



DR KHUMAIR ASIF

MBBS FCPS (SURGERY)

DATE OF BIRTH: 14-08-1974

NATIONALITY PAKISTAN

PMDC – Reg. 39414-P

Fellowship No. SGR-11-11445

ADDRESS

House no. 38, Block –B, Lane –I,
EME Sector DHA, Multan Road,
Lahore. – Pakistan.

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LANGUAGE

English

Urdu

EXPERIENCE

Associate Professor

Currently Working as Associate Professor Department of Surgery at Akhtar Saeed Medical and Dental College from July 20, 2017 todate.

Assistant Professor

Worked as Assistant Professor Department of Surgery at Akhtar Saeed Medical and Dental College from January 16, 2013 to July 19, 2017

Senior Registrar

Senior Registrar of Department of Surgery at Akhtar Saeed Medical and Dental College form September 15, 2011 to January 15, 2013

Medical Officer

Medical Officer at Omar Medical Complex, Raiwind, Lahore from January 01, 2010 to September 14, 2011.

Registrar	Department of Urology Masood Hospital, Lahore	27-07-2007 to 31-12-2010	Prof. Dr. M.R Zaki
PG Trainee	General Surgery / A&E Mayo Hospital, Lahore	09-03-2007 to 26-07-2007	Dr. Abrar Ashraf
PG Trainee	General Surgery / A&E Mayo Hospital, Lahore	26-01-2007 to 08-03-2007	Prof. Abdul Majeed Chaudhry
PG Trainee	General Surgery / A&E Mayo Hospital, Lahore	01-11-2006 to 31-12-2006	Prof. Abdul Majeed Chaudhry
PG Trainee	Neurosurgery Mayo Hospital, Lahore	01-08-2006 to 31-10-2006	Prof. anjum Habibi Vohra
PG Trainee	Orthopedic Surgery / A&E Mayo Hospital, Lahore	01-05-2006 to 31-07-2006	Prof. Iqbal Ahmed Bhutta
PG Trainee	Urology /Mayo Hospital, Lahore	01-02-2006 to 30-04-2006	Prof. M. Nawaz Chughtai
PG Trainee	Accident & Emergency /Mayo Hospital, Lahore	01-01-2006 to 31-01-2006	Prof. Abdul Majeed Chaudhry
PG Trainee	Chest Surgery /Mayo Hospital, Lahore	01-10-2005 to 31-12-2005	Dr. Aamer Mahmud
PG Trainee	Accident & Emergency /Mayo Hospital, Lahore	01-08-2005 to 30-09-2005	Prof. Abdul Majeed Chaudhry
PG Trainee	Plastic Surgery Mayo Hospital, Lahore.	01-05-2005 to 31-07-2005	Prof. Farid Ahmad Khan
PG Trainee	General Surgery / A&E Mayo Hospital, Lahore	01-01-2003to 30-04-2005	Prof. Abdul Majeed Chaudhry
PG Trainee	General Medicine / A&E Bahawal Victoria Hospital Bahawalpur, Lahore	16-16-2001to 19-12-2001	Prof. Mushtaq Haroon
PG Trainee	General Surgery / A&E Victoria Hospital, Bahawalpur, Pakistan	01-06-2000 to 15-06-2001	Prof. Javed Iqbal

DR. KHUMAIR ASIF**EDUCATION**

F.C.P.S (General Surgery) **Jan 2011**
College of Physicians and Surgeons, Pakistan

M.B.B.S **Jan 2000**
Quaid-e-Azam Medical College & Islamia
Univeristy, Bahwalpur, Pakistan.

F.Sc (Pre-Medical) **1993**
The Board of Intermediate and Secondary Education,
Bahawalpur, Pakistan.

Matriculation **1991**
The Board Of Intermediate And Secondary Education,
Bahawalpur, Pakistan.

DR. KHUMAIR ASIF
WORKSHOP

Workshop on "Primary Surgical Skills" Mar 2008
College of Physicians and Surgeons, Pakistan.

Workshop On "Introduction to Computer & Internet" Mar 2008
College of Physicians and Surgeons, Pakistan.

Workshop on "Research Methodology, Biostatistics And Dissertation Writing" Jun 2005
College of Physicians and Surgeons, Pakistan.

Workshop on " Communications Skills" June 2005
College of Physicians and Surgeons, Pakistan

Global Prosthetic surgical Outreach Program Oct 2019
International society for Sexual Medina
Hamad Medical Corporation Doha - Qatar

CONFERENCES / CERTIFICATE

Global Prosthetic surgical Outreach Program Oct 2019
International society for Sexual Medina
Hamad Medical Corporation Doha - Qatar

Surgical Conference, Lahore, Pakistan. Apr 2007

10th International Surgical Conference Feb 2005
Lahore, Pakistan.

SURGICON International Conference Apr 2003
Lahore, Pakistan

Global Prosthetic surgical Outreach Program Oct 2019
International society for Sexual Medina

17th Surgical Biennial International surgical Conference
Society of Surgeons of Pakistan Lahore Session **2017-19**

16th Biennial National Surgical Conference 2017-19
Society of Surgeons of Pakistan Session

SAARC Surgical Care Society (SAARC SCS) Nov 2013
9th National Conference of Society of Surgeons of Nepal (SSN)

PUBLICATIONS

1. Frequency of skin disorders, presenting in a charity hospital of lahore Pakistan Medical & Health Sciences vol 12, issn 1996-7195- July – Sep -2018.
2. Early versus interval laparoscopic cholecystectomy in acute cholecystitis Pakistan medical & Health Sciences vol 12 issn 1996-7195 SEP 2018.
3. Awareness of complications of diabetes mellitus among diabetic patients Pakistan medical & Health Sciences vol 14 issn 1996-7195 Jan - Mar 2020.
4. Compare the outcomes of periumbilical versus infraumbilical incision in patients undergoing laparoscopic appendectomy Pakistan medical & Health Sciences vol 14 issn 1996-7195. APR – JUN- 2022
5. Compare the efficacy of 0.2% topical glyceryl trinitrate (gtn) versus placebo in prevention of wound infection in patients undergoing miligan-morgan hemorrhoidectomy Pakistan medical & Health Sciences vol 14 issn 1996-7195 APR – JUN 2020.
6. Prevalence of complicated appendectomy in patients with acute appendicitis: comparison the outcomes between laparoscopic and open approach. Pakistan journal of medical & health sciences vol 15 issn 1996-7195. FEB 2021.
7. Compare the effectiveness of ondansetron vs prochlorperazine for preventing nausea & vomiting after laparoscopic cholecystectomy Pakistan journal of medical & health sciences vol 15 issn 1996-7195 JAN- JUN 2021.
8. A study risk factors of diabetic foot ulcers Pakistan journal of medical & health sciences vol 11 issn 1996-7195, JAN –MAR 2017/
9. Comparison of open vs closed hemorrhoidectomy in the management of haemorrhoids Pakistan journal of medical & health sciences vol 10 issn 1996-7195. MAY 2022.
10. Comparison of operative and post operative complications of plastibell with open technique in circumcision Pakistan journal of medical & health sciences vol 9 issn 1996-7195, JUL –SEP 2015.
11. Comparison of versess needle and direct trocar inserion in establishing pneumoperitoneum for laparoscopic

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cholecystectomy Pakistan journal of medical & health sciences vol 8 issn 1996-7195, JUL – SEP 2014.

12. Early experience of lightweight mesh using lichtenstein technique in inguinal hernioplasty Pakistan journal of medical & health sciences vol 6 issn 1996-7195.

13. Circumcision by plastibell a review of the safety of the technique Pakistan journal of medical & health sciences vol 6 issn 1996-7195, OCT- DEC 2012.

14. Laparoscopic cholecystectomy as day care surgery Pakistan journal of medical & health sciences vol 6 issn 1996-7195, APR – JUN -2012.

15. Nephrectomy for non-traumatic benign renal disease: its indications and outcomes in developing country Pakistan journal of medical & health sciences vol 6 issn 1996-719, JAN – MAR 2012.

16. Is dj stenting still needed after uncomplicated ureteroscopic lithotripsy? A randomized controlled trial Pakistan journal of medical & health sciences vol 5 issn 1996-7195. JAN – MAR 2011.

17. Primary repair versus colostomy in colonic injuries Pakistan journal of medical & health sciences vol 5 issn 1996-7195, JAN – MAR 2011. OCT – DEC 2004.

18. Experience of various management strategies for diabetic foot lesion at mayo hospital, lahore Annals of king edward medical university vol 10, OCT – DEC -2004

19. Compare the effectiveness of nalbuphine with ropivacaine versus ropivacaine alone in patients undergoing upper limb surgeries Pakistan journal of medical & Health sciences vol 16 MAR - 2022.

20. Frequency of port site wound infection in laparoscopic surgery Pakistan journal of medical & Health sciences vol 16 MAR- 2022 .

21. Serum C-Reactive Protein A Helpful Marker in Diagnosis of Acute Appendicitis Pakistan journal of medical & Health sciences Vol. 16, No. 05, May 2022

22. Comparison between open Haemorrhoidectomy versus closed Haemorrhoidectomy . Pakistan journal of medical & Health sciences P J M H S Vol. 16, No. 05, May 2022

DR. KHUMAIR ASIF**ADMINISTRATION**

- Registrar (General Surgery) in North Surgical Unit Mayo Hospital Lahore
- Seiner Registrar of Surgical Department Akhtar Saeed Teaching Hospital Lahore.
- Director Accident & Emergency Department Akhtar Saeed Teaching Hospital Lahore.

EXPERTISE

- General and Trauma Surgery
- Laparoscopic Cholecystectomy
- Laparoscopic Appendectomy
- Thyroid and Endocrine Surgery
- Burn Management
- Abdominal Surgeries
- Hernia Repair
- Breast Surgeries
- Peri Anal Surgery

REFERNCES**Prof. Dr. Abdul Majeed Ch.**

FRCS(Ed), FRCS(GI), FCPS.

Principal Lahore Medical & Dental College, Lahore.

Mobile # +92 300 8440415

Prof. Dr. Abrar Ashraf

FCPS, FRCS(Ed)

Professor of Surgery

Kind Edward Medical University, Lahore.

Mobile # +92 321 8495141