

Dr. AYESHA ILYAS

biakashif@gmail.com

00923213325100

MRCOG (Part 1 RCOG UK)

FCPS Obs & Gynecology CPSP/Sir Ganga Ram Hospital Lahore Pakistan

MBBS Fatima Jinnah Medical College/University Lahore Pakistan

PROFESSORIAL SYNOPSIS

A trusted, patient focused and dedicated doctor having more than 10 years of intensive experience in the field of Obstetrics/Gynecology with best doctors over long history of serving patients by successfully diagnosing, treating and also managing their illnesses and diseases, having vast experience and knowledge in various Obstetrics/Gynecological procedures with strong ability to develop methodology and performance analysis, fully capable to develop patient safety and care improvement and proficient with women's healthcare.

PROFESSORIAL EXPERIENCE

Assistant professor of Obstetrics and Gynecology (September 2022 to date)

Akhtar Saeed Medical and Dental College and Farooq Hospital (Teaching) Lahore Pakistan

Specialist Obstetrics and Gynecology (September 2018 -August 2022)

Medical Care Hospital Lahore Pakistan

Senior Registrar Obs/Gynae (October 2015-September2018)

Obstetrics & Gynecology Department, Shalamar Medical & Dental College/Shalamar Hospital Lahore, Pakistan.

Senior Registrar Obs/Gynae (June 2013-February 2014)

Obstetrics & Gynecology Department Akhtar Saeed Medical & Dental College/Akhtar Saeed Trust Teaching Hospital Lahore, Pakistan.

Senior Registrar Obs/Gynae (September 2014-October 2015)

Obstetrics & Gynecology Department Akhtar Saeed Medical & Dental College/Akhtar Saeed Trust Teaching Hospital Lahore, Pakistan.

Post Graduate Training FCPS (May 2008-May 2012)

- Successfully completed 4 years training for FCPS in Obstetrics & Gynecology at Challenging working environment of **Sir Ganga Ram Hospital Lahore**

Medical Officer (May 2007-November 2007)

- Worked as MO Gynae at Shalamar (Institute of Health Sciences) Hospital Lahore for Six months.

House Job

- House Surgeon (1st November 2006 to 30th April 2007) Obstetrics & Gynecology at Sir Ganga Ram Hospital Lahore, for six months.
- House Surgeon (1st May 2006 to 31st October 2006) Surgical unit at Sir Ganga Ram Hospital Lahore, for six months.

EDUCATION

(2019) **MRCOG** Part-1 RCOG UK

(2013) **FCPS** Obstetrics & gynecology College of Physicians & Surgeons Pakistan.

(2005) **MBBS** Fatima Jinnah Medical College, Lahore.

COURSE ATTENDED

- CRAFT conference 2022
- **ALSO** workshop from CPSP Lahore center in 2020
- 2nd CRAFT Conference on Human Reproductive Health 21-23rd October 2016.
- 16th Biennial Scientific Conference of Society of Obstetrician & Gynecologist of Pakistan (SOGP) 11-13th March 2016.
- Workshop on Basic Cardiac Life Support at Shalamar Hospital Lahore, March 2016.
- Workshop on urodynamic at ASMDC Lahore, 2015.
- 2nd Conference on Urogynecology at Akhtar Saeed Medical & Dental College Lahore, 2015.

PUBLICATIONS

- Dissertation on Comparison of misoprostol with prostaglandin E2 gel for induction of labor with PROM at term with poor bishop score published in journal of Lahore Medical and Dental College.
- Maternal anemia as risk factor for low birth weight babies at term published in journal of Lahore Medical and Dental College Lahore Pakistan.
- Non Alcoholic fatty liver disease and polycystic ovarian syndrome.
- Comparison of effectiveness of static stretching and hold relax techniques on hamstring flexibility; A Randomized Control Trial.

COURSE CONDUCTED

- Conducted a workshop on Basic Life support in UMT in 2020
- Conducted workshop on obstetric drill and skill as facilitator at Shalamar Hospital Lahore, 18th February 2017.
- Worked as team member for conduction of workshop on IUI at Shalamar Hospital Lahore, 5th March 2016.
- Worked as team member for conduction of workshop on endoscopic gynecological surgery at Shalamar Hospital Lahore, 18th May 2016.
- Worked as team member for conduction of workshop on prenatal diagnosis in fetal medicine at Shalamar Hospital Lahore, 2nd February 2017.
- Worked as team member for organizing 2nd conference of urogynecology at Akhtar Saeed medical and Dental College Lahore, March 2015.

INTERESTS AND ACTIVITIES

- High risk obstetrics
- Laparoscopic gynecological surgery
- Infertility
- Teaching undergraduate and postgraduate students.

REFERENCES

- **Professor Ambreen Mumtaz** Prof of Obstetrics and Gynecology Akhtar Saeed Medical College Lahore Pakistan
- **Professor Ch. Muhammad Kamran** Prof of Obstetrics and Gynecology Surgery, Allama Iqbal Medical College/Medical Care Hospital Lahore Pakistan
- **Professor Rakshanda Rehman**, Professor and Head of Obstetrics & Gynecology Department Sir Ganga Ram Hospital Lahore Pakistan
- **Professor Ahmad Waseem Yousaf**, Professor and Head of Obstetrics & Gynecology Department Shalamar Medical & Dental College Lahore P