 2015***

PROFESSIONAL EXPERIENCE

- Farooq Hospital (Akhtar Saeed Medical and Dental College), Lahore, Pakistan***
Senior Medical Officer (Surgery Dept.) ***Jan 2021 – Jan 2022***
- Akhtar Saeed Medical and Dental College, Lahore, Pakistan***
Senior Registrar of Surgery ***Apr 2022 – Till date***

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- **Services Hospital** **Lahore, Pakistan**
Postgraduate Resident General Surgery 31/01/2017 to 30/04/2018
Postgraduate Resident Orthopaedics and Traumatology 30/04/2018 to 30/07/2018
Postgraduate Resident Paediatrics Surgery 30/07/2018 to 30/09/2018
Postgraduate Resident Thoracic Surgery 30/09/2018 to 30/11/2018
Postgraduate Resident Cardiac Surgery 30/11/2018 to 30/01/2019
Postgraduate Resident General Surgery 31/01/2019 to 31/01/2021
Senior Medical Officer 01/02/2021 to 01/01/2022
- **Services Hospital** **Lahore, Pakistan**
House Officer Internal Medicine 08/05/2015 to 07/08/2015
House Officer General Surgery 08/08/2015 to 07/11/2015
House Officer Urology 08/11/2015 to 07/02/2016
House Officer Ophthalmology 08/02/2016 to 07/05/2016

HONOURS & AWARDS

- **Best Resident Scientific Paper Award**
*International Society of Surgeons Conference, Services Hospital,
Lahore, Pakistan* **Sep 2020**
- **3rd position in BISE Multan in Matriculation** **Aug 2006**
- **6th position in Services Institute of Medical Sciences in Final Professional
Examination MBBS** **Mar 2015**

CONFERENCES

- **International Society of Surgeons Conference**
Services Hospital, Lahore, Pakistan **Sep 2020**
- **17th Biennial International Surgical Conference**
Services, Hospital, Lahore, Pakistan **Mar 2019**
- **17th Shaukat Khanum Cancer Symposium**
Lahore, Pakistan **Nov 2018**

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- **16th Biennial National Surgical Conference**
Allama Iqbal Medical College, Lahore, Pakistan **Mar 2018**
- **15th International Surgical Conference, Surgicon**
Faletti's Hotel, Lahore, Pakistan **Mar 2017**
- **8th International Cancer Surgery Conference**
Pearl Continental Hotel, Lahore, Pakistan **Feb 2016**
- **International Conference on Health Professions Education**
University of Lahore, Pakistan **Aug 2014**
- **5th International Conference on Medical Education**
Fatima Jinnah Medical College for Women, Lahore, Pakistan **Mar 2013**

COURSES AND WORKSHOPS

- **Workshop on "Management of breast diseases"**
Services Hospital, Lahore, Pakistan **Aug 2020**
- **Workshop on "Advanced Laparoscopic Upper GI Surgery"**
Services Hospital Lahore, Pakistan **Mar 2019**
- **Workshop on "Colorectal Diseases – Surgical Management"**
12th Annual Surgical week for colorectal diseases, Services Hospital, Lahore **Oct 2017**
- **Workshop on "Laparoscopic CBD Exploration"**
Advances skills and Research Center, Services Hospital, Lahore, PK **Apr 2018**
- **ATLS (Advanced Trauma Life Support) Provider Course**
Services Hospital, Surgical Unit-I, Lahore **2018**
- **BLS (Basic Life Support) Provider Course**
College of Physicians and Surgeons of Pakistan, Lahore **2018**
- **Basic surgical skills workshop**
College of Physicians and Surgeons of Pakistan, Lahore **2018**
- **Communication skills workshop**
College of Physicians and Surgeons of Pakistan, Lahore **2018**

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- **Research methodology workshop**
College of Physicians and Surgeons of Pakistan, Lahore **2018**
- **Workshop on “Basics of Laparoscopic Surgery”**
Services Hospital, Lahore **2015**
- **Basic Hands on Operative Surgical Skills Course**
Lahore Medical & Dental College, University of Health Sciences, Lahore **2015**
- **AHA Certified Basic Life Support (BLS) Instructor** **2020**
College of Physicians and Surgeons, Pakistan
- **AHA Certified Advanced Trauma Life Support (ATLS) Provider** **2023**

PUBLICATIONS & RESEARCH WORK

- **Dissertation on Comparison Between Aspiration and Incision and Drainage of Breast Abscesses (A Randomized Controlled Trial) (Publication work is in process)**
College of Physicians and Surgeons, Pakistan
- **Research Work is in Process on “Comparative Role of Different Antibiotics for non-perforated Acute Appendicitis” (A meta-analysis based study)**

CLINICAL SKILLS

Performed Independently

- Open Appendectomy
- Mesh Hernioplasty
- Incisional hernia repair
- Open Cholecystectomy
- Wide local excision of breast lumps
- Ileostomy reversal
- Bowel resection and anastomosis
- Seton placement
- Laparoscopic Cholecystectomy
- Laparoscopic Appendectomy
- Lap-Assisted stoma formation
- Diagnostic Laparoscopy and Biopsy
- Laparoscopic cystectomy and enucleation
- Lateral internal anal sphincterotomy

Performed under indirect supervision

- Hemi/Total Thyroidectomy
- Modified Radical Mastectomy

Assisted

- Sleeve Gastrectomy
 - Laparoscopic IPOM
 - Laparoscopic right hemicolectomy
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- Laparoscopic Roux-en-Y gastric bypass
- Laparoscopic/open cystogastrostomy
- TAPP (inguinal hernia)
- Laparoscopic splenectomy
- Hemi/Total colectomy
- Pelvic exentration
- Pancreaticoduodenectomy
- Excision of retroperitoneal and peripheral soft tissue sarcomas
- Management of Stab Wounds
- Below/Above knee amputations
- Extensive debridements for necrotizing fasciitis
- Exploratory laparotomy for trauma
- Omental patch repair for duodenal ulcer perforation
- Vascular repair

Emergency Procedures

CLINICAL & ACADEMIC DUTIES

Duties as a Resident

- My clinical duties included
 - Managing indoor & outdoor patients
 - Indoor rounds 3 days/week (case presentation)
 - Outdoor clinic 2 days/week
 - Operation Theatres 2 days/week
 - Managing pre and post-op cases
 - Emergency 2 days/week (24 hrs)
- My academic duties included
 - Clinicopathological conferences
 - Multidisciplinary meetings
 - Case Presentations
 - Presenting cases in Society of Surgeons, Monthly meetings
 - Clinical teaching to undergraduate students
 - Worked as a batch in charge of emergency in third and final year of residency
- My managerial duties included
 - Organizing surgical conferences
 - Organizing surgical skills workshops
 - Maintaining endoscopy suites

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REFERENCES

- **Prof. Mahmood Ayyaz**
Professor of Surgery
National Hospital & Medical Center,
Lahore, Pakistan
Email: mahmoodayyaz17@live.com
Contact: 0300 4432803
- **Prof. Wasim Hayat Khan**
Professor of Surgery
Surgical Unit-IV
Services Hospital
Lahore, Pakistan
Email: wasim_hayat@hotmail.com
Contact: 0300 4432802
- **Prof. Munir Imran**
Professor of Surgery
Surgical Unit-II
Farooq Hospital, Westwood
(Akhtar Saeed Medical and Dental College)
Lahore, Pakistan
Email: dr.munir_imran@hotmail.com
Contact: 0321 9447946