

Prof. Dr. Fariha Farooq

MBBS, FCPS

She is Head of department of Obstetrics & Gynaecology at Akhtar Saeed Medical & Dental College, Bahria Town and Lahore. Consultant gynaecologist at Farooq Hospital West Wood. Certified laparoscopic and hysteroscopic surgeon and IVF consultant. Information Secretary of Society of Obstetrics & Gynaecology (SOGP) Lahore chapter.

Graduate of King Edward Medical University. Post-graduation FCPS in Obs & Gynae from College of Physicians & Surgeons of Pakistan (CPSP) in 1998.

Since September 2008, she has been working in Akhtar Saeed Medical and Dental College affiliated with University of Health Sciences Lahore (UHS), first as Assistant Professor for 5 years and then as Associate Professor for 3 years and then as Professor to date.

She has established a department of gynaecological endoscopy in Farooq hospital Westwood.

Supervisor for training of FCPS part II and examiner by College of Physician & Surgeons of Pakistan, in the subject of Obs / Gynae Akhtar Saeed Medical & Dental College Lahore since Dec,2011.(Supervisor Registration No. OBG-S-085-431).

She has contributed to research & publication of original research articles in various national & international scientific journals, and also presented research work in national and international conferences like RCOG 2017 in Cape Town and FIGO 2018 in Brazil.

She is an approved reviewer of journals like JCPSP and reviewer for Jinnah Sindh Medical University Karachi.

SPECIAL INTERESTS

1. Endoscopic surgery, Hysteroscopy and Laparoscopy
2. Ultrasound in Obs & Gynae
3. Infertility/ART

PUBLICATIONS

1. Mumtaz A, **Farooq F**. Comparison for Effects of Intravenous versus Oral Iron Therapy for Postpartum Anemia. Pakistan Journal of Medical & Health Sciences, Vol.5; Jan-March 2011:116-120.
2. Javed L, **Farooq F**, Naveed N. Knowledge about HIV/AIDS among University Students in Lahore. Pakistan Journal of Medical & Health Sciences, Vol.5 ;Jul-Sep 2011 :408-413.
3. Mumtaz A, **Farooq F**, Ahmad M, Hayat K, Jahan S, Waris A. The Role of Urodynamics in the Diagnosis of Female Patients presenting with Urinary Incontinence. Pakistan Postgraduate Medical Journal , Vol.22; July-Sep 2011: 112-115.
4. **Farooq F**, Javed L, Mumtaz A, Naveed N. Comparison of Manual Vacuum Aspiration and Dilatation and Curettage in the Treatment of Early Pregnancy Failure. Journal of Ayub Medical College Abbottabad, Pakistan. Vol.23, No.3; Jul-Sep, 2011:28-31.
5. Nagi D, Butt Z, **Farooq F**, Aamer A. Frequency of osteoporosis in an ambulatory setting in Lahore using quantitative calcaneal ultrasound. Journal of the Pakistan Medical Association (Centre) Vol. 63 No.8; August 2013:965-968.
6. **Farooq F**, Naveed N, Khan FS, Nauman D. Prevalence of Adenomyosis and Concomitant Uterine Pathologies in Hysterectomy Specimens of Women Presenting with Abnormal Uterine Bleeding. Journal of Allama Iqbal Medical College Lahore. Vol. 10 No. 2 ;April – June 2012:45-50)
7. Javed L, **Farooq F**, Naveed N. Male Participation in Contraception among Couples Using Family Planning Methods. Annals of King Edward Medical University, Lahore Pakistan. Vol.20 issue 2; April-June 2014:138-143.
8. Haider A, Sheikh NH, **Farooq F**. Knowledge and Practice Regarding Prevention of Hepatitis B Among Non- Gazetted Staff of a Tertiary Care Teaching Hospital in Private Sector, Lahore. BIOMEDICA. Vol 30, Issue 1; Jan-Mar, 2014:8-11

9. Body Mass Index and its Associated Factors in Young Medical Students. Biomedica Volume 30, Issue 4;Oct-Dec 2014:284-288.
10. Spontaneous Uterine Rupture Due to Placenta Percreta in a 17-week Twin Pregnancy. Journal of the College of Physicians and Surgeons Pakistan 2016, Vol.26(Special Supplement 2 of Case Reports):S121-S123

PAPERS PRESENTED IN OBS & GYNAE CONFERENCE

	Topic	Conference	Year
1	Role of Doppler Ultrasound in I.U.G.R	6 th SAFOG Conference	March 2007
2	Anti-Phospholipid Antibody Syndrome	Annual conference of International Medical Sciences Academy (I.M.S.A.C.O.N)	November 2006
3	Hormone Replacement Therapy	International Conference of Family Physicians	2000
4	MVA vs. D&C	SOGP Conference Lahore	2011
5	Prevalence of Adenomyosis in patients preventing with abnormal uterine bleeding	1 st International Conference on Gynecological Endoscopy & Sexual medicine	26 th to 28 th April-2013
6	Polycystic Ovarian Syndrome	CME, by PAFP, Pakistan Academy of Family Physicians	16 th Sep2014
7	Demographic Differentials of Ovarian Masses	15th Biennial International Scientific Conference	of SOGP 5-7 Dec 2014
8	PCOS, Family Physicians' Perspective	Familycon 2015	10.01.2015

9 Abnormal sexual development Aspire Pakistan 2015 13th15thMarch,2016
conference

CONFERENCES/SYMPOSIUMS AND WORKSHOPS ATTENDED

WORKSHOPS ORGANIZED BY CPSP

- Educational Planning & Evaluation at CPSP, Regional Centre, Lahore, Nov 17-20,2009
- Research Methodology, Biostatistics & Medical Writing, at CPSP Regional Centre, Lahore, Dec08-11,2009
- Supervisory Skills, at CPSP, Regional center, Lahore, March 17-20,2010
- Assessment of Competence, at CPSP Regional Centre, Lahore, June 28-01July,2010
- Workplace-Based Assessment & E-Log,at CPSP Lahore Regional Centre, April 12,2012
- ALSO Course, Advanced Life Support in Obstetrics Provider course ,in accordance with the American Academy of Family Physicians,10-11 March 2015

NATIONAL & INTERNATIONAL WORKSHOPS & CONFERENCES

- Course of Diagnostic Ultrasound by Toranomom Institute of Diagnostic Ultrasound, Lahore, April 1999
- 3rd International Seminar/Workshop on Thalassaemia, Heredity Disorders & Fetal Medicine,Lahore,29th June,1999
- Comprehensive ultrasound training seminar by Golden Gulf Establishment, Lahore.March 18,2001
- Basic course on Information Technology, Brain Net Authorized Study Centre AIMC Lahore,2nd June 2001
- National Workshop on Women's Rights to Reproductive Health,Lahore,7th & 8th June 2002
- 10th Scientific Biennial Conference SOGP, Lahore, October 24-26,2003
- 1st International Workshop on Urogynaecology, Lady Willington, Hospital Lahore,8-10April 2004
- 58th Annual Congress Indian Radiological & Imaging Association,Agra,Jan,22nd to 25th,2005
- Annual Conference of International Medical Sciences Academy,LMDC,Lahore.3rd-5th Nov 2006
- 6th SAFOG Conference 2007,Lahore,8th-10th March 2007

- 1st Regional IVF Workshop, conducted by LAUREL FERTILITY CENTRE and IVF LAB CONSULTANTS,CALIFORNIA-USALahore,4th June,2008
- Saline Infusion Sonohysterography Training, conducted by COOK MEDICAL,USA,Lahore15TH April,2010
- International Collaboration Workshop on Medical Education at University of Health Sciences Lahore 5th,6th May,2010
- Seminar & hands on Workshop on Assisted Reproductive Techniques,23rd Oct,2010
- Annual National Conference on Obstetrics and Gynaecology, by Society of Obstetricians and Gynaecologists of Pakistan.14th-15th May 2011.
- 2nd Biennial SAFOMS Conference & 3rd PMSCON 2012.Karachi,30th NOV-2ND Dec,2012
- 4th International Conference on REPRODUCTIVE HEALTH & A,R,T 1ST International Conference on GYNAECOLOGICAL ENDOSCOPY & SEXUAL MEDICINE 26th to 28th April,2013,Lahore
- Participated in CRAFT-Fertility & Virility Conference 2014,accredited by the EACCME,Lahore,Pakistan,23rd-25th May,2014
- Workshop on Hysteroscopy, basic /advanced organized by CALLMED in collaboration with Lady Willington hospital on 2nd /3rd June 2014.
- Facilitator in 9th Post Graduate Long Course for clinical Exam in FCPS, MCPS held at Jinnah Hospital Lahore, Gynae Unit III,9th to 21st June 2014.
- Organized and participated in an Orientation workshop on PFP / PPIUCD conducted by Jhpiego, at Farooq hospital West Wood Lahore on 4th Sep, 2014.
- Paper presentation and participation in 15th Biennial International Scientific Conference, organized by SOGP Pakistan,5th -7th December, 2014.
- Facilitator in CME on Hormonal contraception & PCOS at Farooq Teaching Hospital, West Wood Lahore, on 18th Feb, 2015.
- Organized 2nd National Symposium on Urogynaecology in collaboration with PUGA, at Akhtar Saeed Medical & Dental College Lahore held on 6-7 March 2015
- Participated in Bladder Fistula Repair workshop at Akhtar Saeed Medical & Dental College Lahore held on 6th March,2015
- Paper presentation in 2nd National Symposium on Urogynaecology at Akhtar Saeed Medical & Dental College Lahore held on 7th March 2015
- Participated in RCOG World Congress 2015, joint RCOG/RANZCOG Event at Brisbane on 12-15April 2015.
- Paper presentation & Participation in Aspire Pakistan 2015 conference, held on 13th-15th March, 2015.
- Poster presentation in RCOG World Congress 2017, Cape Town, 20-22 March 2017.
- Oral presentation in FIGO XXII World Congress 2018 at Riocentro, Rio de Janeiro, Brazil.