

## **Assistant Professor of Obstetrics & Gynaecology (Unit-I)**

**Dr. Nadia Saif**

MBBS, MCPS, FCPS

Assistant Professor Dr. Nadia Saif graduated from Rawalpindi Medical College Rawalpindi. She got her training from POFs Hospital Wah Cant & Obtained her MCPS, FCPS degree. She worked in Wah Medical College & Central Park Medical as senior registrar. She joined Akhtar Saeed Medical & Dental College in 2015 and now working as Assistant Professor of Obstetrics & Gynaecology.

### **Special Interests:**

1. Subfertility
2. Management of high risk pregnancies
3. Polycystic ovarian syndrome

### **Publications:**

1. Knowledge of woman: supplementation of Folic acid in periconceptual period. Professional Med J 2016; 23 (7): 828 – 34.
2. **Obstetrical And Fetal Outcome In Patients With Abnormal** Cardiotocograph Biomedica vol 33, issue 4, oct-dec. 2017( 309 to 313).
3. **Pap Smear Study For Cervical Cancer And Its Risk Factors In Positive Cases** PPMJ, vol 27, Number 1, jan to march 2016
4. **Comparison of Manual Vacuum Aspiration with Electrical Vacuum Aspiration In Management of First Trimester Miscarriages.** PJMHS vol. 10, NO.2, Apr –Jun 2016 (503 -506).
5. **Uterine Exteriorization Compared With In Situ Repair At Caesarean Delivery.** Journal of Rawalpindi Medical College 2011;15(1):110 – 112.
6. **Frequency of Mullerian Duct Abnormalities.** Journal of Rawalpindi Medical College :2009;13(1):34-37

### **Workshops and conferences Attended:**

Crash course on designing conducting and getting Research Published at SIMS Lahore.	6 <sup>th</sup> to 7 <sup>th</sup> Jan 2020
Aspire Pakistan Regional Conference “Reproductive Health in a Changing World” at Lahore Pakistan.	29 <sup>th</sup> Nov to 1 <sup>st</sup> Dec 2019
3 <sup>rd</sup> international conference on health professional education – “Student entrusted curriculum and learning theories redesigning the medical curriculum in Pakistan” (pre conference workshop) at Akhtar Saeed Medical College.	4 <sup>th</sup> Dec 2019
17 <sup>th</sup> Biennial scientific international conference by society of obstetrics and gynaecology at Lahore Pakistan.	26 <sup>th</sup> to 28 <sup>th</sup> April 2019
“Latest Trends in the management of Urogenital Prolapse and stress incontinence in Females” by University of Health Sciences and Shalamar Medical and Dental College Lahore	21 <sup>st</sup> & 22 <sup>nd</sup> Feb 2019
Pre Conference Workshop on Contraception “Insertion of Sub dermal Implant” at Farooq Teaching Hospital Lahore	26 <sup>th</sup> Feb 2019
“Pre Conference Workshop On Repair of Obstetric Anal Injury” at Farooq Teaching Hospital Lahore	8 <sup>th</sup> Feb 2018
Pre-Conference workshop of SOGP “Cervical Cancer Screening VIA & Colposcopy” as facilitator and speaker at Akhtar Saeed Trust Teaching Hospital, Lahore	13 <sup>th</sup> Jan 2018