

Dr. Mehreen Nasir

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Date of Birth: 6. Jan. 1993

Address: 449-A EME, DHA SECTOR
Lahore.

Educational record:

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|--------------------------------|--|------|--------|
| FCPS Community Medicine | King Edward Medical University | 2022 | Passed |
| MBBS | Fatima Memorial College of Medicine and Dentistry, Lahore. | 2016 | 72% |
| Intermediate | Kinnaird College for Women, Lahore. | 2010 | 84% |
| Matriculation | Beaconhouse School System, Liberty Campus Lahore. | 2008 | 87% |

Work Experience:

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| Assistant Professor in Department of Community Medicine | Akhter Saeed Medical and Dental College | 8. Feb 2023 to Date |
| Senior Demonstrator in Department of Community Medicine | Akhter Saeed Medical and Dental College | 15. Dec 2022 to 7. Feb 2023 |
| Postgraduate Trainee in Department of Community Medicine | King Edward Medical University | 27 th Jan 2018 To 26 th April 2022 |
| Demonstrator in Department of Community Medicine | Akhter Saeed Medical and Dental College Lahore. | Oct 2017- Jan 2018 |
| Housejob in Medicine, Pediatrics, Surgery and Gynae/Obs | Fatima Memorial College of Medicine and Dentistry, Lahore. | May 2016- May 2017 |

Academic Achievements:

1. Best postgraduate student in Department of Community Medicine at King Edward medical University.
2. Bronze medal for third class position in third professional MBBS exam at Fatima Memorial College of Medicine and Dentistry, Lahore.
3. Certificate of recognition for excellence in services rendered to patients in Department of Obs/ Gynae during Housejob at Fatima Memorial College of Medicine and Dentistry, Lahore.

Research and Publications:

Author of Chapter in a book

1. Contribution to Book Chapter on Research Methodology by Prof. Saira Afzal.

Dissertation:

1. Dissertation on Assessment of Eating Habits and Body Mass Index among Adolescent Students in Public and Private Secondary Schools of Lahore approved by CPSP.

Review Articles

1. Afzal S, Nasir M. Aspergillosis and Mucormycosis in COVID-19 Patients: A Systematic Review. **Journal of the College of Physicians and Surgeons--Pakistan: JCPSP.** 2022 May 1;32(5):639-45. **Impact Factor: 1.022**
2. Afzal S, Nasir M, Bhaya MN, Junaid K, Arshad A, Raza MZ, Ali MA, Ahmad W, Yasobant S. Multifactorial Complexity and Zoonotic Aspects of Dog-Mediated Human Rabies in Pakistan. **Pakistan Veterinary Journal.** 2022; 42(4):445-452. **Impact Factor: 1.803**

Original Articles

1. Tariq S, Masood MH, Nasir M, Junaid K, Afzal S. Infodemics: Use of Peer Reviewed and Non-Peer Reviewed Information by Post Graduate Trainee Doctors for COVID-19 Pandemic in Pakistan. **Annals of King Edward Medical University.** 2021 Jul 8;27(2).
2. Muhammad Ali Junaid, Sadia Rafique, Mehreen Nasir, Khunsa Junaid, Iqra Junaid . The Mediating Role of Organizational Commitment between Leadership Style and Employee Job Performance. *Pakistan Journal of Medical & Health Sciences* Vol. 17 No. 02 (2023): DOI: <https://doi.org/10.53350/pjmhs2023172105>
3. Zaman S, Majid S, Chughtai O, Hussain M, Nasir M. Salivary gland tumours: a review of 91 cases. **Journal of Ayub Medical College Abbottabad.** 2014 Sep 1;26(3):361-3. **Impact Factor: 0.481**
4. Zaman S, Hanif G, Hussain M, Basit Z, Khan S, Rathore Z, Naeem A, Nasir M. Hepatic tumours in childhood: an experience at the Children Hospital and Institute of Child Health, Lahore. **JPMA-Journal of the Pakistan Medical Association.** 2011 Nov 1;61(11):1079. **Impact Factor: 1.002**
5. Zaman S, Khalid M, Hussain M, Akhlaq M, Rathore Z, Nasir M. Rhabdomyosarcoma in Pediatric Population; a 5 year experience at Children's Hospital, Lahore. **Pakistan Journal of Medical & Health Sciences.** 2018 Jul 1;12(3):1028-30.

Editorials

- 1) Afzal S, Nasir M. Recent updates and evidence on COVID-19: A public health emergency. *Biomedica.* 2020; 36 (COVID19-S2): 13-4.
- 2) Afzal, S. ., & Nasir, M. . (2020). COVID-19 Crisis: Pulmonary and Extra-Pulmonary Complications would Last for Long Time in Foreseeable Future. *Annals of King Edward Medical University*, 26(2), 312-314. Retrieved from <https://annalskemu.org/journal/index.php/annals/article/view/3915>
- 3) Afzal, S. ., Nasir, M. ., & Junaid, K. . (2020). Post COVID-19 Pandemic Effects in Pakistan; Infodemic and Resilience. *Annals of King Edward Medical University*, 26(3), 415-417. Retrieved from <https://annalskemu.org/journal/index.php/annals/article/view/4158>
- 4) Afzal, S. ., & Nasir, M. . (2021). COVID-19 Vaccines. *Annals of King Edward Medical University*, 27(1), 1-3. Retrieved from <https://annalskemu.org/journal/index.php/annals/article/view/4391>

- 5) Afzal, S., & Nasir, M. (2021). Editorial WASH Strategy to Improve Practices of Water and Sanitation in Health Care Settings.: Saira Afzal¹, Mehreen Nasir². Journal of Akhtar Saeed Medical & Dental College, 3(3), 93–94. Retrieved from <https://amdc.edu.pk/Ojs/ojs-3.3/index.php/jamdc/article/view/107>
- 6) Afzal S, Nasir M. Role of Non-Governmental Organizations as Developmental Partners in Health Care. Annals of King Edward Medical University. 2023 Apr 4;29(1).

Poster Presentations

1. Second prize at Public health Conference at Health Services Academy, Islamabad for Poster presentation on Aspergillosis and Mucormycosis in COVID-19 Cases; A Systematic Review.
2. Third prize at Virtual Biological Risk Management Conference by Pakistan Biological Safety Association for oral presentation on Infodemics; Use Of Peer-Reviewed And Non-Peer Reviewed Sources By Postgraduate Trainee Doctors Of Pakistan.
3. Certificate of paper presentation at PSPCON 2021 On account of Second Annual Conference.

Short Courses

1. **Quality Management in Healthcare.** 4 week course by University of Health Sciences and Department of Public Health, Infection Prevention and Control Foundation from November 6, 2020 to November 28, 2020.
2. **Advanced Trauma and Life Support.** 4 week course by Fatima Memorial System at September 2014.

Volunteer Work

Nuclear Medicine Department from August 19, 2010 to September 02, 2010 at Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore.

Workshop Facilitator

Has successfully facilitated workshop on Synopsis Writing conducted from July 02, 2018 to July 04, 2018 at King Edward Medical University Lahore.