

## PERSONAL INFORMATION

<b>Name</b>	SIDRAH RIAZ
<b>Nationality</b>	PAKISTANI
<b>Date of birth</b>	30 <sup>th</sup> March 1981
<b>Place of birth</b>	Sialkot, Pakistan
<b>Permanent address</b>	893-A, Jasmine Block, Sector-C, Bahria Town, Lahore, Pakistan.
<b>Present address</b>	893-A, Jasmine Block, Sector-C, Bahria Town, Lahore, Pakistan.
<b>Cell number</b>	+92 322 4367303
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## QUALIFICATIONS

Qualification	Name of University or Medical College	Country of qualification	Year obtained
<b>MBBS</b>	UHS (University of health sciences)	Pakistan	11 <sup>th</sup> March 2005

## BRIDGING PROGRAMS/QUALIFYING EXAMINATIONS

Program	Dates	Facility	City/State	Results
<b>DOMS</b> (Diploma in Ophthalmology Medicine)	August 2007	UHS (University of health sciences)	Lahore, Pakistan	Pass, First division, First attempt
<b>FCPS</b> (Fellowship in Ophthalmology)	February 2012	CPSP (College of physicians and surgeons Pakistan)	Karachi, Pakistan	Completed First attempt
<b>FRCS</b> (Fellow of Royal College of Physician and Surgeons)	June 2014	Royal college of Physicians and Surgeons of Glasgow	Glasgow, UK	Completed First attempt
<b>CHPE</b> (Certification in Health Professional Education)	May 2018	University of Lahore (UOL)	Lahore	Completed
<b>LDP</b> (Leadership Development Program) by ICO (International College of Ophthalmology)	December 2019	OSP Lahore branch	Lahore	Completed
<b>Teachers Training Program</b>	December 2017	OSP Lahore branch	Lahore	Completed

## CLINICAL/ PROCEDURAL SKILLS

Competent	Observed
1) Phacoemulcification with foldable IOL	1) Encicrlment
2) Phacoemulcification with rigid IOL	2) PPV+endolaser
3) Extracapsular cataract surgery with IOL	3) Macular hole surgery
4) Trabeculectomy with & with out MMC	4) Retinal attachment surgery/band/buckle
5) Irrigation aspiration with primary posterior capsulotomy +- anterior vitrectomy	5) Intraocular foreign body removal/ displaced cataract or displaced IOL in vitreous
6) Diod laser cycloablation	6) Sclera fixation IOL
7) Combined phaco trab with IOL	7) Goniotomy
8) Performing OCT,FFA,Gonioscopy,Grid/Focal laser,Laser for recent macular hemorrhage	8) Glaucoma valve surgery
9) Enucleation with or without implant	
10) Ptrygium excision with stem celll graft and amniotic membrane	
11) Tarsoraphy	
12) Sub conjuntival & intravitreal injections	
13) Supratarsal injections	
14) Posterior sub tenon injections	
15) Facial & retrobulbar blocks	
16) A-scan	
17) B-scan	
18) Manual & automated keratometry	
19) Corneoscleral repair	
20) Secondary IOL	
21) DCR with intubation(i face difficulty in breaking bone sometimes need senior help for it)	
22) Evisceration with implants	
23) Keratoplasty(after initial 4 10/0 stitches)	
24) Squint surgery(horizontal muscle resection & recession)	
25) Probing & syringing	
26) Corneal Foreign body removal/corneal scraping	
27) Chalazion I/C	

## PRACTICE HISTORY: CURRENT POSITION

<b>Dates</b>	01-11-2012 till date
<b>Position Title</b>	Associate Professor of Ophthalmology in clinical department of ophthalmology
<b>Facility</b>	Akhter saeed Medical & Dental college EYE Department in Akhter saeed trust hospital EME society, Lahore Pakistan
<b>City/State</b>	Lahore
<b>Country</b>	Pakistan
<b>Responsibilities</b>	<ul style="list-style-type: none"><li>➤ Working as consultant eye specialist 6 hours per day</li><li>➤ Performing eye surgery major and minor (mostly cataract surgery, chalzion treatment, trabeculectomy, intravitreal injections etc)</li><li>➤ OPD of eye patients including general and referred patients</li><li>➤ Teaching 3<sup>rd</sup> year MBBS students subject of ophthalmology</li><li>➤ Teaching 4<sup>th</sup> year MBBS students clinical methods of ophthalmology</li><li>➤ Lectures of 3<sup>rd</sup> year &amp; 4<sup>th</sup> year MBBS students as advised by head of ophthalmology department</li></ul>

## PRACTICE HISTORY: PREVIOUS POSITIONS

<b>Dates</b>	March 2012 to October 2012
<b>Position Title</b>	Junior ophthalmologist
<b>Facility</b>	LRBT eye & cancer hospital
<b>City/State</b>	Lahore
<b>Country</b>	Pakistan
<b>Responsibilities</b>	<ul style="list-style-type: none"><li>➤ Supervising junior training doctors/ FCPS trainees</li><li>➤ Performing eye surgeries and training junior surgeons 2 days per week</li><li>➤ Performing eye laser (Photocoagulations, YAG capsulotomy)</li><li>➤ Performing OCT and reporting with help of senior ophthalmologists</li><li>➤ Performing FFA (flourescine angiography)and reporting</li><li>➤ Doing glaucoma clinic 2 days per week</li><li>➤ Doing OPDs of ophthalmology 2 days per week</li></ul>

## PRACTICE HISTORY: INTERNSHIP

<b>Dates</b>	01-04-2005 to 30-09-2005
<b>Facility</b>	Bahawalpur Victoria hospital affiliated with Quaid-e- Azam medical college 1410 bedded hospital
<b>City/State</b>	Bahawalpur
<b>Country</b>	Pakistan
<b>Responsibilities</b>	<ul style="list-style-type: none"><li>➤ House officer</li><li>➤ 24 hour duty ,night duty in emergency every 3rd day,</li><li>➤ Dealing with emergency medical conditions under supervision of senior registrar</li><li>➤ Dealing with common medical diseases i.e TB, asthma ,renal failure, liver failure, lung diseases, diabetes mellitus, heart diseases etc</li></ul>

## PRACTICE HISTORY: INTERNSHIP

<b>Dates</b>	01-10-2005 to 30-09-2006
<b>Facility</b>	Bahawalpur Victoria hospital affiliated with Quaid-e- Azam medical college 1410 bedded hospital
<b>City/State</b>	Bahawalpur
<b>Country</b>	Pakistan
<b>Responsibilities</b>	<ul style="list-style-type: none"><li>➤ <i>House surgeon</i></li><li>➤ <i>Observing cataract surgery, completing patient files(history, examinations findings, investigations)</i></li><li>➤ <i>Observing and performing I/C for chalazion, evisceration, entropion and ectropion correction, 10/0 stitch removal</i></li><li>➤ <i>Observing trabeculectomy</i></li></ul>

## DETAILS OF PUBLICATIONS/ RESEARCH/ INVITED PRESENTATIONS

### RESEARCH WORK

“To compare rate of PCO-posterior capsular opacification formation in rigid & foldable IOL” mandatory research work as required by CPSP

### NATIONAL PRESENTATION

- 1) “Average ocular Axial length in Pakistani Population” dated December 2012 in Annual Ophthalmic conference PC ,Lahore
- 2) “Custom designed low weight ocular prosthesis ”Dated June 2013 PC, Bhurban
- 3) Lacrimal scintillography December 2014 PC, Lahore
- 4) Instructional course on Endophthalmitis , at PC Lahore Ophthalmo 2019
- 5) Paper presentation in OSP Peshawer conference 2020
- 6) Video presentations 2021 Lahore Ophthalmo ,PC, Lahore oct 2021

### INTERNATIONAL PRESENTATIONS

- 1) Poster presentation in APAO Singapore 2017 “ prevalence of hepatitis B and C in cataract surgery previously not screened ”
- 2) Poster presentation in APAO Singapore 2017 “low weight ocular prosthesis”
- 3) Poster presentation APAO Hongkong 2018 “ patterns of CSCR on FFA”
- 4) Poster presentation in APAO Hongkong 2018 “ Vein occlusion patterns on FFA”
- 5) Instructional course on Endophthalmitis in SAARC conference Nepal June 2018

### MEMBERSHIPS

- OSP Lahore member since 2009
- Member PVRS (Pakistan vitreoretinal society)
- Member Medical retina society
- Member WIO women ophthalmology

## **PUBLICATIONS**

1. Prevalence of refractive errors in school going children in south Punjab, Ophthalmology update vol.11 no. 4<sup>th</sup> October – December 2013. 2<sup>nd</sup> author
2. New trends in for infantile haemangioma. case report. Ophthalmology update vol. 12 no.1 January – March 2014
3. Custom designed low weight ocular prosthesis, Ophthalmology update vol. 12 no. 3 July – September 2014. Ist author
4. Comparison between foldable and rigid IOLs in PCO formation .Ophthalmology update Oct- Dec 2015. Ist author
5. Pre operative use of Dexamethasone in reducing nausea and vomiting in patients of laparoscopic cholecystectomy. Pakistan journal of medical and health sciences'. Vol 10, July- Sep 2016. 3<sup>rd</sup> author
6. Frequency of hepatitis B and C in unscreened cataract surgery patients. Ophthalmology update Oct-Dec 2016.1st author
7. Different patterns of CSCR on FFA .Ophthalmology Update .vol 15 no.2.April-June 2017.page 65. Ist author
8. Different patterns of vein occlusion on FFA .Ophthalmology Update. Vol 15 no. 2. April-June 2017.page 77, 2<sup>nd</sup> author
9. Management of uveal effusion syndrome by quadrantic sclerectomy. PJO. 2017.vol 33 no. 2 case report, 2<sup>nd</sup> author
10. Treatment of localized retinal re detachment in silicon oil filled eyes. PJO. vol no 35, issue no 2. April-June 2019.2<sup>nd</sup> author. Page 106-110.
11. Management of referred cases of endophthalmitis, Ophthalmology Update). April - June 2019 page 105. Ist author
12. Effect on IOP of pre-operative sub tenon injection of 5 fluorouracil in chronic open angle glaucoma. April - June 2019 page 98. 5<sup>th</sup> author
13. Management of band keratopathy OSP newsletter 2019.
14. Incidence and characteristics of ocular trauma with intraocular foreign bodies (IOFB) in tertiary care hospital in Lahore. Ist author PJHMS vol 12, no. 4, OCT – DEC 2019
15. Long term follow up of cases of uveal effusion syndrome treated with partial thickness sclerectomies. 1<sup>st</sup> author. PJO vol 35 issue no 4. Oct – Dec 2019. Page g252-257
16. The impact of corona virus disease (COVID-19) from Ophthalmologist prospective. Journal of Akhtar Saeed medical & dental college. 1<sup>st</sup> author, April-June 2020, vol 02, issue 02.
17. Shifting paradigm: from general anaesthesia to local anaesthesia in posterior segment surgereries.1<sup>st</sup> author. PJO. Vol 36, issue no 3, July – Sep 2020.page 263-266.
18. Voriconazole in treatment of resistant fungal keratitis. PJO. Vol 36, issue no. 4. Oct – Dec 2020. 2<sup>nd</sup> author. page 324-328.
19. Effect of seasonal variation on cataract surgery trust hospital in Lahore. JAMDC. Oct – December 2020, vol 2 issue 4. page 178-182. Ist author.
20. Outcomes of Rhegmatogenous retinal detachment PJO. Page 1073 vol 37. Issue 1. Jan-March 2021. 2<sup>nd</sup> author. Page 115-119.

21. Frequency of diabetic retinopathy and factors for suboptimal diabetic control in type 2 diabetic patients in trust hospital of Lahore, Pakistan. First author. PJO. <a href="http://doi.org/10.36351/pjo.v37i2.1123">http://doi.org/10.36351/pjo.v37i2.1123</a> . page 183-187.
22. An assessment of awareness towards diabetic retinopathy among diabetic patients of DHQ Hospital Jhelum, Punjab. 2 <sup>nd</sup> author. Pakistan journal of medical and health sciences 15, issue 2, February 2021. pages 320-323. 3 <sup>rd</sup> author Ist author dr umair
23. The feeling and perception of a medical doctor after recovery from Corona infection. Page 940 PJMHS vol 12 no. 5 May 2021. Doi: <a href="http://doi.org/10.53350/pjmhs2155939">http://doi.org/10.53350/pjmhs2155939</a> . Ist author
24. Evaluation of effect of suprachoroidal Triamcinolone injection of refractory diabetic macular oedema. Doi:10.36351/pjo.v37i3.1171. PJO vol 37(3):267-273. 2 <sup>nd</sup> author. (ist author dr tehmina)
25. Online medical teaching from a student view point; the perspective of medical student of a private medical college in Lahore about online teaching. JAMDC April to June 2021 Vol: 3 Issue 2. Doi: <a href="https://doi.org/10.51127/JAMDCV3120A03">https://doi.org/10.51127/JAMDCV3120A03</a> . 1st author
26. To study the association between weather and frequency of cataract surgeries performed over three years in four different hospitals of Lahore, Punjab. DOI: <a href="https://doi.org/10.53350/pjmhs211561390">https://doi.org/10.53350/pjmhs211561390</a> . Vol 15, no.6, June 2021. Ist author. Pages 1390-1393.
27. The outcomes and usefulness of intra-operative optical coherence tomography in vitreoretinal surgery and its impact on surgical decision making. Rayyan Zakir sheikh, 6 <sup>th</sup> author. Doi: 10.7759/cureus
28. The common indications of pars plana vitrectomy (PPV) for posterior segment ocular diseases in patients from a Private Retina clinic in Lahore, Pakistan. 1 <sup>st</sup> author. PJMS vol 15, no. 10, OCT 2021. Page 2759-2762. DOI: <a href="https://doi.org/10.53350/pjmhs211510259">https://doi.org/10.53350/pjmhs211510259</a> .
29. The Frequency of Common Presenting Complaints of Patients from Out Patient Department of Ophthalmology in a Trust Hospital at Lahore. PJMHS, vol 16 no 01, January 2022. Ist author. Doi: <a href="https://doi.org/10.53350/pjmhs22161240">https://doi.org/10.53350/pjmhs22161240</a> . page 240-242.
30. 30. The association between attendance and academic performance of MBBS students of a private medical college in subject of ophthalmology. Ist author. Doi: 10.36351/pjo.v38i2.1369. PJO. Pak J Ophthalmol. 2022, 38 (2): 151-156. Jan – April 2022
31. The Interest and Exam Preferences for Postgraduation of Medical Graduates from a Private Medical College in Lahore who have Completed their one year House Job in 2020. DOI: <a href="https://doi.org/10.53350/pjmhs22162266">https://doi.org/10.53350/pjmhs22162266</a> . Ist author. Vol 16, no. 02, page 266-268, feb 2022
32. Dermatological Manifestations in Dengue Fever. P J M H S Vol. 16, No. 04, APR 2022. 2nd author. Page 250-251. DOI: <a href="https://doi.org/10.53350/pjmhs22164250">https://doi.org/10.53350/pjmhs22164250</a> .
33. Why do we fail to fail undergraduate medical students? A perception of ophthalmology faculty. Doi: <a href="https://doi.org/10.53350/pjmhs22164235">https://doi.org/10.53350/pjmhs22164235</a> . Vol 16. No. 04 (April 2022) PJHMS

## *Gold medallist*

I am recipient of NADEEM H. BUTT Gold Medal for leadership year 2021 by OSP (OPHTHALMIC SOCIETY OF PAKISTAN)

<b>CONTRIBUTION AS A BOOK AUTHOR</b>
1) Acknowledgement in preface as a contribution for ophthalmology book of PROF SALEEM AKHTAR, published by Paramount books 2021
2) Acknowledgement in preface as a contribution for book of General SURGERY by PROF IMTIAZ RASOOL, published 2018
3) <b>AUTHOR OF BOOK ‘QUESTION ANSWER FOR REVISION FOR 4<sup>TH</sup> YEAR MBBS’</b> published by Ahmad publication, in October 2021

## CURRENT REGISTRATION AUTHORITIES

Licensing Authority	Country of Registration	Registration Number
Pakistan Medical & dental council	Pakistan	46887-P
Royal college of physician and surgeons Glasgow	United Kingdom (UK)	91223

## WORK SHOPS ATTENDED

SR. #	WORK SHOP FOR RESIDENTS	DATE
1)	Communications Skills	12 – 14th June 2008
2)	Introduction to computer and internet	22 -26th December 2008
3)	Research Methodology, Biostatistics & dissertation writing	23 -27th February 2009
4)	Primary surgical skills	25 – 27th march 2009

SR. #	WORK SHOP FOR SUPERVISORS	DATE
1)	Educational Planning & Evaluations	26 -29th November 2013
2)	Research Methodology, Biostatistics & Medical Writing	11 – 14th December 2013
3)	Supervisory Skills	04 – 07th February 2014
4)	Assessment of Competence	28 – 31st January 2014

## COURSES ATTENDED

1. Preparatory course in ophthalmology for FCPS/FRCS-II held at CPSP regional centre, Lahore 28 <sup>th</sup> July to 1 <sup>st</sup> august 2011
2. Preparatory course in ophthalmology for FCPS/FRCS-II at CPSP Lahore 25 <sup>th</sup> -27 <sup>th</sup> January, 2012
3. Participant in workshop on ‘Emerging trends in curriculum development; in AMDC ON 15.10.2014
4. Preparatory course in ophthalmology for FCPS/FRCS-II at CPSP Lahore 28 <sup>th</sup> Feb -2 <sup>nd</sup> March, 2014
5. Participant in workshop on ‘effective planning within ethical domain, at AMDC on 27 <sup>th</sup> October 2016
6. Participant in workshop ; Construction of MCQ and SEQ. in AMDC on 15.11.2019
7. Preparatory course in Ophthalmology for FCPS part II exam in LGH 2019

## **INTERNATIONAL AND NATIONAL CONFERENCES PARTICIPATION**

1. 28<sup>th</sup> Lahore Ophthalmology 2009 at the Pearl Continental Hotel Lahore.
2. 29<sup>th</sup> Lahore Ophthalmology January 2010 at the Pearl Continental Hotel Lahore.
3. 30<sup>th</sup> Lahore Ophthalmology December 2010 at the Pearl Continental Hotel Lahore.
4. 31<sup>st</sup> Lahore Ophthalmology December 2011 at Expo Centre Lahore
5. 32<sup>nd</sup> Lahore Ophthalmology December 2012 at the Pearl Continental Hotel Lahore.
6. OSP federal branch conference June 2013 PC, Bhurban (Presentation on low weight ocular prosthesis)
7. First international conference on paediatric ophthalmology in Pakistan, PC Lahore, 20-21 Feb 2016
8. NHU eye international congress 2016, XII ISOT AND III APTOS meetings 4 to 6<sup>th</sup> November 2016
9. 35<sup>th</sup> Lahore Ophthalmology 2016 (2 presentations)
10. KAROPHTH 2017 , 38<sup>th</sup> , 18<sup>th</sup> to 20<sup>th</sup> August
11. APAO Singapore 2017 (2/two E poster presentation) 1<sup>st</sup> to 5<sup>th</sup> March 2017
12. APAO Hong Kong 2018 (one poster presentation)
13. SAARC conference Nepal 21 to 24 June 2018 (instructional course on endophthalmitis)
14. Karophth Karachi august 2018 (LDP project presented)
15. APAO Thailand 2019 (registration done, flights cancelled)
16. APAO 2020, Xiemen, China (3 E poster accepted, registration done Corona issue, postponed)
17. Presenter in 13<sup>th</sup> KHYBER EYECON 2020; voriconazole in fungal keratitis and treatment of band keratopathy induced by silicone oil
18. Presenter in Lahore Ophthalmology, PC Lahore , 28<sup>th</sup> to 30 October 2021
19. Poster presentation in upcoming ECRS Millan, Italy September 2022

## **COMMUNITY INVOLVEMENT**

- Sole medical ophthalmologist in the outreach clinics of LRBT eye and cancer hospital. Visual rehabilitation by refraction, assessment and management of all common ophthalmological problems for a duration of three months
- Managing zakat/charity money for purchasing free medicines and IOL for poor patients
- Free phaco surgery for deserving patients
- Coordinator for MBBS 4<sup>th</sup> year students affairs



## REFEREE CONTACT DETAILS

<b>Name:</b>	<b>Professor Mohammad Saleem Akhtar (FRCS, FRCS ophth)</b>
<b>Position:</b>	Former Dean & Head of Eye department of AMDC trust Hospital
<b>Address:</b>	Akhtar Saeed trust Hospital, EME society, Lahore. Pakistan
<b>Phone Number:</b>	+923008445607
<b>Email:</b>	<a href="mailto:profmsakhtar@hotmail.com">profmsakhtar@hotmail.com</a>

<b>Name:</b>	<b>Dr. Rashad Qamar (FCPS, FRCS)</b>
<b>Position:</b>	Professor of Ophthalmology
<b>Address:</b>	Head of Eye Department Nishter medical College, Multan, Pakistan Principal Sahiwal medical college, Sahiwal
<b>Phone Number:</b>	+923009687434
<b>Email:</b>	<a href="mailto:drrashadqr@yahoo.com">drrashadqr@yahoo.com</a>

<b>Name:</b>	<b>Dr. Muhammad Tariq Khan (FCPS)</b>
<b>Position:</b>	Professor of ophthalmology & Head of department
<b>Address:</b>	Akhtar saeed medical & dental college, Lahore
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<b>Email:</b>	<a href="mailto:stariq69@hotmail.com">stariq69@hotmail.com</a>