

Curriculum Vitae

DILAWAR SULTAN

62 Shaheen block, Street 04

Sector B, Bahria Town Lahore

+92 334 4317006

kharal71@hotmail.com

- **Professional Experience**

- Assistant professor (Department Of Operative Dentistry)
 - Akhtar Saeed Medical & Dental College(1st April 2021 to date.
- Senior Registrar (Department of Operative Dentistry)
 - Akhtar Saeed Medical & Dental College (1st January 2019– 30th march 2021)
- Demonstrator (Department of operative Dentistry)
 - Lahore Medical & Dental College(17th march 2011 to 17th march 2015)
- Consultant Dental Surgeon (2015 – to Date)
 - ADS(AZHAR DENTAL STUDIO) 1st Feb 2015 to Date.
- **Post-Graduate Resident (2011 – 2014)**
 - Department of Operative & Restorative Dentistry Lahore Medical & Dental College
Lahore, Pakistan
- **House Surgeon (2009 – 2010)**
 - NID(Nishtar institute of dentistry ,multan)

- **Education**
- **Lahore Medical & Dental College, Lahore**
 - FCPS Resident 2011 – 2014
- **College of Physicians & Surgeons of Pakistan**
 - FCPS-I Feb,2011
- **Margalla institute of health & sciences (MIHS)**
 - Bachelor of Dental Surgery 2004 – 2008
- **Federal Board , Superior college ,Sargodha**
 - Intermediate HSC-II (Pre-Medical) 2002-2004
- **Federal Board, PAFMICS ,Sargodha.** 2000-2002

• Certifications

- Participated in “Elements of Success CAD/CAM end-user training course” at Planmeca Digital Academy, Dubai.
- “Product Specialty Training” by Kavo-Kerr SybronEndo” at Dubai School of Dental Medicine, Dubai.
- Attended Full Day Seminar on “Computerized Dentistry/3D X-Ray & CAD/CAM System” at Park Plaza Hotel, Lahore.
- Attended a lecture on “Lifelike Restorations with Nanocomposites” with 04 AGD PACE CE credit contact hours at Lahore Medical and Dental College.
- Attended workshop on creating “Lifelike Restorations Using Multiopacity Nanocomposites” with 4 credit hours at Lahore Medical and Dental College.
- Participated in workshop on “Research Planning” by Dr Samir Qazi at Lahore Medical and Dental College.
- Attended workshop on “Research Methodology, Biostatistics and Dissertation Writing” in collaboration with WHO at College of Physician and Surgeons Pakistan(CPSP), Lahore.
- Attended workshop on “Communication Skills” in collaboration with WHO at College of Physician and Surgeons Pakistan, Lahore.
- Attended pre-symposium lecture on “Fixed & Removable Prosthodontic Uses of Mini Dental Implants” with 02 CME credit hours, accredited by international congress of oral implantologists (ICOI) at Fatima Memorial Hospital, college of medicine & dentistry, Lahore.
- Worked as “Workshop Coordinator” in workshop on “Natural Layering Technique” at Lahore Medical and Dental College.
- Attended the expert conference 2012 “The Strong Bond You Can Rely On” with 5 CDE hours conducted by 3M and Pakistan Dental Community.
- Attended Workshop on “Primary Surgical Skills” in collaboration with WHO at College of Physicians and Surgeons Pakistan, Lahore

- Participated in electronically mediated course titled “CBCT in Endodontics”.
- Participated in electronically mediated course titled “Flowable Composite Versatility in Everyday Practice”.
- Participated in electronically mediated course titled “Prevention and Management of Separated Instruments”.
- Participated in electronically mediated course titled “Provisionals as a Key to Practice Referrals”.
- Participated in electronically mediated course titled “RUBBERDAMology”.
- Participated in electronically mediated course titled “Tissue Management as Key to Esthetic Success”.
- Participated in electronically mediated course titled “Vertical or Shoulderless Preparation in Contemporary Prosthodontics”.

• Professional Presentations & Lectures:

- Electronic Conductance Measurement
- Anesthesia in Endodontics
- Intracanal Medications & Temporization
- Dental Office Medical Emergencies & Their Management
- Photography in Dentistry (As Expert Speaker)
- Novel Methods of Caries Diagnosis
- Advanced Rotary Endodontics Workshop (As Expert Speaker & Facilitator)
- CBCT/3D X-Ray in Implant Planning (As Expert Speaker)
- The ProTaper® System Workshop (As Expert Speaker & Facilitator)
- Endodontic Morphology & Pathophysiology
- Pathophysiology of Root Canal System
- How to Restore posteriors quickly & anatomically!
- Novel Techniques of NSRCT with HyFlex® EDM® system
- Techniques for Endodontic Retreatment
- 19+ workshops conducted
- Webinars Delivered

• Achievements:

Presented lecture as Guest Speaker at ICOD

Worked with 3M to conduct hands on workshop on Natural Layering Technique with Multi-opacity Resin Composite at Lahore Medical and Dental College.

Lecture/Workshop on “Endodontic Mishaps” conducted on 30th July 2017, Lahore
Guest Speaker Workshop Module on Lasers in Endodontics. “Root Canal: the basis from the clinic perspective”

- **Research work**

- *“Clinical outcome of class II Composite restoration using total etch & selective etch technique”*

Approved by College of Physicians and Surgeons Pakistan (CPSP) & ethical committee of Lahore Medical and Dental College, Lahore.

- **PUBLICATIONS**

- **Clinical Outcome of Class II direct composite restorations using total-etch versus selective etch adhesives**

DILAWAR SULTAN¹, ZUHAIR ARIF², ESSA ARSHAD³, SABA MUSHTAQ⁴, KINZA KHALID⁵, MAHEEN AHMAD⁶

^{1,2}Assistant Professor, Department of Operative Dentistry, Akhtar Saeed medical and dental college, Lahore, Pakistan. ^{3,4,5,6}House Officer, Akhtar Saeed Medical and Dental College, Lahore, Pakistan.
Chlorhexidine as Intracanal Irrigant for Endodontic Pain Control

DILAWAR SULTAN¹, ZUHAIR ARIF², MUHAMMAD MOAZZAM³, FAISAL NAWAZ KHAN⁴, MUHAMMAD ABDULLAH KHAN⁵, REHAN ALI SIDDIQUI⁶

^{1,2,3}Assistant Professor, Department of Operative Dentistry, Akhtar Saeed Medical And Dental College, Lahore, Pakistan. ⁴Consultant Dental Surgeon, 30 Military Dental Center, Peshawar, Pakistan.
^{5,6}House Officer, Akhtar Saeed Medical and Dental College, Lahore, Pakistan.

- **Class I Composite Restorations Using Total-Etch Versus Selective Etch Adhesives**

ZUHAIR ARIF¹, DILAWAR SULTAN², KINZA KHALID³, AYESHA MAROOF⁴, SYED ALI HAIDER⁵, ESSA ARSHAD⁶

^{1,2}Assistant Professor, Department of Operative Dentistry, Akhtar Saeed medical and dental college, Lahore, Pakistan. ^{3,4,5,6}House Officer, Akhtar Saeed Medical & Dental College, Lahore, Pakistan.

- **Pain Control after Pulp Debridement in patients Receiving 5.25% Sodium Hypochlorite Irrigant**

ZUHAIR ARIF¹, DILAWAR SULTAN², MUHAMMAD MOAZZAM³, FAISAL NAWAZ KHAN⁴, REHAN ALI SIDDIQUI⁵, MUHAMMAD ABDULLAH KHAN⁶

¹ Assistant Professor, Department of Operative Dentistry, Akhtar Saeed Medical and Dental College, Lahore, Pakistan.

² Assistant Professor, Department of Operative Dentistry, Akhtar Saeed Medical And Dental College, Lahore, Pakistan.

³ Assistant Professor, Department of Operative Dentistry, Sharif Medical and Dental College, Lahore, Pakistan. ⁴ Consultant Dental Surgeon, 30 Military Dental Centre, Peshawar, Pakistan.

⁵ House officer, Akhtar Saeed Medical and Dental College, Lahore, Pakistan.

⁶ House Officer, Akhtar Saeed Medical and Dental College, Lahore, Pakistan.

• **LIFESPAN OF NITI ROTARY FILES WITH 360° ROTATION AND RECIPROCATING MOTION**

Muhammad Moazzam¹, Ali Farooq², Dilawar Sultan³, Rabia Ejaz⁴, Mubashir Rasheed¹, Zuhair Arif³, Asma Siddiqi⁵

¹ Operative Dentistry, College of Dentistry, Sharif Medical and Dental College, Lahore, Pakistan.

² Oral & Maxillofacial Surgery, College of Dentistry, Sharif Medical and Dental College, Lahore, Pakistan. ³ Operative Dentistry, Akhtar Saeed Medical and Dental College, Lahore, Pakistan

⁴ Operative Dentistry, Azra Naheed Medical and Dental College, Lahore, Pakistan.

⁵ Private Practitioner, Lahore, Pakistan.

• **Conventional Cavity Preparation Versus Atraumatic Restorative Treatment (ART) Technique: A Clinical Evaluation Revealing the Success of Glass Ionomer Cement (GIC) in Mandibular Molars Having Class 1 Carious Lesions**

1. Dilawar Sultan 2. Zuhair Arif 3. Kashif Nayyar 4. Anas Muhammad 5. Syed Moiz Ali
6. Saad Zafar Rana

• **Work Experience**

Clinical & Teaching Experience (January 2011 – December 2014)

- Restorative Dentistry
- Endodontics
- Pedodontics
- Periodontology
- Crown & Bridge

- Traumatic Dental Injuries
- Research Work
Restorative Dentistry & Endodontics
- Clinical Demonstrator 3rd & 4th Professional BDS
- Endodontic Clinical Supervisor
- Teaching Responsibilities

Lahore Medical and Dental College,Lahore.

Jan'2011 to Jan'2015

Guiding house surgeons, 3rd & final year students in diagnosing, treatment planning and treatment of patient coming to Operative dentistry and Endodontics department.

- **Skills**

- Computers Skills (Advance User of Mac OS/Windows, Adobe Photoshop CS, IBM Statistical Package for Social Sciences Data Collection)
- Troubleshooting
- Photography (Advance User) SLR/DSLR Cameras
- Excellent listening, communication and interpersonal skills.
- Good command of counseling patients on different aspects of dental care.
- Excellent Teaching/Presentation
- Research Work (Design & Implementation)
- Online Education
- Teaching Abilities
- Critical Thinking
- Creative Abilities
- Teamwork
- Leadership Qualities
- Quran Tajweed

- **Hobbies and Interests**

- Reading

- Photography
- Technology
- Teaching
- Research
- Strength Training/Physical fitness

- **Reference**

Prof. Sabir Hussain

BDS, MDS

Principal

Akhtar Saeed Medical & Dental College

Lahore

Dr. Saima Razaq Khan

BDS, FCPS

Professor/HOD & CPSP Supervisor/Examiner

Lahore Medical & Dental College

Lahore

Consultant Endodontist & Esthetic Dentist

The Dental Consultants, Dental Clinic, Lahore

saimarazaqkhan@gmail.com

Dr. Zuhair Arif

BDS, FCPS

Assistant Professor

Assistant Professor Operative Dentistry

Akhtar Saeed Medical & Dental College

drzuhairarif@gmail.com