

## **OUR MISSION**

Akhtar Saeed Medical & Dental College, Lahore, endeavor's to produce medical and dental graduates who will be knowledgeable, skillful, humane, committed to lifelong learning, research-oriented, and dutiful to their profession and society at large.



### ***CHAIRMAN MESSAGE***

Akhtar Saeed Medical & Dental College is an academic community which values learning and research of the highest standard and aims to foster independence of thoughts in students. We will place more importance on competencies and skills you will require throughout your professional life (information handling, critical thinking, decision making, problem solving, communications, team management, leadership and clinical skills). You will be taught by the clinical and scientific academics who are at the forefront of their respective fields, nationally and internationally.

At Akhtar Saeed Medical & Dental College, you will join the academic community which values learning and research of the highest standard and aims to foster independence of thoughts in students. We wish to educate students in the broadest sense of the word so that they will be equipped with long learning competencies. Our emphasis will be on the instruction of how you learn and take the responsibilities for your own learning, not just providing you with the relevant facts in order to pass the examinations.

We will place more importance on competencies and skills you will require throughout your professional life (information handling, critical thinking, decision making, problem solving, communications, team management, leadership and clinical skills). You will be taught by the clinical and scientific academics who are at the forefront of their respective fields, nationally and internationally.



## PRINCIPAL MESSAGE

Akhtar Saeed Medical & Dental College, Lahore located in the southwest of Lahore. It consists of two clinical campuses: first one situated in the premises of AMDC in a calm and fascinating suburb called Bahria Town and the other one located in peaceful community of Westwood Lahore in the premises of Farooq Hospital (teaching hospital of AMDC).

The institute has spacious, purpose built (according to PMC parameters) and fully air-conditioned building housing various teaching laboratories and clinical departments with latest equipment and modern facilities to impart excellent training to the students. Well-equipped teaching dental laboratories including Oral biology, Science of Dental materials, Community dentistry, Oral pathology, Phantom heads, Plaster and ceramic lab. Clinical department include oral diagnosis and Oral Medicine, Radiology, Oral and maxillofacial surgery, operative dentistry, periodontology, prosthodontics and orthodontics, this college has outstanding teaching faculty comprising of highly qualified, reputed and well experienced teachers.

Dear students, by entering a dental section of AMDC you have chosen a noble profession where you can serve humanity and earn blessings of Allah, The Almighty. At this institute we aim to educate students in the broadest sense of word so that when they graduate, they are not only competent professional dentists but also better humans and will be a source of pride for their parents, teachers and institution.

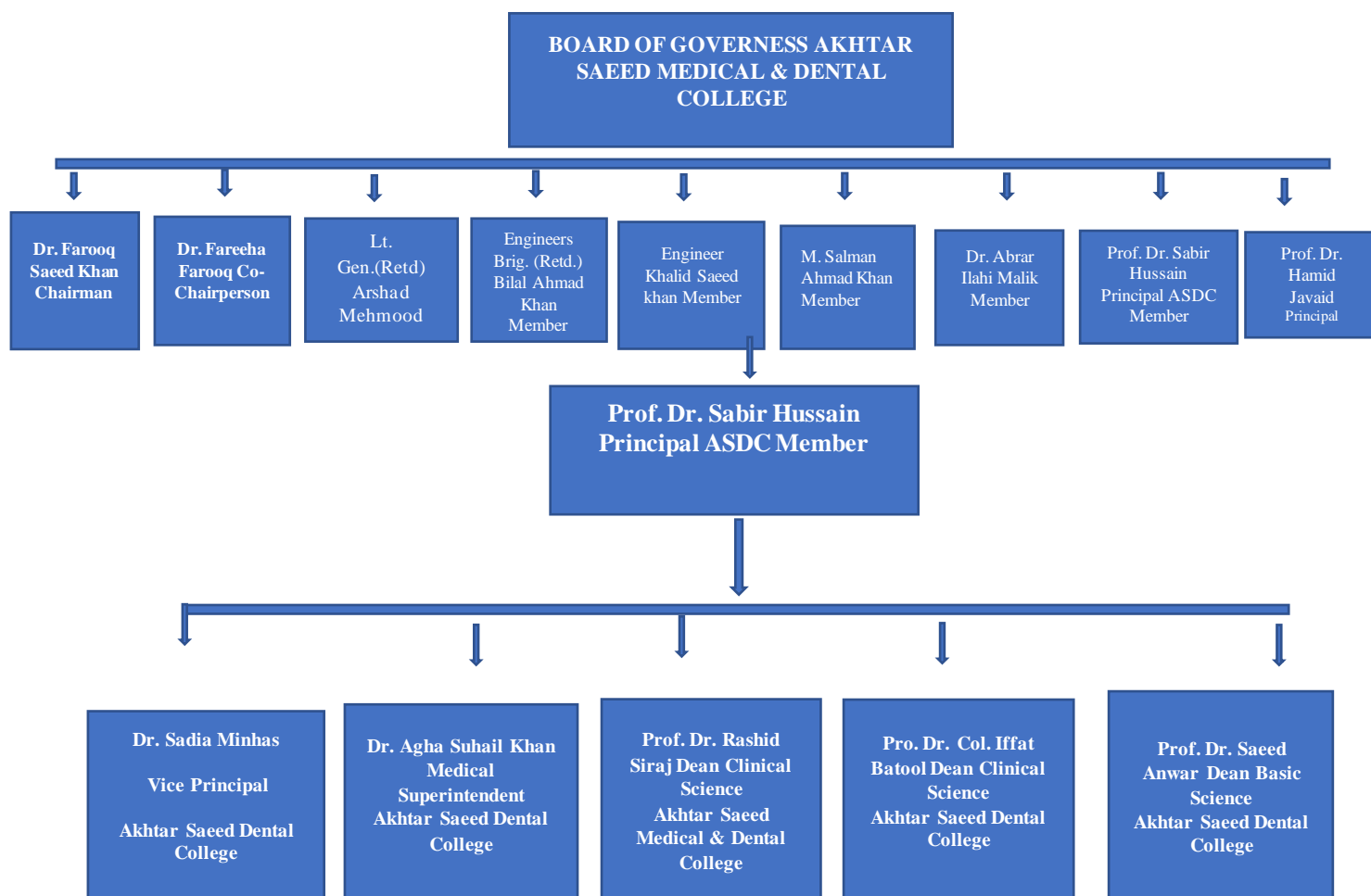
***OPERATIONAL  
STRUCTURE  
OF  
AKHTER SAEED  
DENTAL COLLEGE***

***Prepared by***

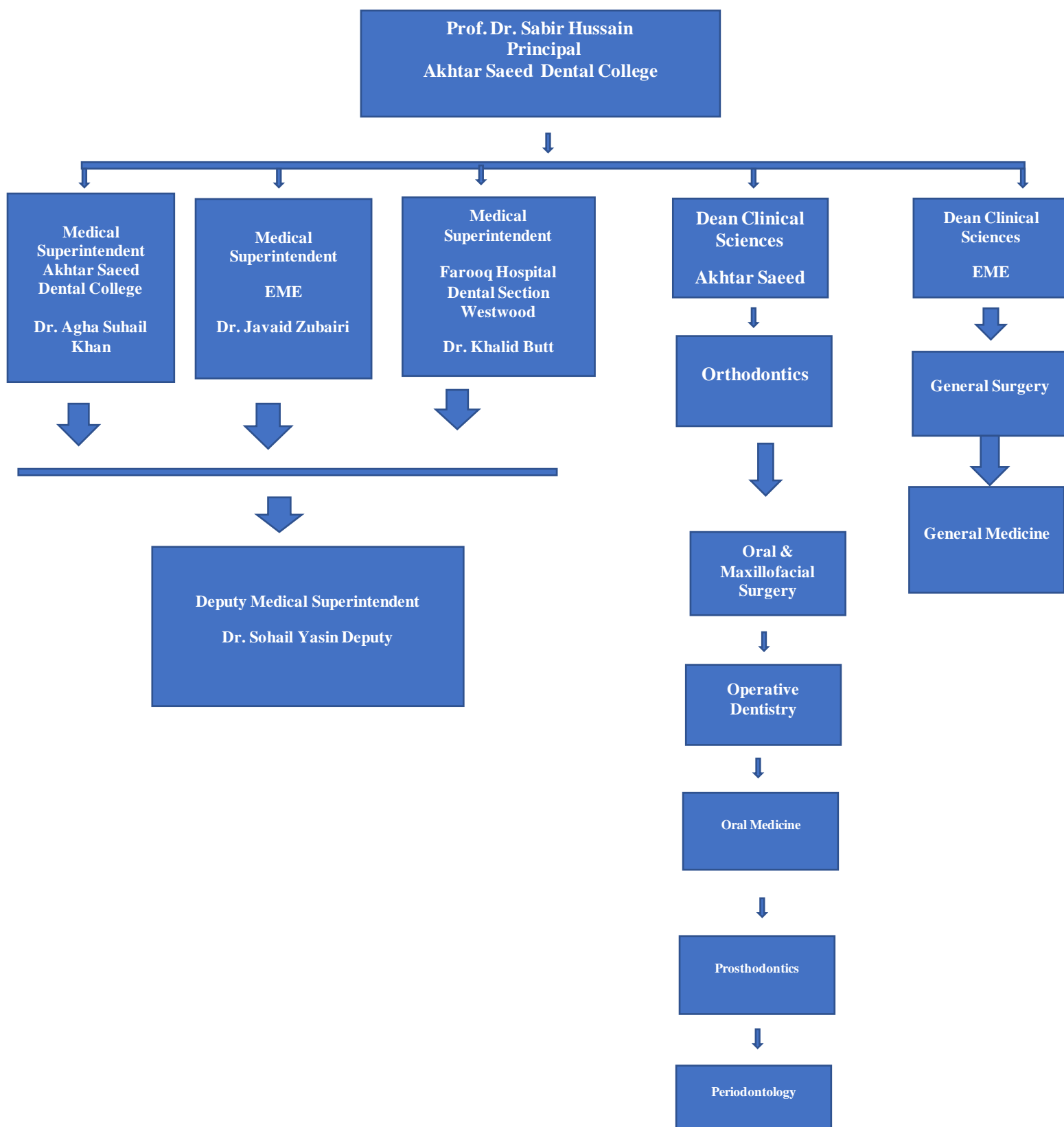
Dr. Sadia Minhas, Dr. Sohail Yasin



## OPERATIONAL STRUCTURE



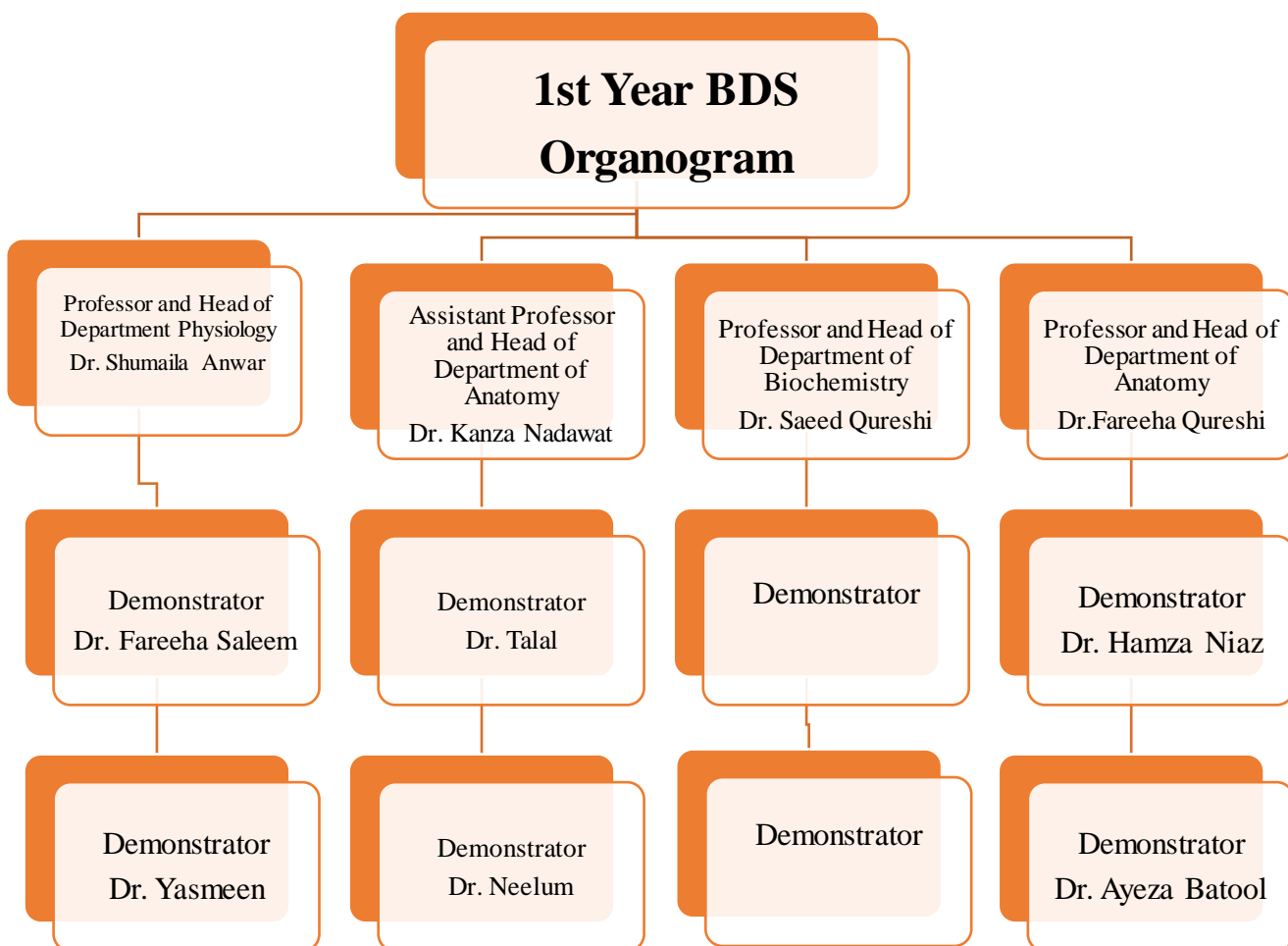
## ORGANOGRAM OF DENTAL HOSPITAL



# **ANNUAL REPORT OF ACADEMIC 2020**

**Prepared by**

**Dr. Sadia Minhas, Dr. Qunoot Tariq, Dr. Musbah Shahee**

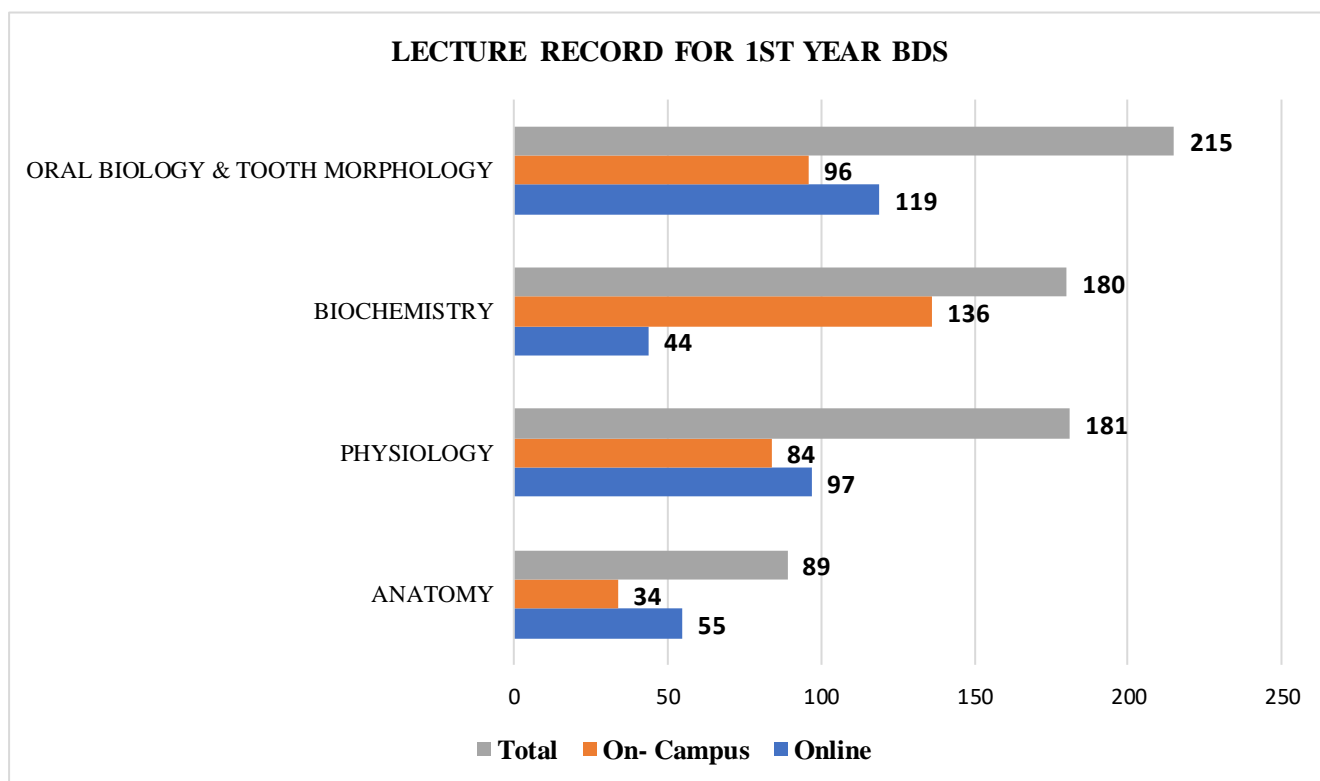


## FIRST YEAR BDS ACADEMICS

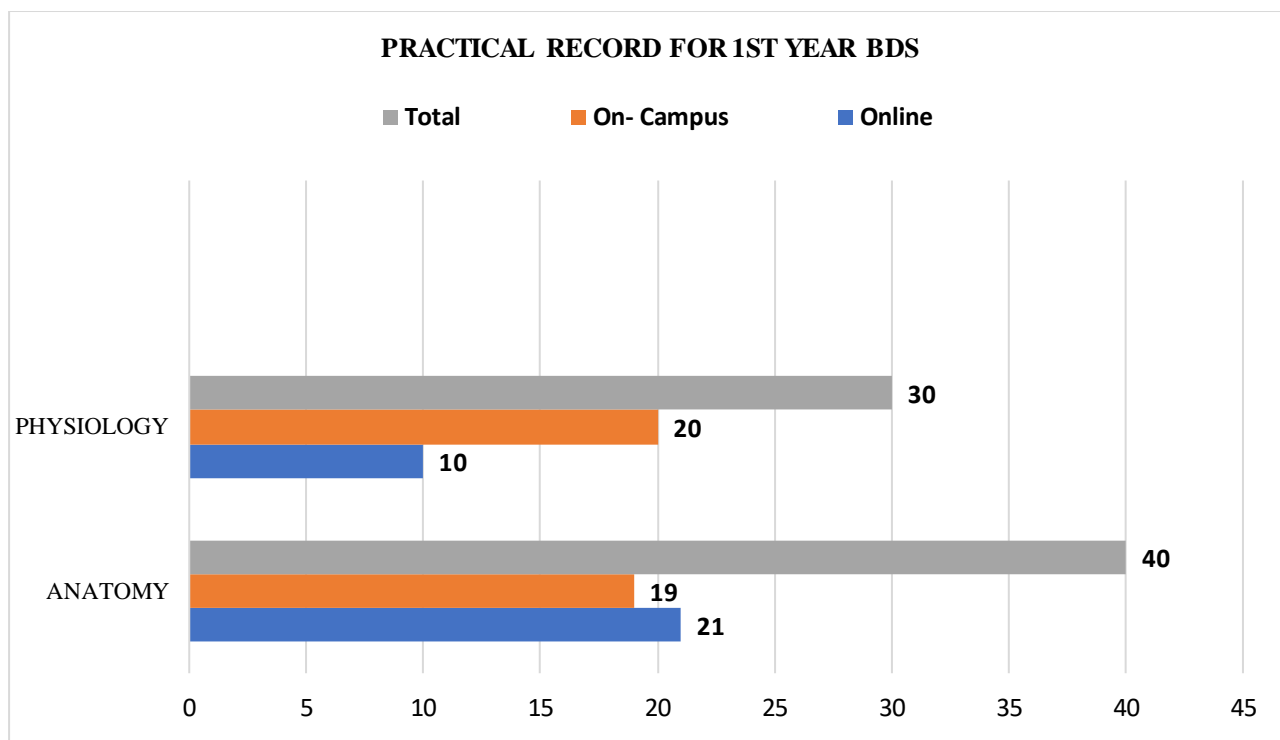
Akhtar Saeed Medical and Dental College (shortened as AMDC), is one of the best medical institute in Lahore, situated in Bahria town Lahore. The AMDC started its undergraduate dentistry programme in **2016**. Academic classes are conducted at Akhtar Saeed Medical & Dental college campus, Bahria town, Lahore, and the clinical sessions are conducted at AMDC as well as Farooq Hospital, West-Wood branch, Lahore.

In BDS 1<sup>st</sup> year four subjects are taught to the students. These subjects include Anatomy, Physiology, Biochemistry, and Oral biology and tooth morphology. Some of these lectures were delivered on-campus and some were given online due the reason of pandemic of Covid-19.

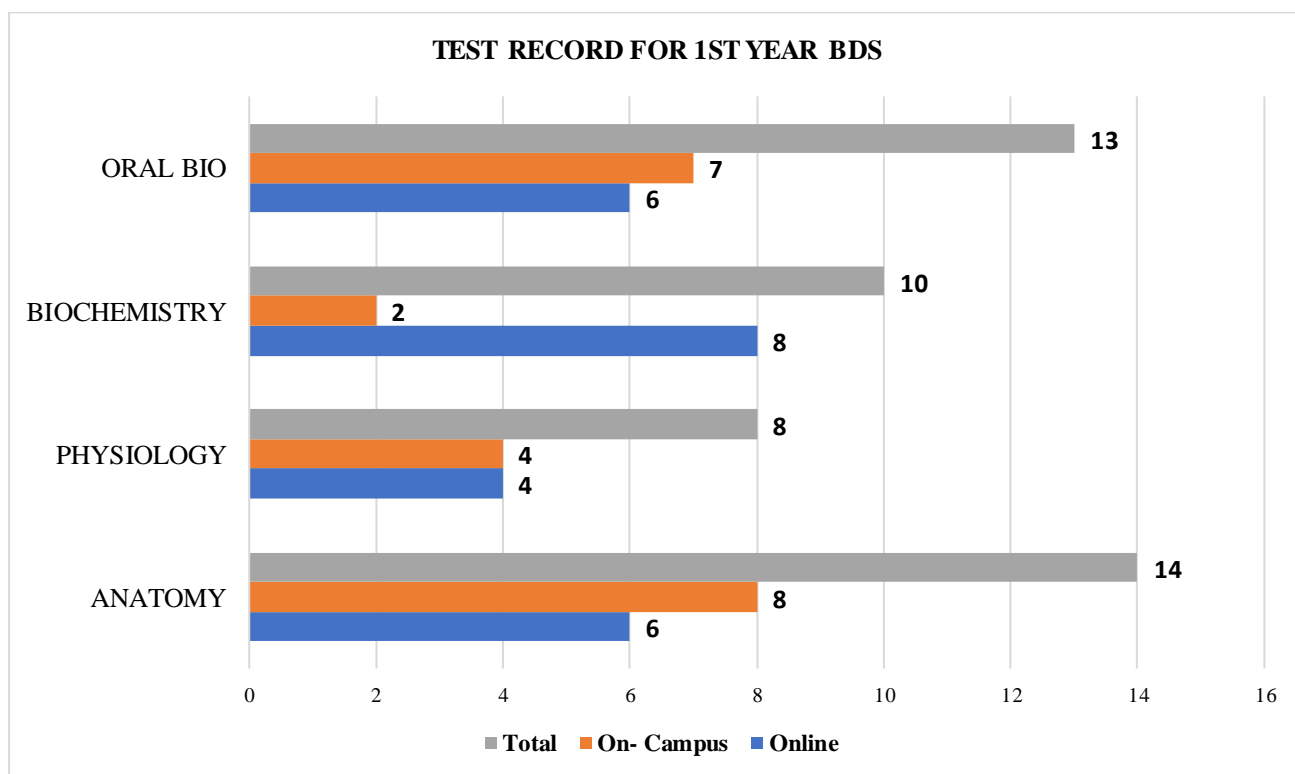
During the session 2019 to 2020, total number of lectures are delivered in following ratio by four departments. Most of the lectures were delivered online due to the Covid-19 pandemic.



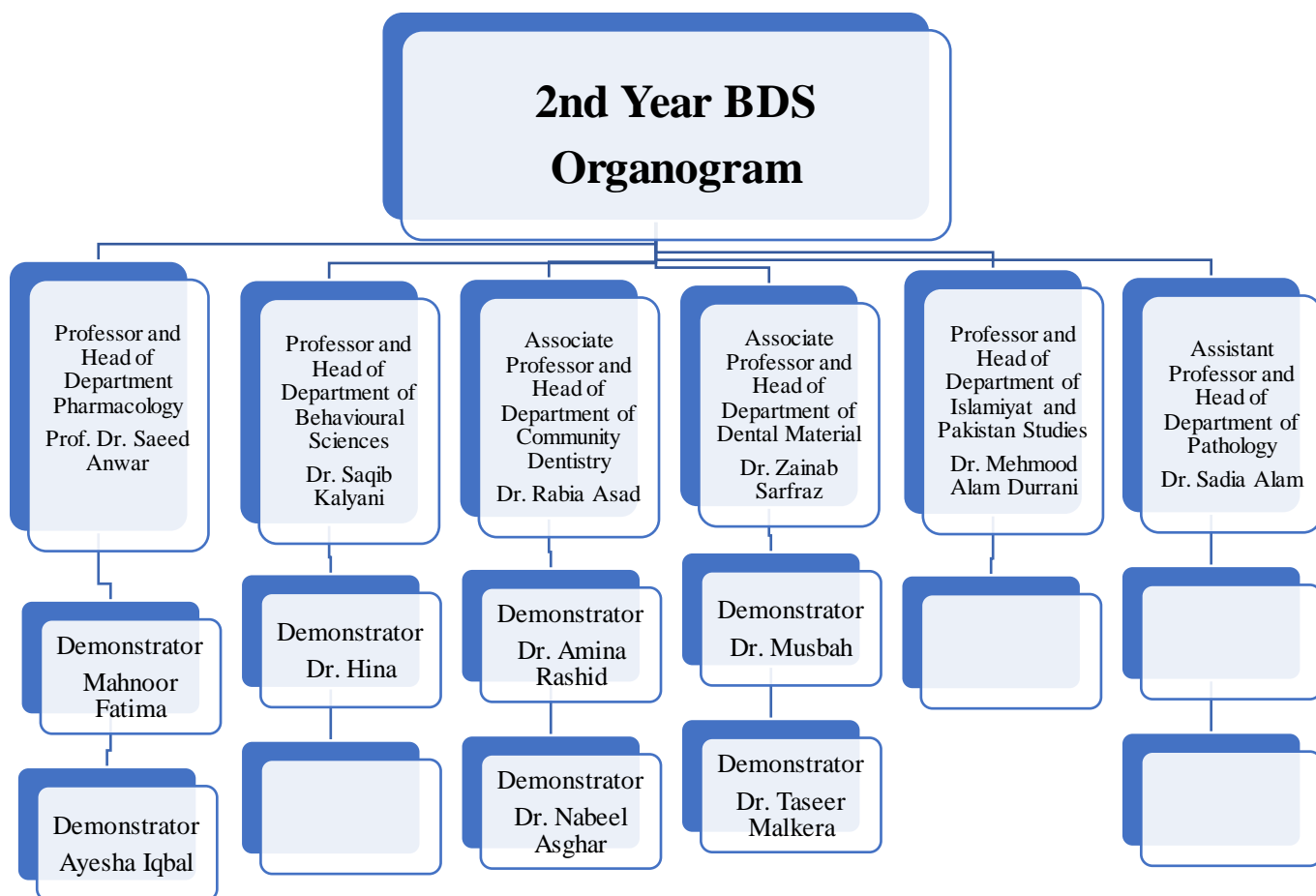
**Graph 1:** Overall Total Number of Lectures Delivered by Each Department During the Session 2019-2020.



**Graph 2:** Practical Record of Online and On Campus Practical's of the Anatomy and Physiology



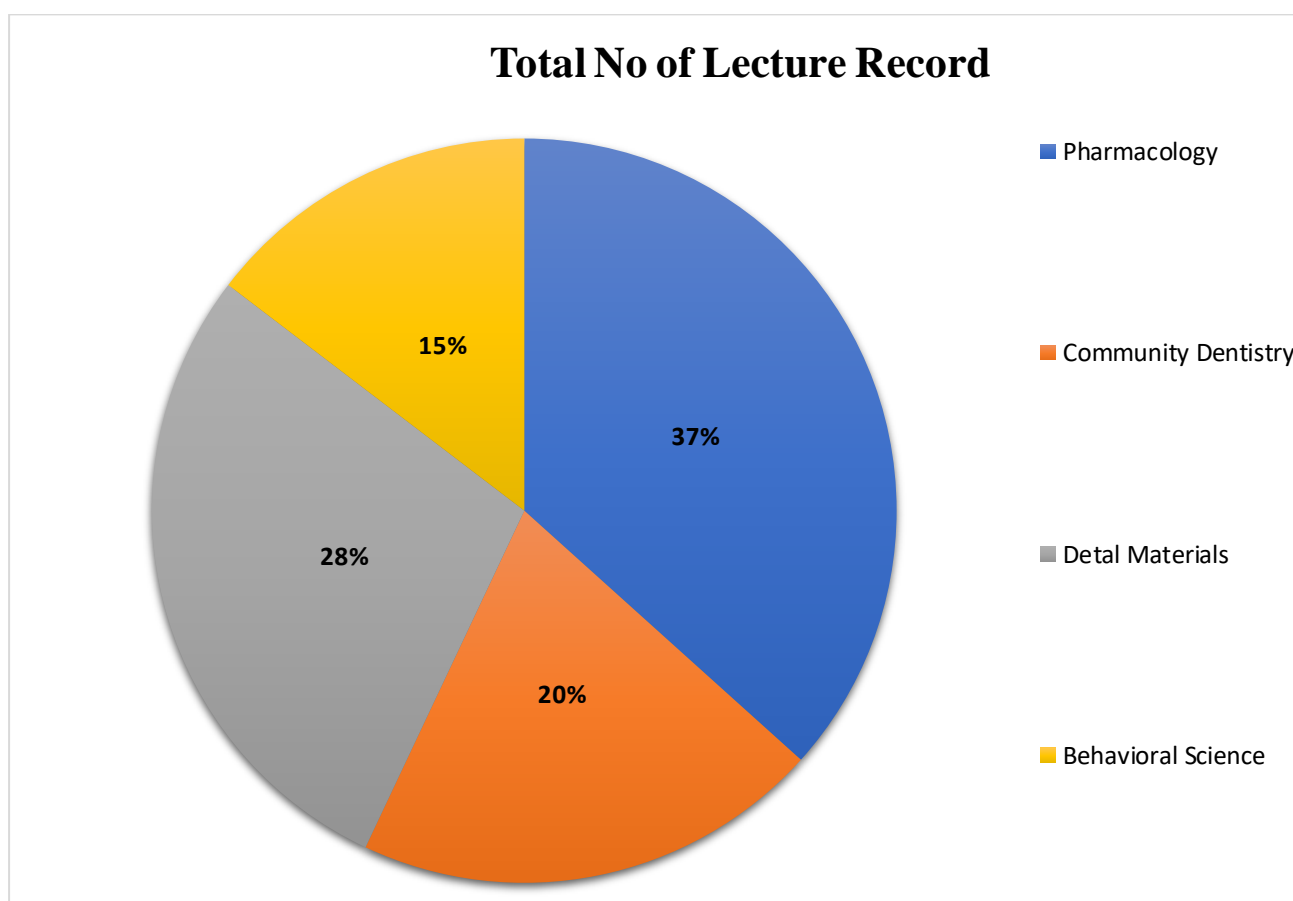
**Graph 3:** Online and On Campus Test Record of the Subjects of BDS 1<sup>st</sup> Year



## SECOND YEAR BDS ACADEMICS

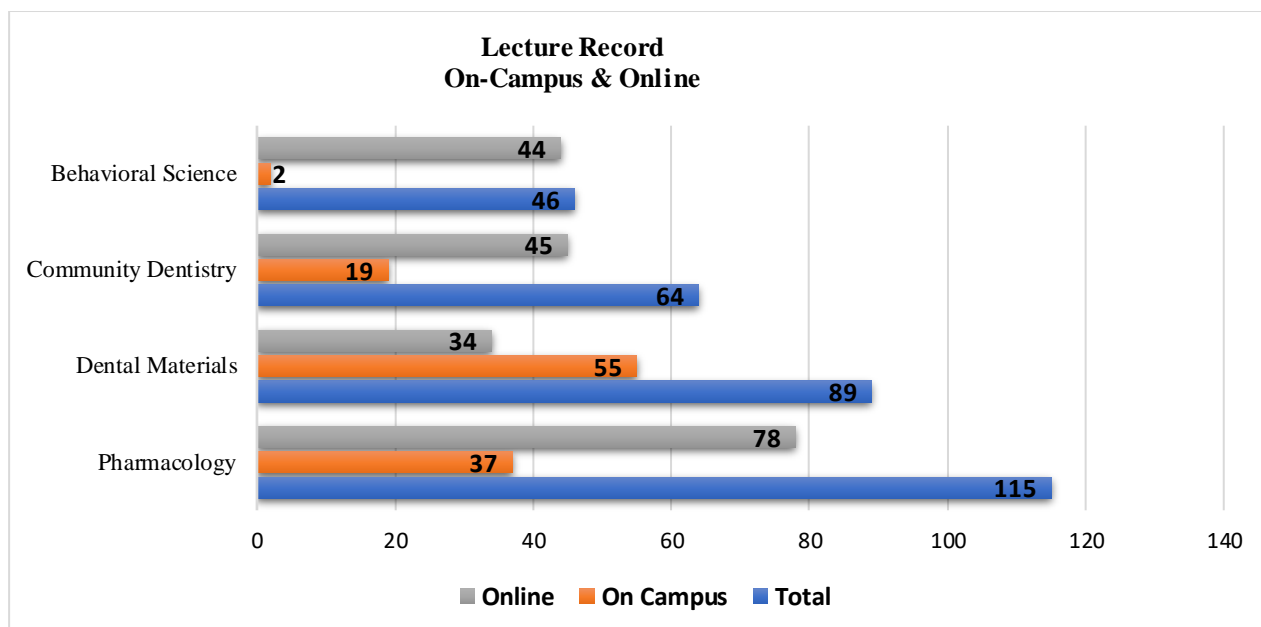
In BDS 2<sup>nd</sup> year five subjects were taught to the students. These subjects include Pharmacology, community dentistry, dental materials, general pathology and behavioural sciences. Some of these lectures were delivered on-campus and some were given online due the reason of pandemic of Covid-19.

During the session 2019 to 2020, total number of lectures are delivered in following ratio by five departments (Graph 4). Most of the lectures were delivered online due to the pandemic (Graph 5).



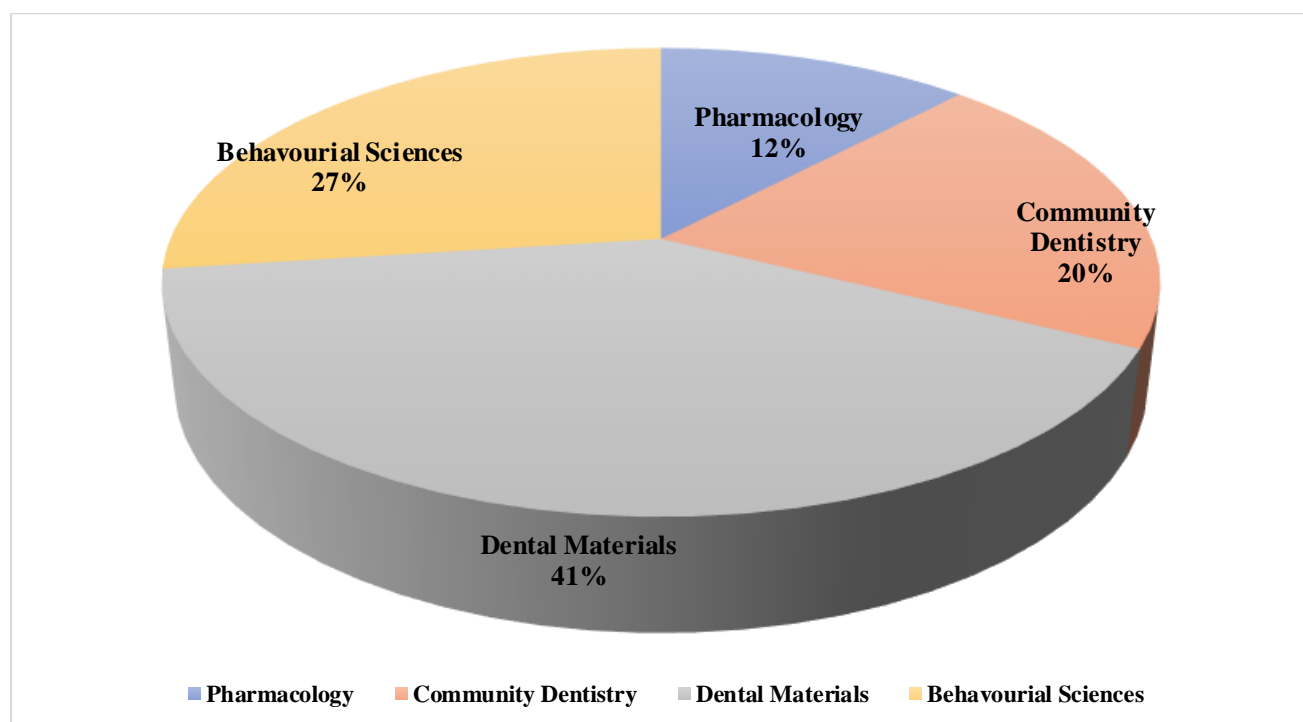
**Graph 4:** Overall Total Number of Lectures Delivered by Each Department During the Session 2019-2020.



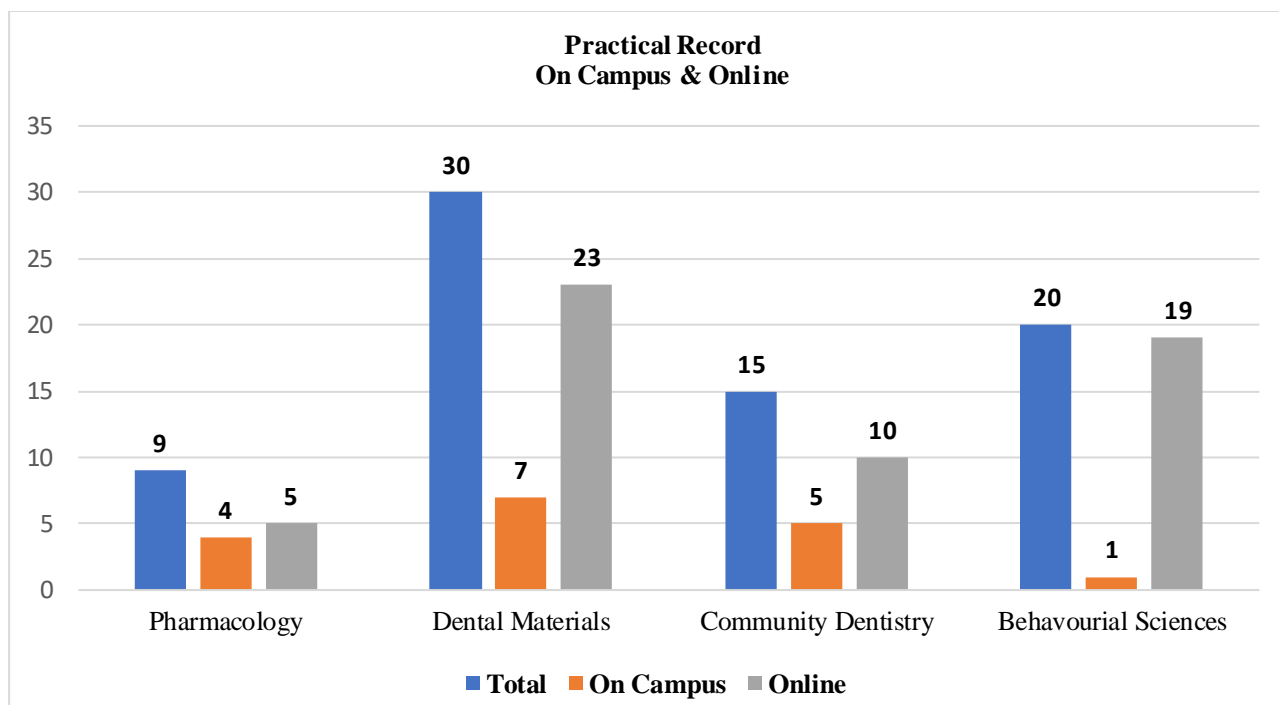


**Graph 5:** Total Number of Lectures Delivered in Campus and Delivered Online During Covid-19 During Session 2019-2020 By Each Department.

During session 2019-2020, total number of practical's are conducted in following ratio by all departments. In this session a few practical's were conducted online due to the pandemic of Covid-19 (Graph 6 & 7).

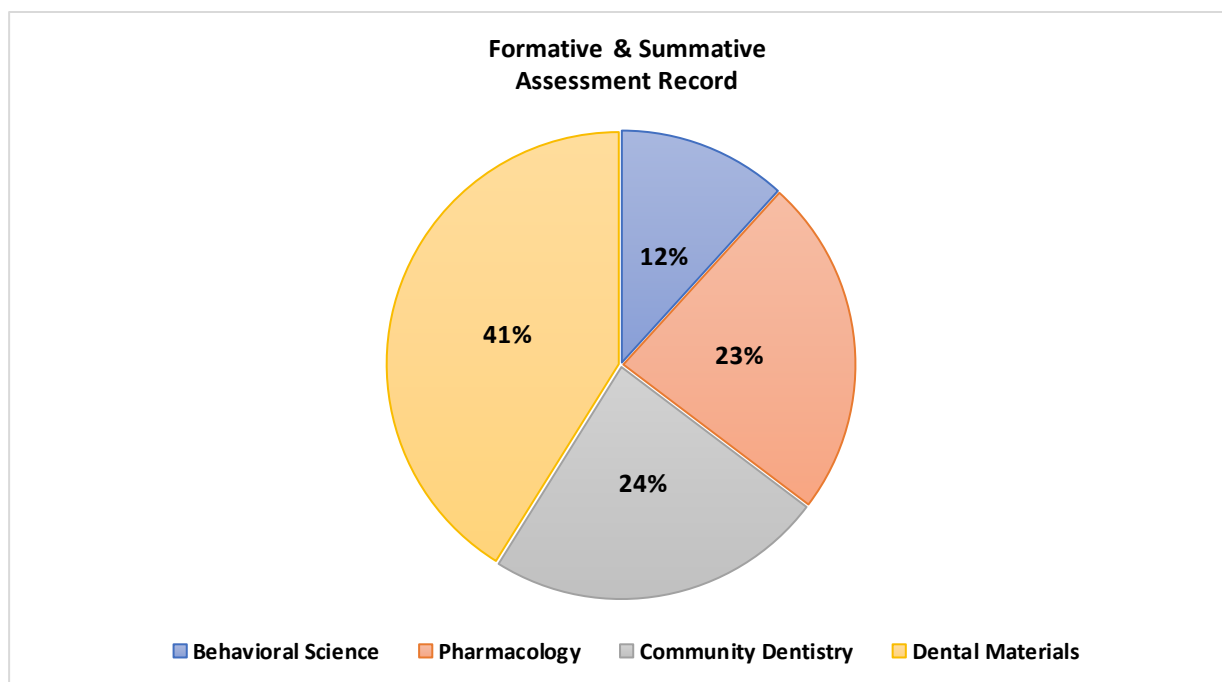


**Graph 6:** Overall Number of Practical Conducted During the 2<sup>nd</sup> Year BDS Session 2019-2020

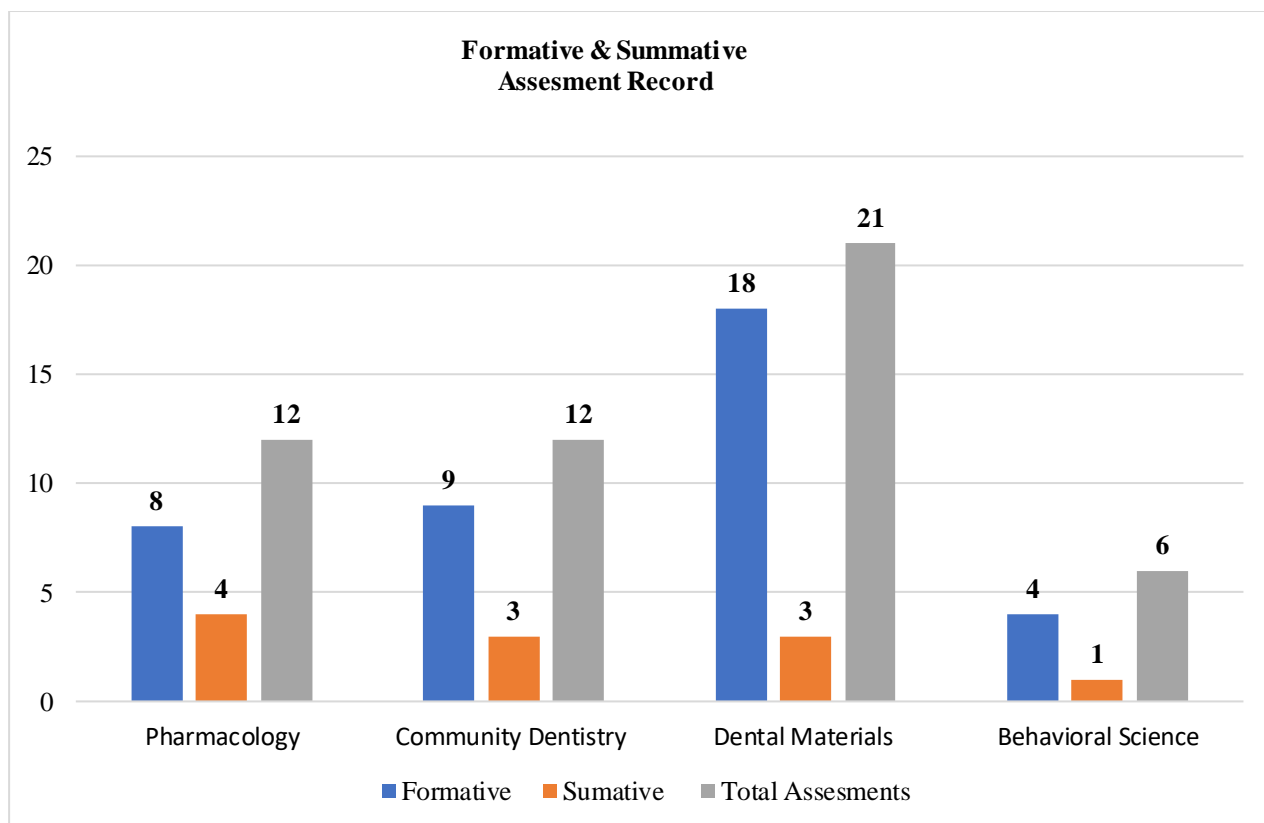


**Graph 7:** Total Number of Practical Conducted by Each Department Online and Online

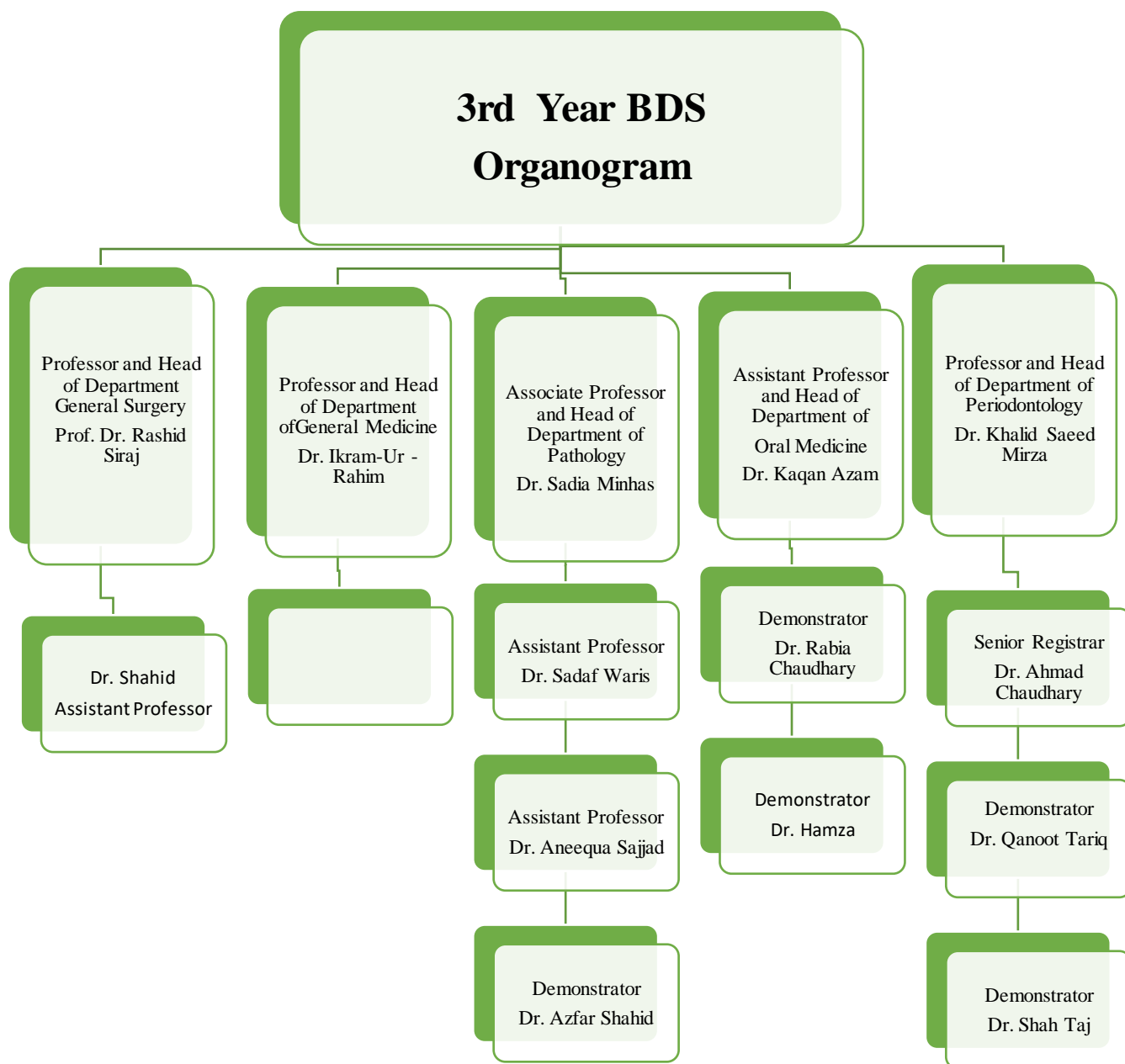
**Formative and Summative Assessments** are the most crucial part of academics to judge the individual performance of the students. During the session 2019- 2020 that was conducted during the tough times of pandemic, Akhtar Saeed dental college (2<sup>nd</sup> year faculty) successfully conducted tests in all months, mid-term exams and send up exams either physically or online according to the plan (Graph 8 & 9).



**Graph 8:** Total Overall Number of Assessments Conducted by Every Department

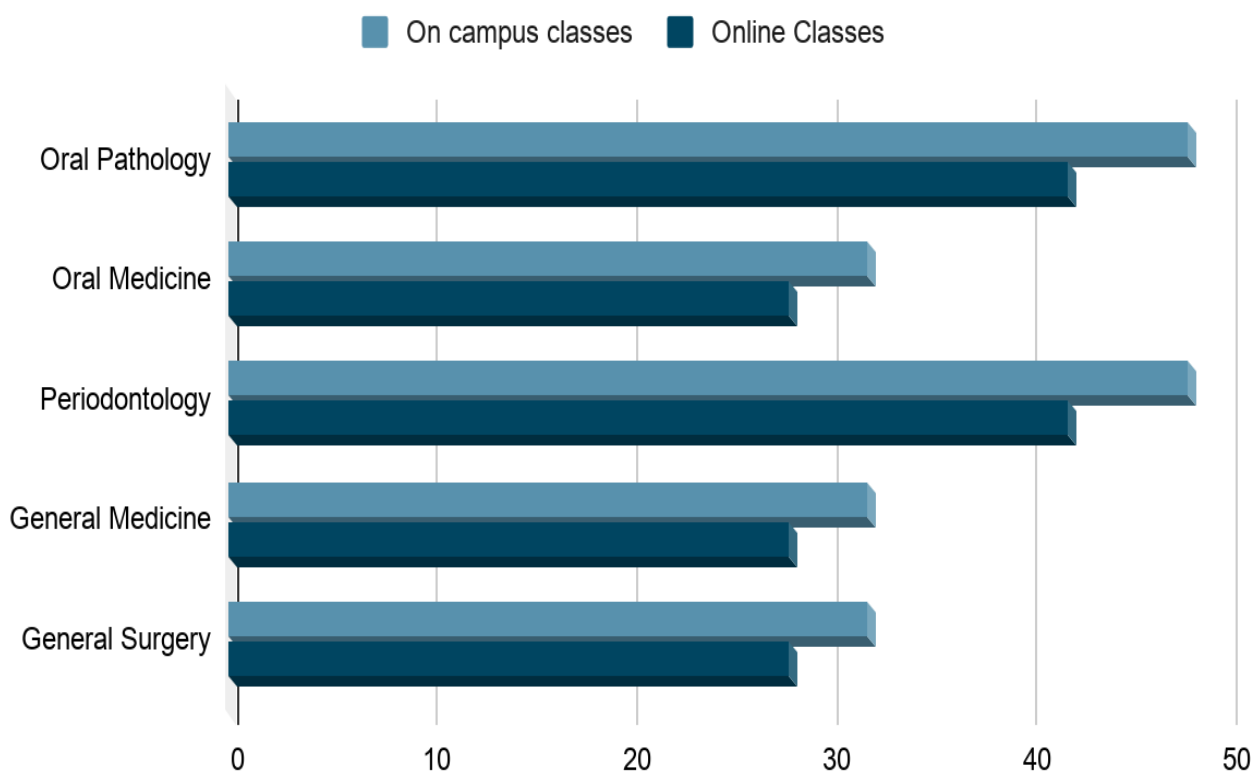


**Graph 9:** Total Number of Assessments Conducted Online and On-Campus During Covid-19 During the Session Of 2019-2020.



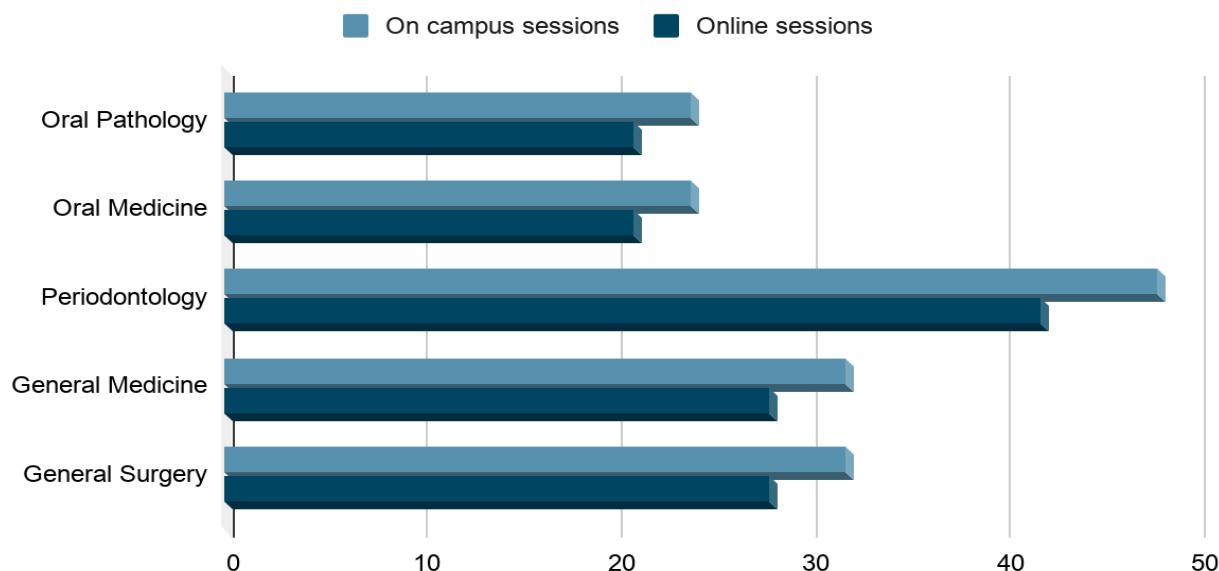
## THIRD YEAR BDS -ACADEMICS

BDS third year students are mainly taught 4 clinical subjects and 1 basic subject which includes Oral Pathology, Oral Medicine, Periodontology, General Medicine and General Surgery During the academic session **2019-2020**, **lectures** were delivered on campus from **November 2019-March 2020**, and rest of the classes were conducted online using Audio/Visual Aids from March 2019 - July 2020 due to COVID-19 Pandemic (Graph 10).



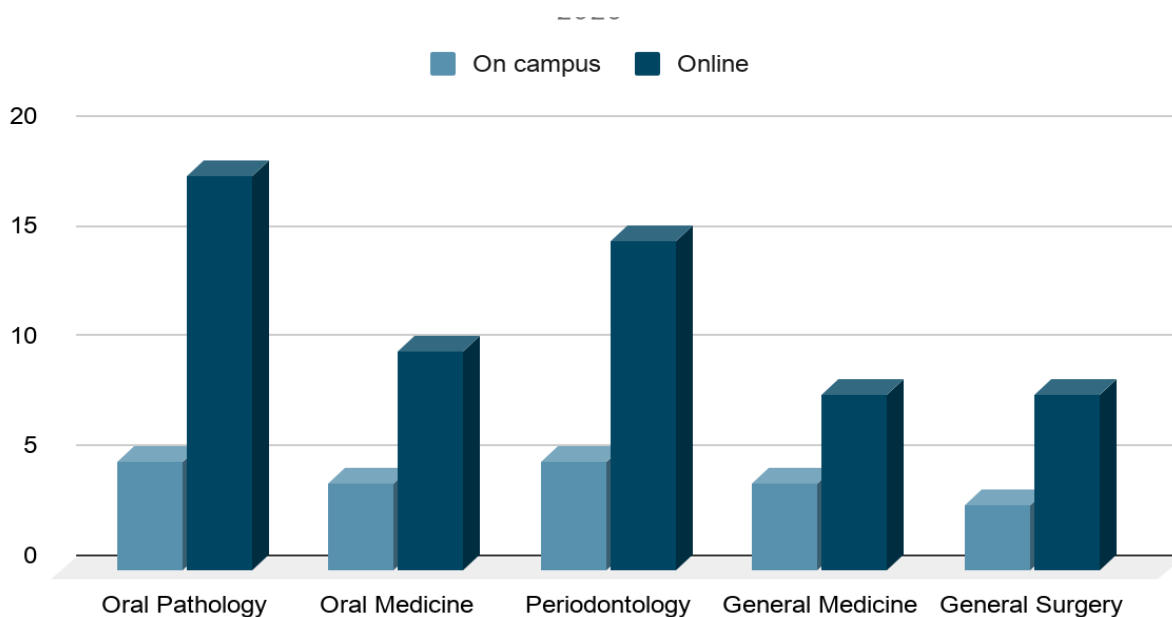
**Graph: 10** Total Number of Lectures and Tutorials Conducted for BDS 3<sup>rd</sup> Year Session 2019-2020.

During session 2019-2020, clinical sessions were conducted by all four clinical departments and practicals were conducted by the non clinical department, on campus from November 2019 - March 2020. The clinical sessions and practicals continued via Audio/Visual Aids from March 2019 - July 2020 due to COVID-19 Pandemic (Graph 11).

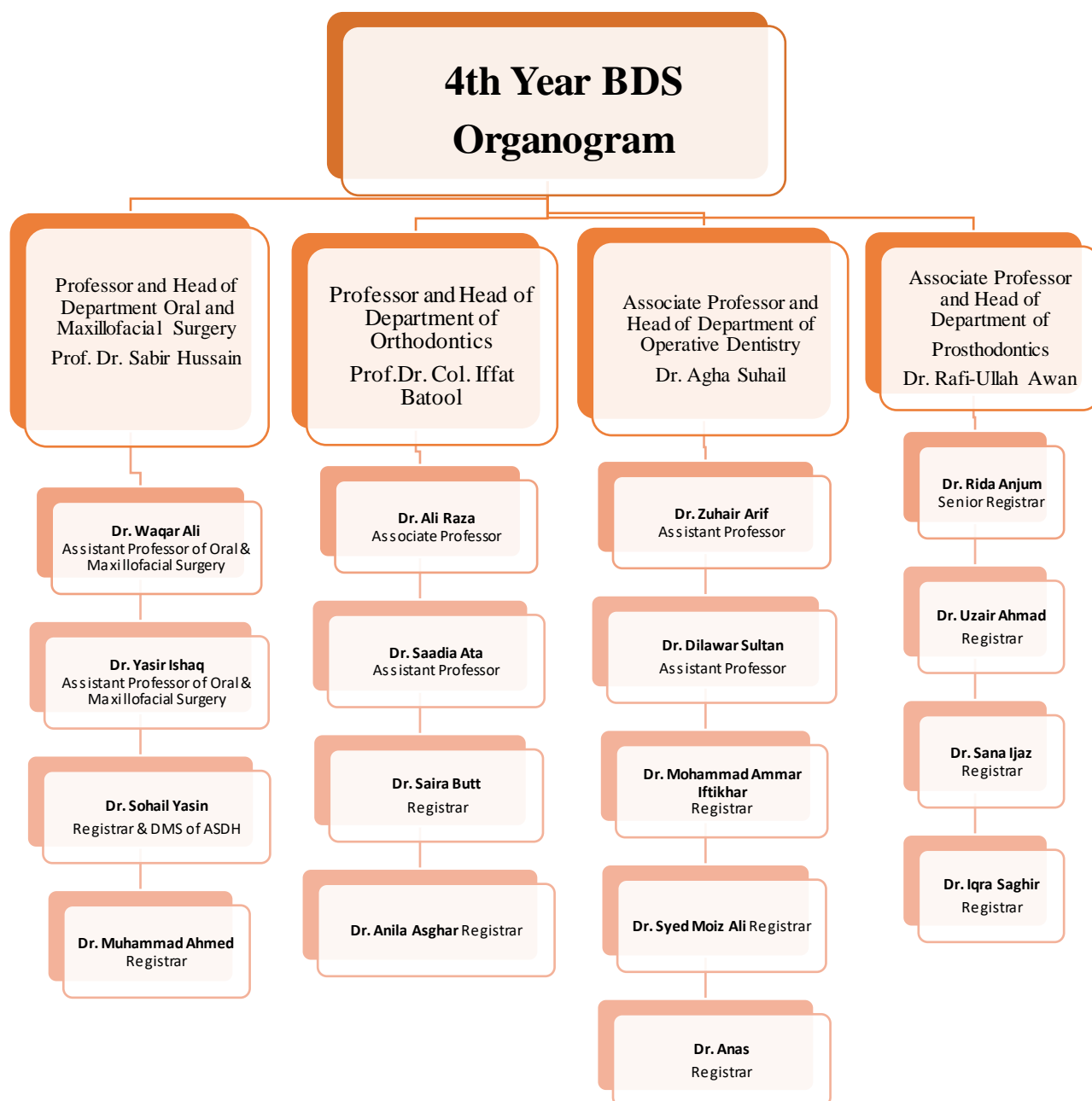


**Graph: 11** Total Number of Clinical Sessions and Practical's Conducted for BDS 3<sup>rd</sup> Year Session

**Formative & Summative Assessments** are an integral part of academics to assess and evaluate the performance of students individually. During the session 2019-2020 a number of assessments were conducted throughout the academic year, on campus, and online; using various assessment tools. Formative and Summative assessments, collectively, conducted by each department were in the form of Weekly and Monthly tests, Term Tests and Send up exams (Graph 12).



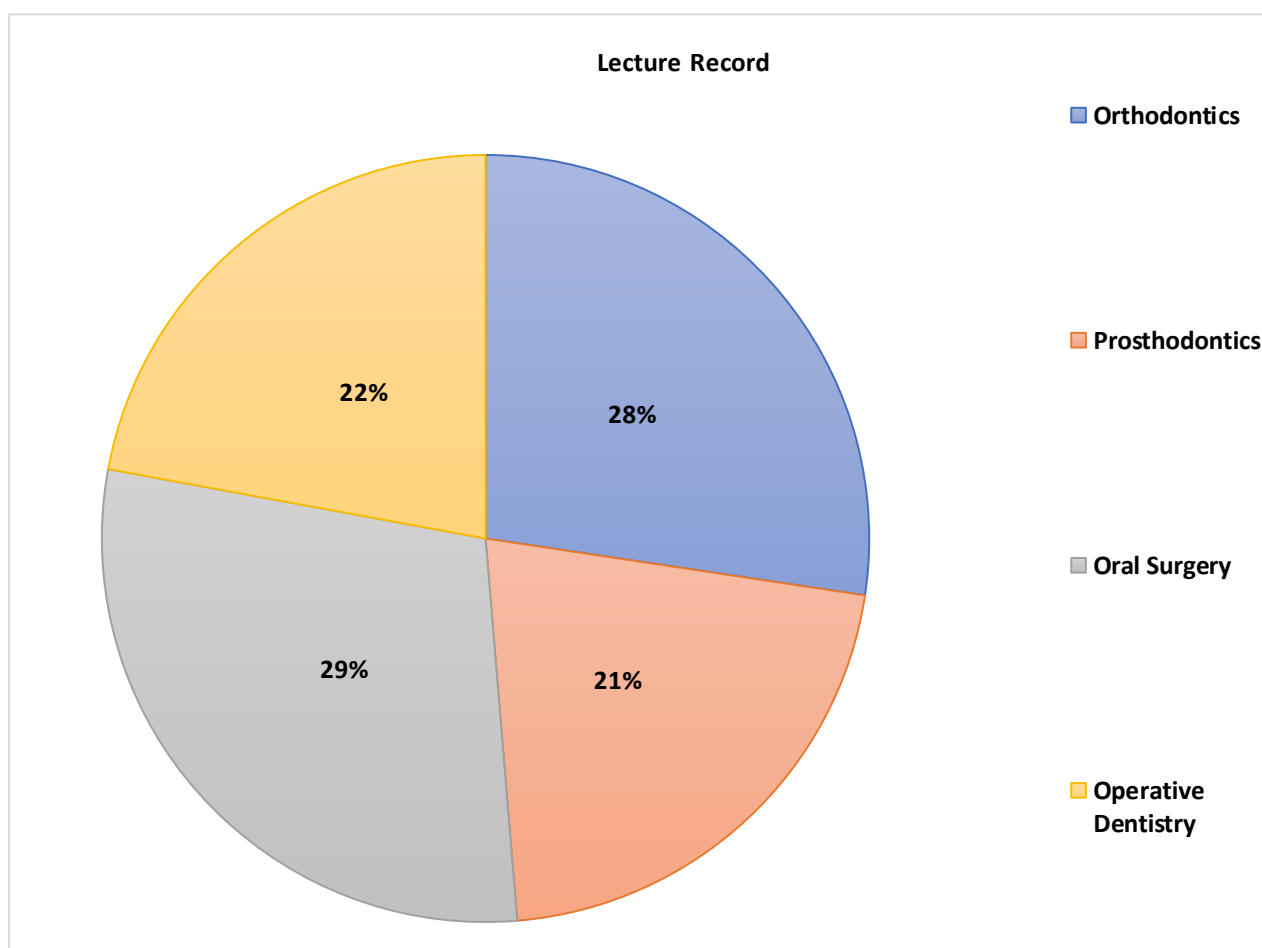
**Graph: 12** Total Number of Assessment Conducted for BDS 3<sup>rd</sup> Year Session 2019-2020.



## FINAL YEAR BDS -ACADEMICS

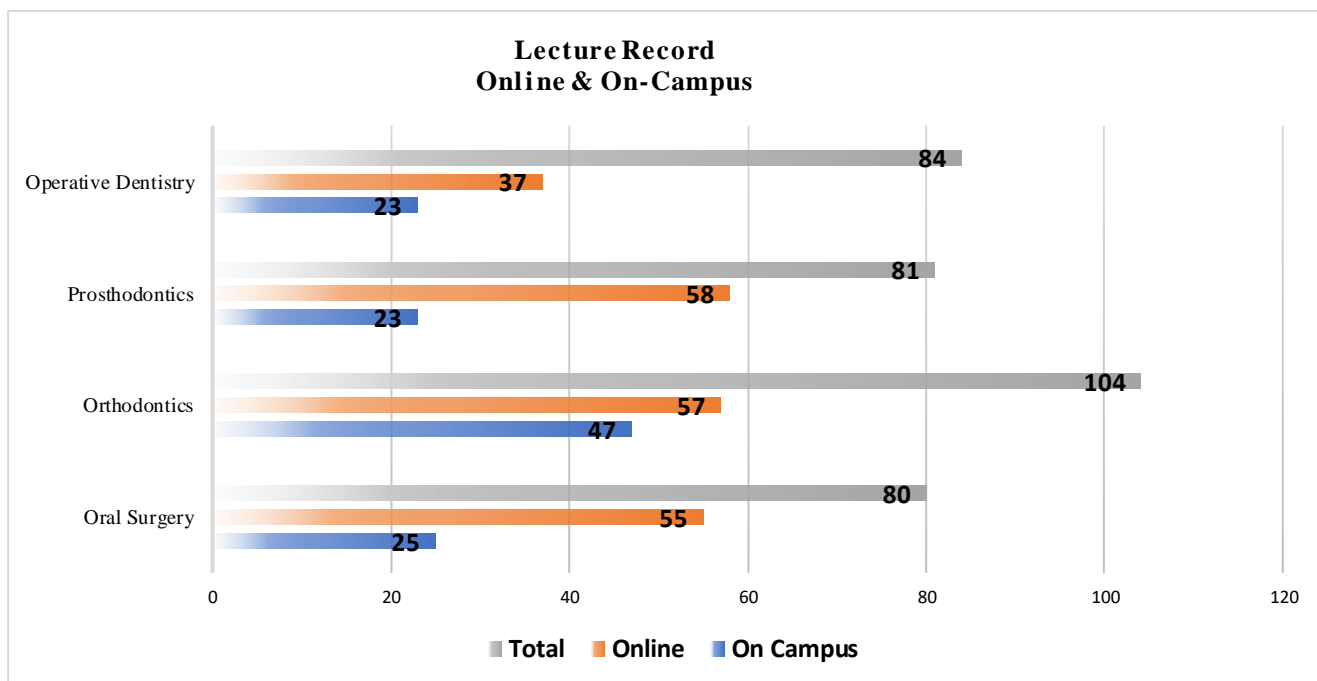
In BDS final year, four main clinical subjects are taught which include operative dentistry, Oral & maxillofacial surgery, Orthodontics and Prosthodontics alongside their clinical sessions, which are conducted at Akhtar Saeed Dental Hospital, Bahria town & Farooq hospital and Westwood branch.

During session 2019-2020, total numbers of lectures were delivered in following ratio by all four clinical departments (Graph 13 & 14). In this session, most of the lectures were (delivered online because of Covid – 19 Pandemic.

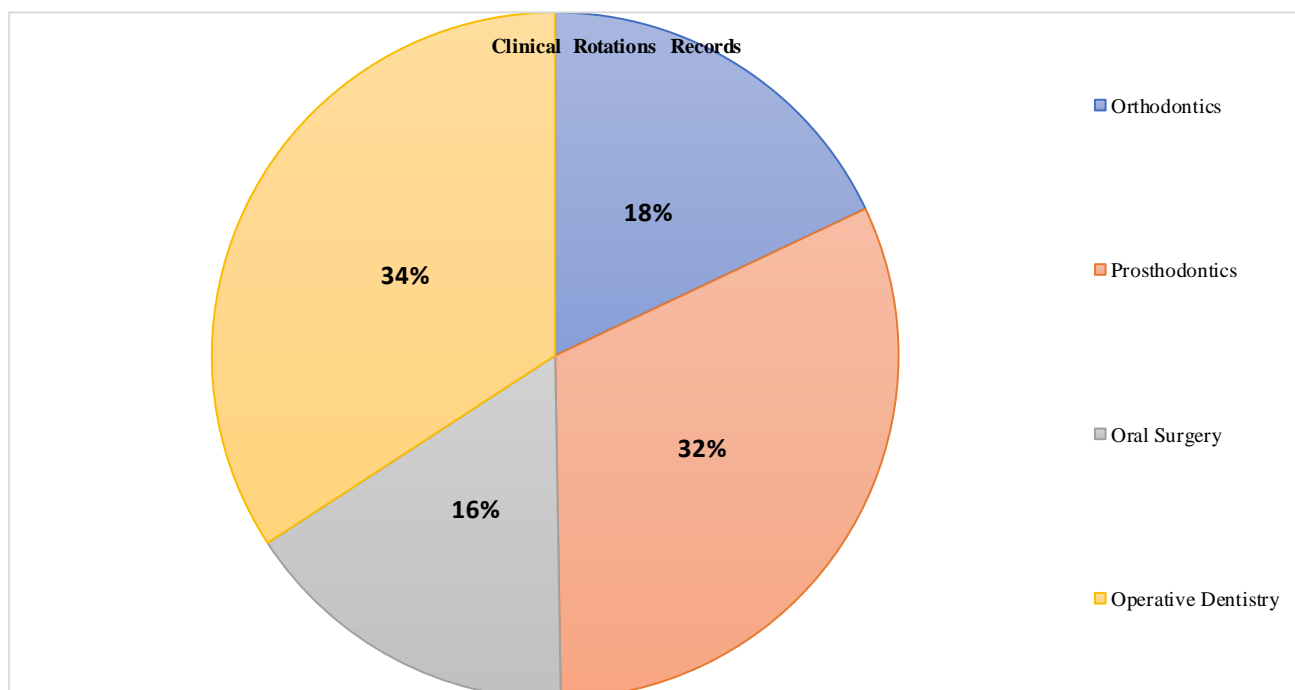


**Graph 13:** Total no. of lectures delivered by each department during session 2019 – 2020

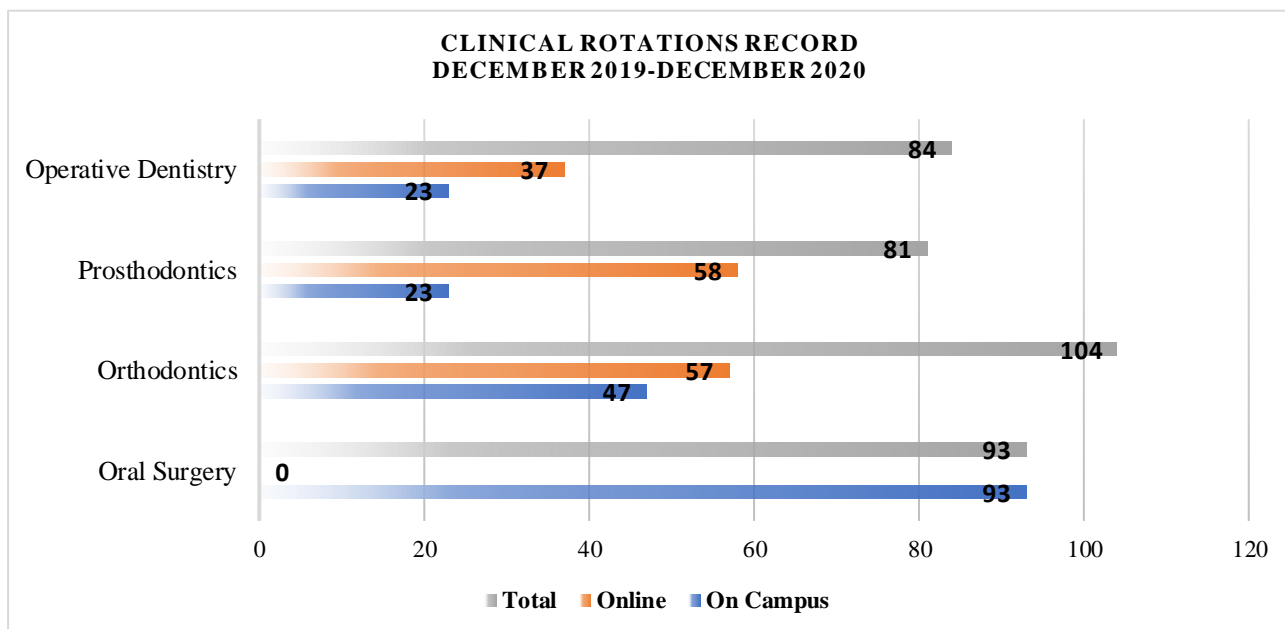




**Graph 14:** Total of Number Of Lectures Delivered In Campus & Online During Covid – 19 During session 2019-2020, total numbers of clinical sessions/rotations are conducted in following ratio by all four clinical departments. In this session, a few clinical sessions were conducted online because of Covid – 19 Pandemic (Graph 15 & 16).

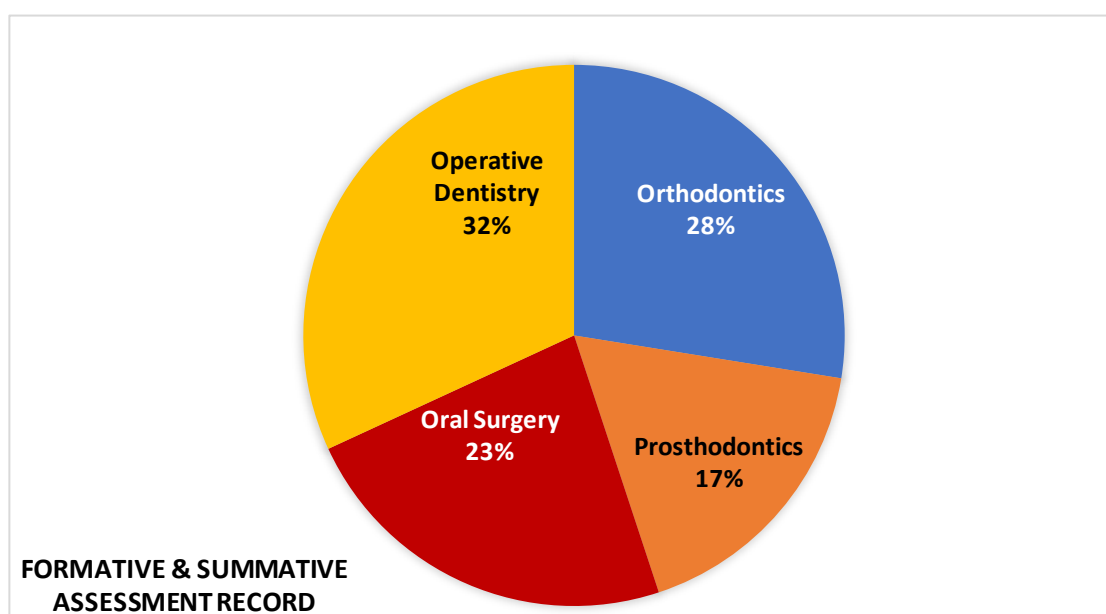


**Graph 15:** Overall Total No. Of Clinical Sessions Conducted By Every Department During Session 2019 – 2020

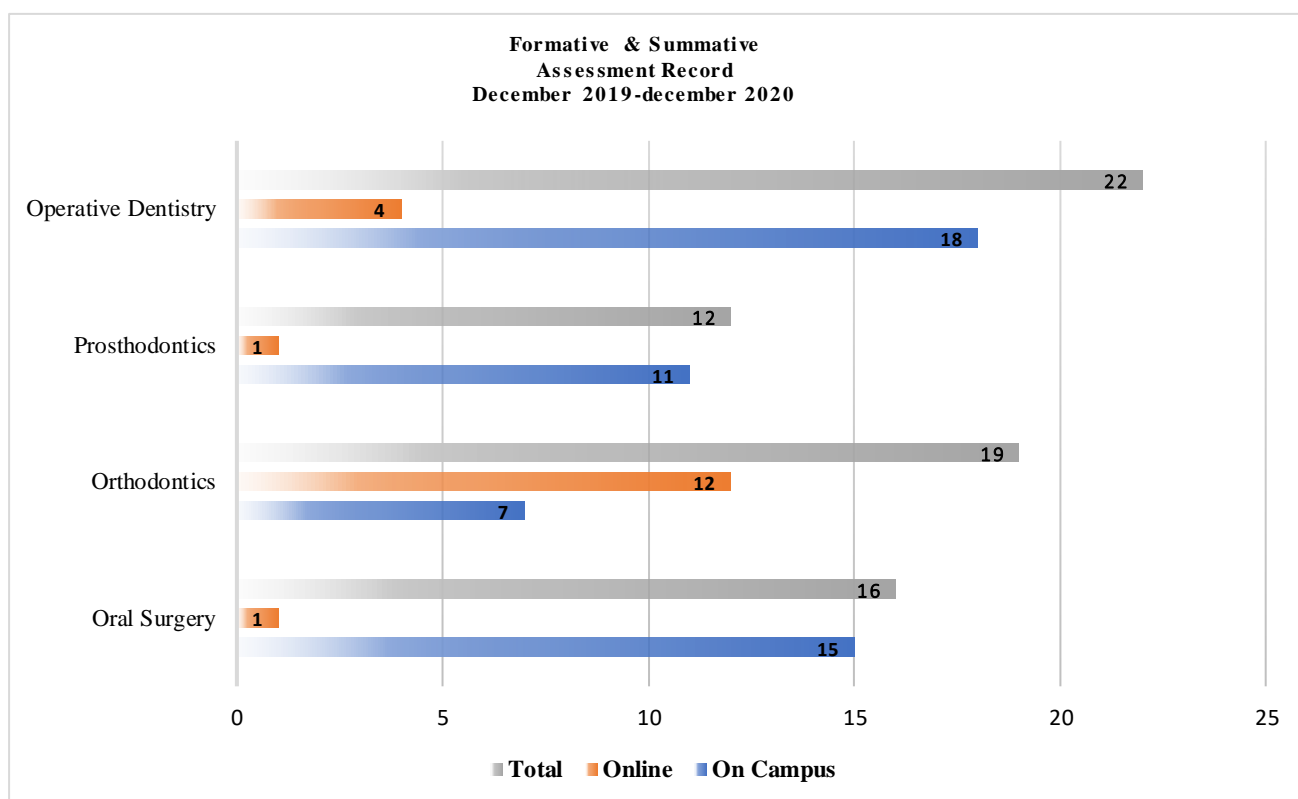


**Graph 16:** Total No. Of Clinical Sessions Conducted In Campus & Online During Covid – 19 During Session 2019 – 2020 By Every Department.

Formative & Summative Assessments are integral part of academics to judge the performance of students individually. During Session 2019-20, even though in tough time because of corona pandemic, Akhter Saeed dental college (final year faculty) successful conduct all month tests, mid-term exams and send up exams either physically or online according to plan. During session 2019-20 all four clinical departments of final year BDS conduct exams in the following ratio (Graph 17 & 18).



**Graph 17:** Overall Total No. Of Assessments Conducted By Every Final Year BDS Department



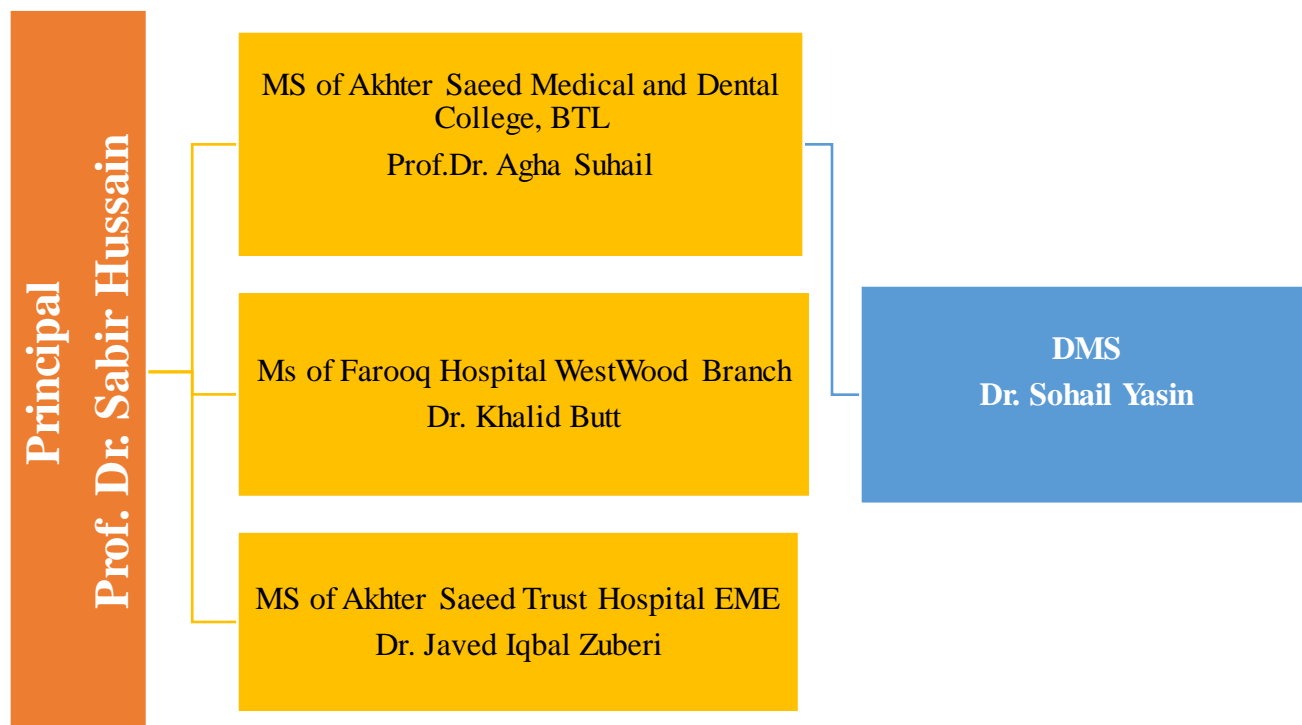
**Graph 18:** Total of no. of assessments, conducted in-campus & online during Covid – 19 during session 2019 – 2020 by every department

# **ANNUAL REPORT OF AKHTER SAEED DENTAL CLINICS/HOSPITALS**

**Prepared by**

*Dr. Sohail Yasin, Dr. Saira Butt, Dr. Rabia Chaudhary Dr. Ahmed Chaudhary,  
Dr. Mohammad Ahmed, Dr. Sadia Minhas*

## AKHTER SAEED DENTAL COLLEGE, CLINICS



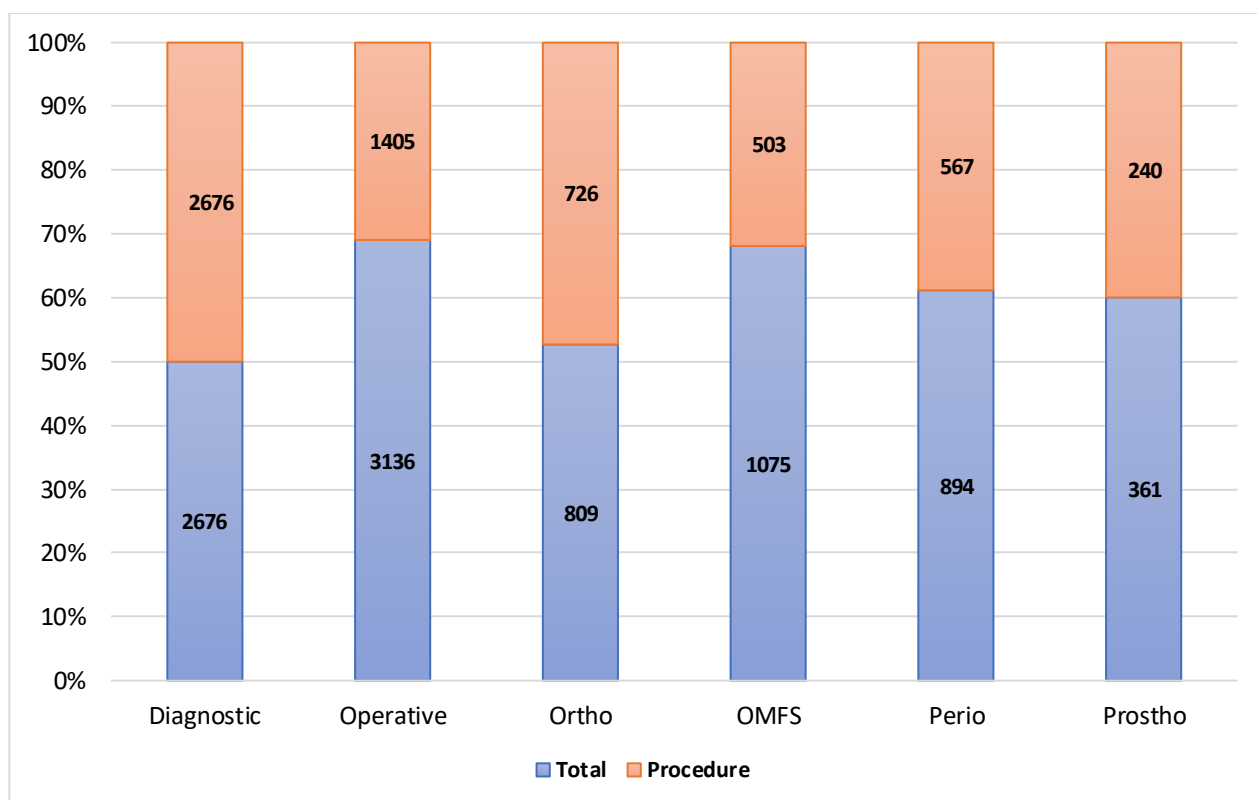
## AKHTER SAEED DENTAL CLINICS – BAHRIA TOWN

Dental Clinics of Akhtar Saeed medical & dental college Bahria town Lahore, were established in 2015 along with the dental section. The dental clinics work as a state-of-the-art facility within the premises of Bahria town serving the area and localities nearby. All dental procedures are carried out on chair side in the dental clinics while any major surgeries are referred to Farooq Hospital, Westwood branch. Annual report of OPD and Procedures for November, 2019 to November, 2020 is as follow:

DEPARTMENT	TOTAL NUMBER OF PATIENTS	PROCEDURES PERFORMED
<b>Operative Dentistry</b>	3136	1405
<b>Prosthodontics</b>	361	240
<b>Diagnostic</b>	2676	Referred to departments
<b>Orthodontics</b>	809	726
<b>Oral &amp; Maxillofacial Surgery</b>	1075	503
<b>Periodontology</b>	894	567

A number of latest dental procedures carried out in the dental section AMDC are as follows:

- Dental implants
- Cystectomy
- Zirconia crowns
- Lingual Orthodontics
- Endo Post



**Graph: 19** Number of OPD'S and Total number of Procedures Carried out from 2019- 2020

## FAROOQ HOSPITAL DENTAL CLINICS – WESTWOOD BRANCH

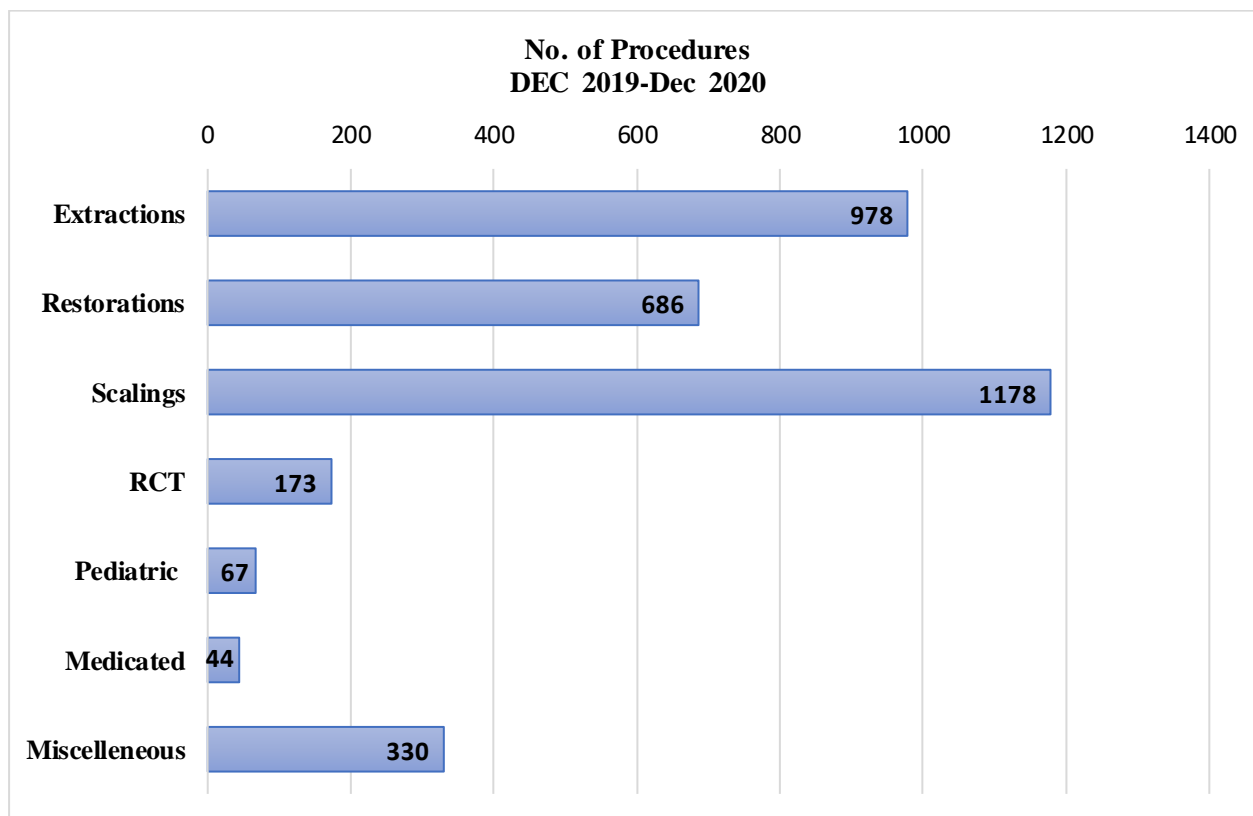
All types of dental services including cosmetic, endodontic, oral & maxillofacial, diagnostic, preventive, periodontal, and pediatric dentistry are being provided under the supervision of highly competent dental faculty.

All types of dental services including cosmetic, endodontic, oral & maxillofacial, diagnostic, preventive, periodontal, and pediatric dentistry are being provided under the supervision of highly competent dental faculty.

Farooq Hospital dental clinics were established in 2016 with the following objectives

1. Provide the highest quality dental care as an outstanding hospital through exceptional services to our community people in an environment of education, teaching and research.
2. Aware people on oral health so as to help in early diagnosis and treatment of disease at initial stages thus to limit the further complications.
3. Develop and train productive dental human resources as per nation's need to bridge the existing gap between professional dental service providers and the need of the people.

Ever since, Dental clinics in Farooq Hospital (Westwood branch) have been serving the community and also providing charitable services to the needy people of various communities.



**Graph: 20** Total Number of Patients Treated at West Wood Branch of Farooq Hospital

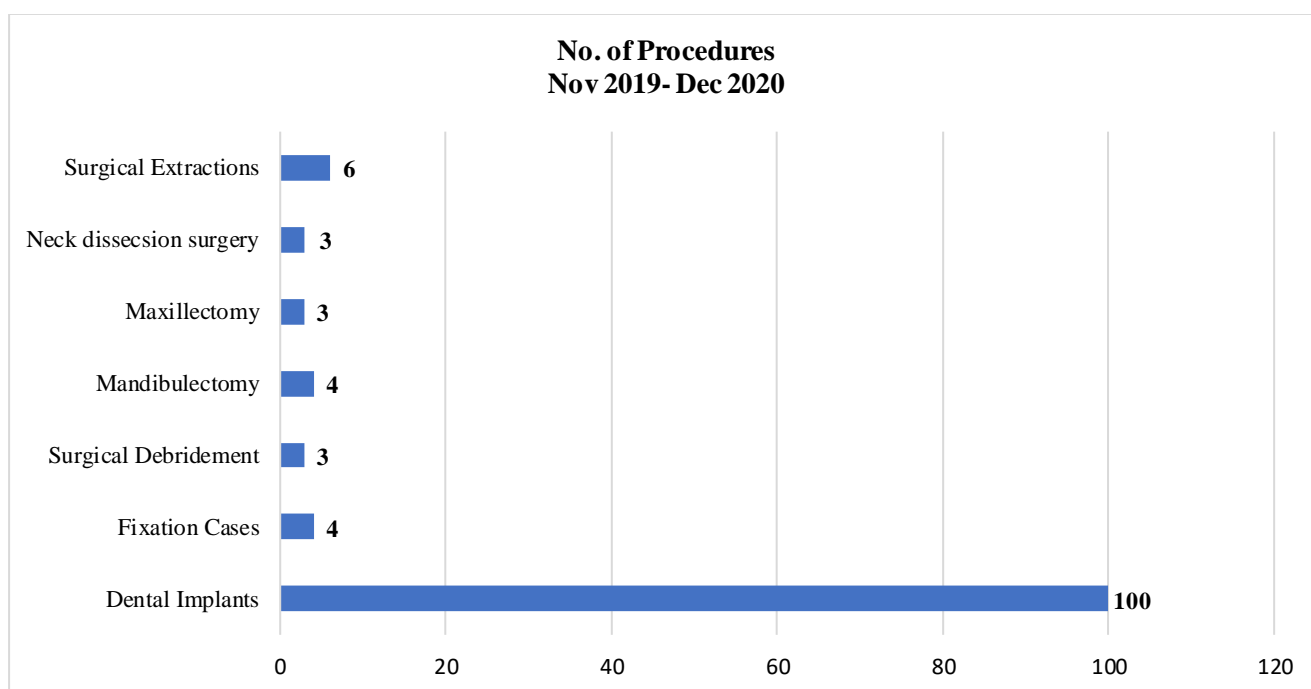




## FAROOQ HOSPITAL WESTWOOD BRANCH – MAXILLOFACIAL CENTER

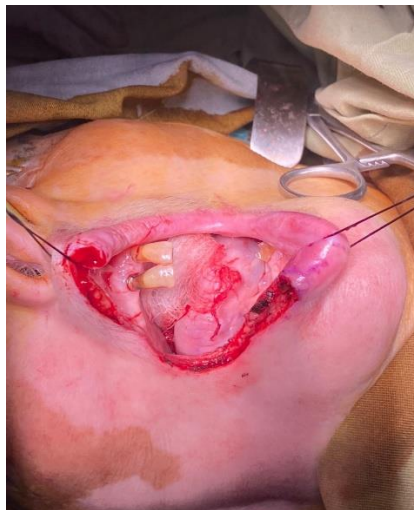
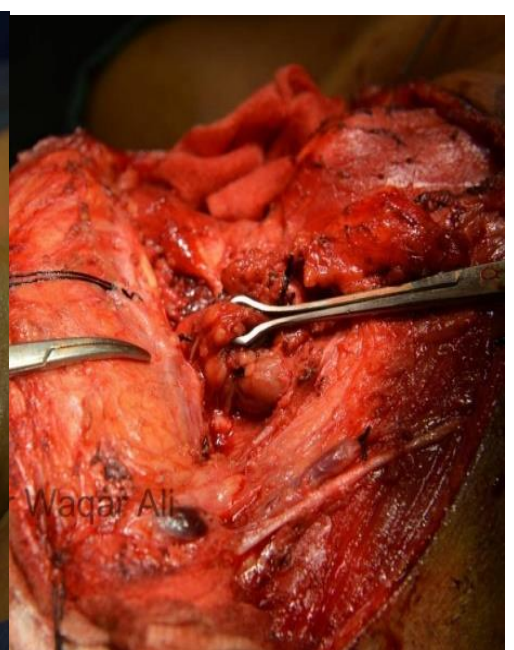
Oral and Maxillofacial Centre was established in Farooq Hospital Westwood Branch has been serving the community since 2017. It has been built with the objectives to fulfill the requirement of a state of an art Oral and Maxillofacial trauma centre within the vicinity. Our experienced Maxillofacial surgeons have been working tirelessly since its foundation. This centre also trains the undergraduate students who under the supervision of worthy supervisors acquire the required skills and knowledge. The department has following objectives:

1. Outpatient oral and maxillofacial surgery procedures including management of simple and surgical extractions and impacted teeth.
2. Management of patients under general anesthesia using inhalation anesthesia
3. Managing patient airway under general anesthesia
4. To diagnose, stage, and provide treatment for malignant head and neck tumors
5. Operative management of head and neck tumors including oral cancer and salivary gland disease
6. Management of the multi-system trauma patient at a Level I Trauma center
7. Management of wound care and wound healing.



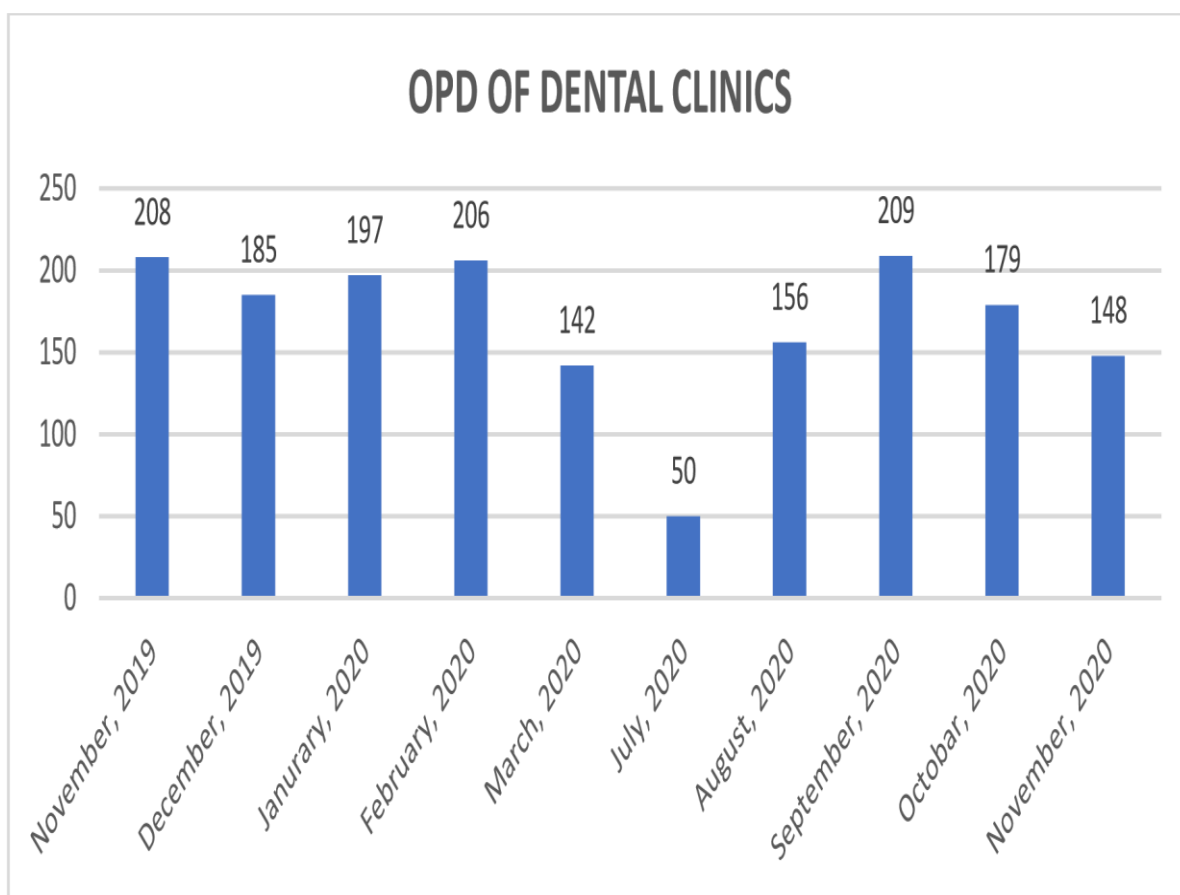
**Graph 21:** Total Number of Oral and Maxillofacial Procedures Performed at Farooq Dental Hospital Westwood Branch





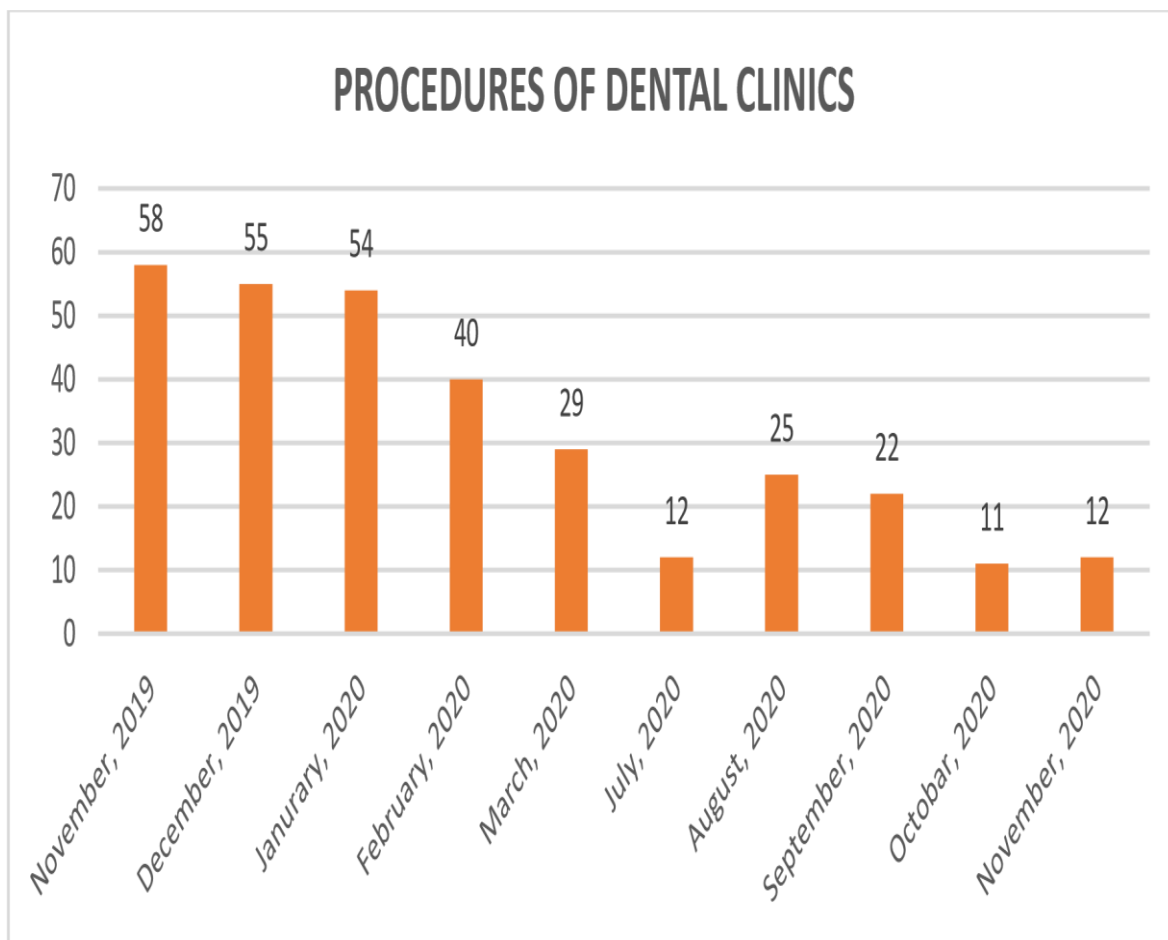
## FAROOQ HOSPITAL DENTAL CLINICS EME BRANCH

The dental clinic works as a welfare for society and all patients are treated free of cost. All minors' procedures are carried out on chair side in the dental clinic while any major procedures are referred to Akhtar Saeed Dental hospital, Bahria Town, where consultant treated the patient which is also free of cost. Annual report of OPD and Procedures for November, 2019 to November, 2020 is as:



**Graph 22:** Number of Dental OPDS Per Month in EME Dental Clinics

April, May and June 2020 are the affected months of pandemic (COVID – 19), in which dental OPD is completely shut down by government of Pakistan.



**Graph 23:** Number of Procedures Per Month in EME Dental Clinics

# **COMMUNITY AND PREVENTIVE PROGRAMS**

Prepared by

Dr. Nabeel Asghar & Dr. Sadia Minhas



## COMMUNITY AND PREVENTIVE DENTISTRY PROGRAM

### **MISSION:**

To lead and support the health professions of community in preparing future –ready oral Health Professionals.

### **GOALS:**

- Provide leadership on issues impacting dental education and health of the public.
- Develop and sustain an inclusive environment in which faculty, students and administration work together to create the future of dental education in an increasingly diverse and interconnected world.
- Drive innovation and advance excellence in learning and discovery to prepare graduates to be competent practioners and lifelong learners.

AMDC Community Outreach Program was established in 2015 and focused on the following key components:

- Provide Free Dental Consultancy
- Raise Dental and Oral Health Awareness
- Motivate to achieve optimum Oral Health
- Educate to identify & Prevent Oral Health Problem. The year 2019-2020 has been a very busy year for the AMDC Community Outreach Program and we have continued to grow by expanding our services in the areas we serve. This year we have worked in strengthening of all AMDC Community Outreach Projects by performing the following activities:
- Dental Camp at Qarshi Univeristy, Mohlanwal Road Lahore.
- Dental Camp at Peace School, Multan Road Lahore
- Punjab School Canal Gardens Lahore
- Nasho-o-Numa School Canal Gardens Lahore
- Mian Mehmood Fazal Memorial Hospital (Orient Factory) Multan Road Lahore.

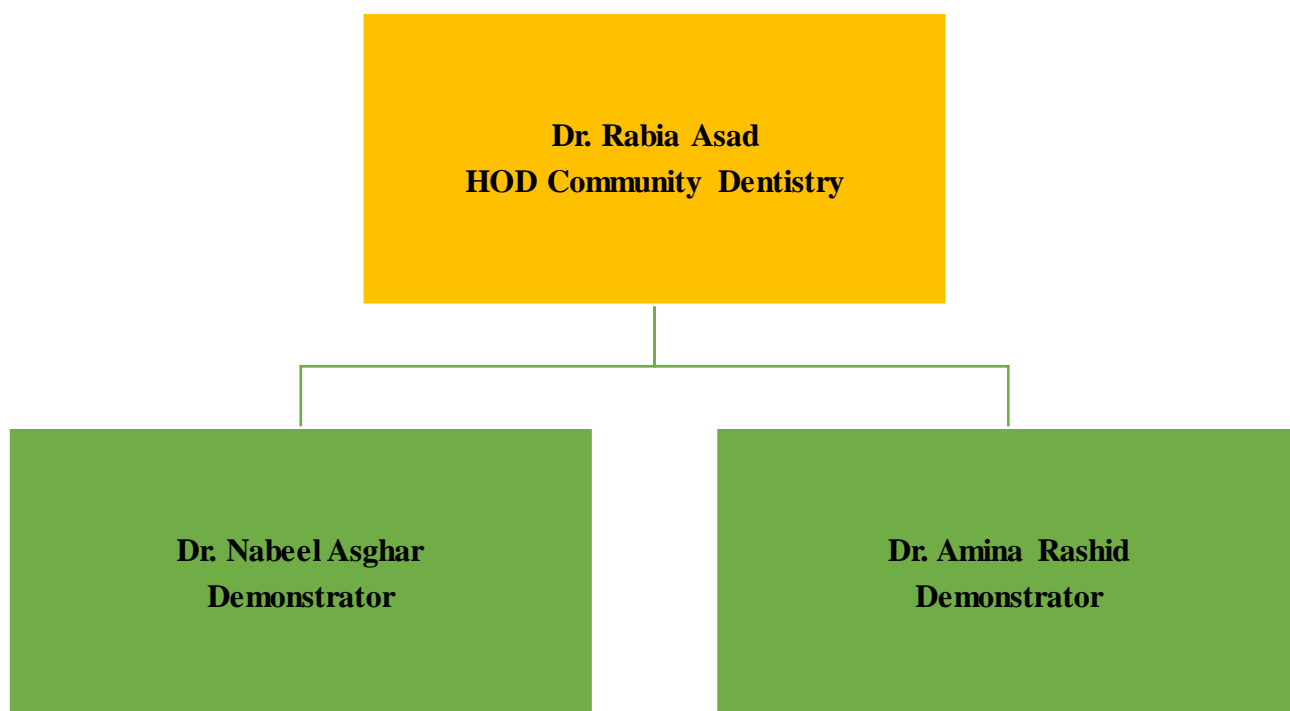
### **OBJECTIVES OF COMMUNITY & PREVENTIVE DENTISTRY DEPARTMENT:**

- The dental students will be able to address the main oral health problems of his community
- Suggests therapeutic, preventive and educational solutions for these problems.

- To act as a primary health care provider for individuals and group of patients. This includes emergency and multidisciplinary comprehensive oral health care , directing health promotion and disease prevention activities and using advanced treatment modalities.

To function effectively provide oral health care in the outpatient setting and a hospital setting. Moreover, we started a series of village visits in the vicinity of Bahria town Lahore, to accommodate the village people and provide our services free of cost. Village visits were discontinued due to COVID-19 from March 2020 till August 2020. Dental Camps at AMDC for villagers were organized in the month of September, October and November 2020.

### **ORGANOGRAM OF COMMUNITY AND PREVENTIVE DENTISTRY PROGRAM**





## QARSHI UNIVERSITY VISIT



## MIAN MAHMOOD FAZAL MEMORIAL HOSPITAL



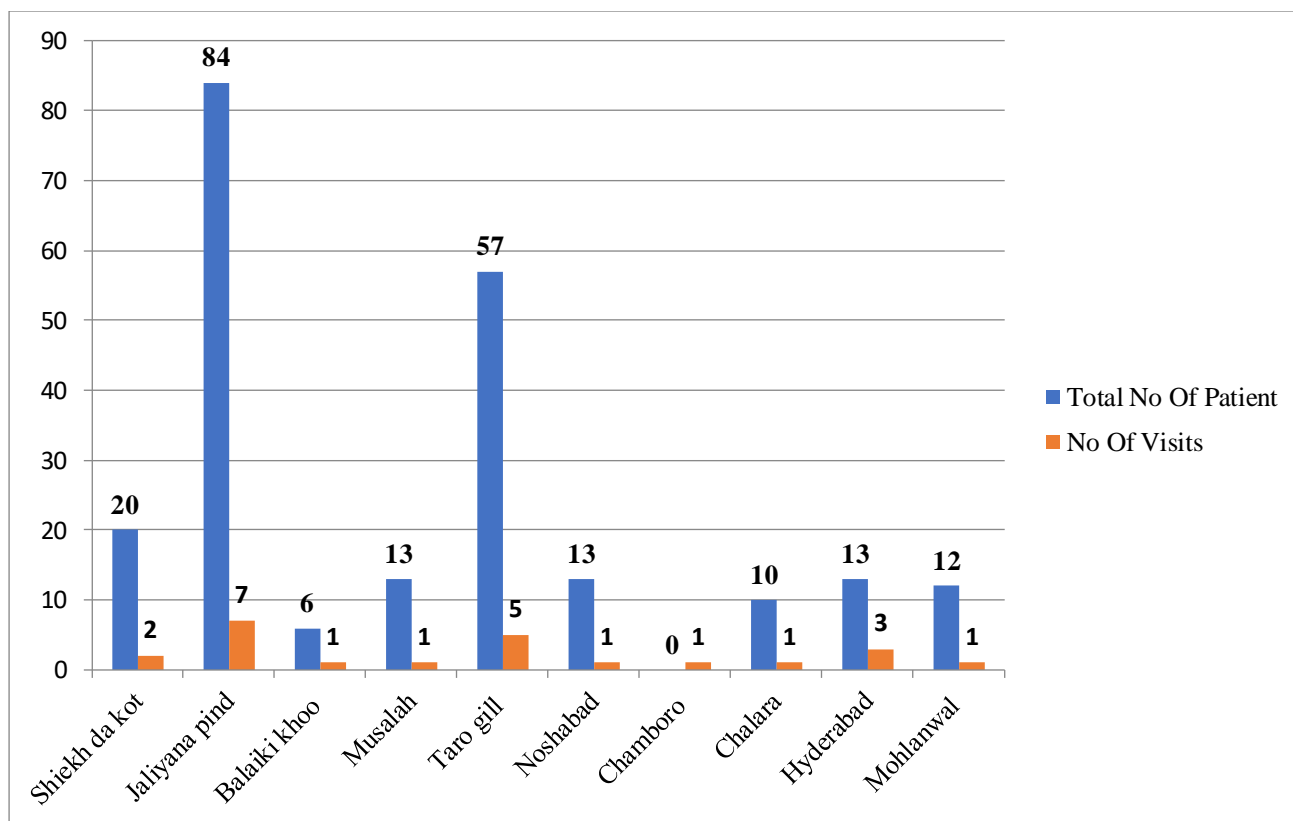
## THE PUNJAB SCHOOL



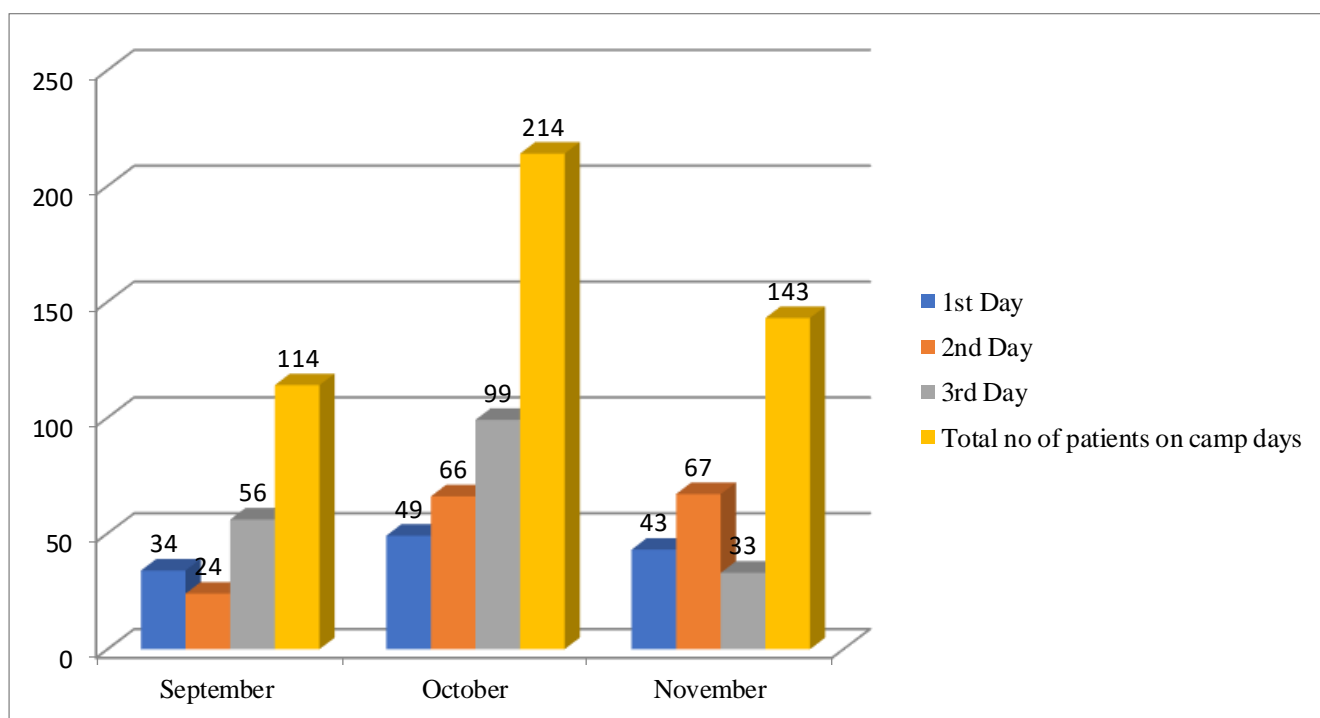
## DENTAL CAMPS AT AMDC







**Graph 24:** The Chart Shows the Average Number of Village Patients That Were Provided with Dental Treatment From Various Villages



**Graph 25:** The Bar Graph Shows the Total Number of Patients on Each Respective Days of Dental Camps



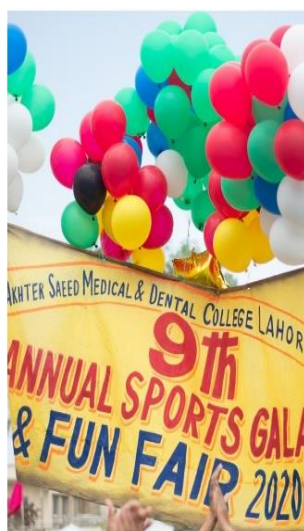
# ***EXTRA-CURRICULAR ACTIVITIES***

***Prepared by***

***Dr. Talal, Dr. Neelum & Dr. Sadia Minhas***



## OPENING CEREMONY & FUNFAIR





## THEME WALK





## SPORTS





## QIRAT& NAAT COMPETITION

The **QIRAT AND NAAT COMPETITION** was held in the college auditorium on **2<sup>nd</sup> of March 2020**. It was a unique and surprising event as the blend of Science and Sufism was unravelled. The students expressed recitations in a soulful way. The participants mesmerized the audience with their melodious voice. The respected judges for this religious event were Prof. Dr. Hamid Javed, Prof. Dr. Saeed Anwar and Dr. Farooq Saeed Khan.



## ENGLISH & URDU DEBATE COMPETITION

The *english and urdu debate competition* was held on *3<sup>rd</sup> of March 2020*. Debates are a social way of stating your point of view on a particular topic. In order to offer this opportunity to the students, English and Urdu debate competition was organized by the AMDC debate society. The students participated in this competition actively and expressed their views in both political and logical way defending their arguments with knowledgeable facts. The respected judges for this event were Prof. dr. Hamid Javed, Prof. Dr. Laiq Hussain, Prof. Dr. Tariq Waseem and Dr. Shahid Hanif.





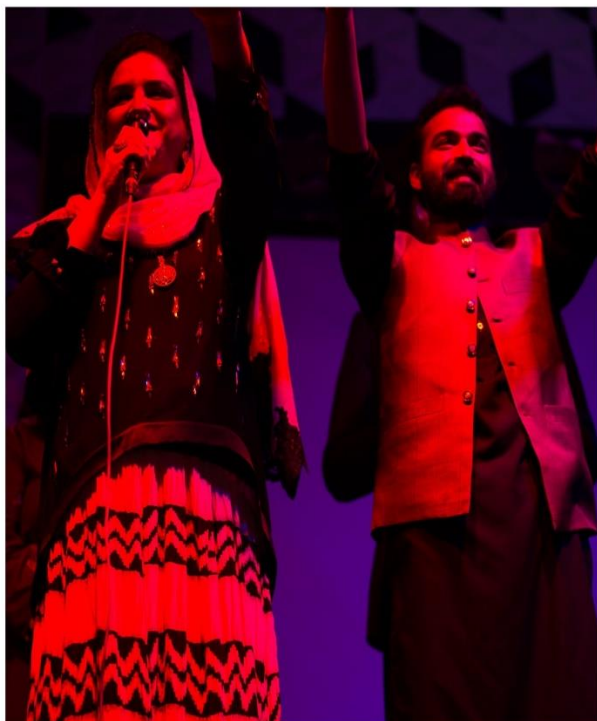
## DRAMA COMPETITION

The Drama Competition serves as a platform for students to endorse and show creative ideas in their work. Different groups of students from all the classes presented their artistic performances adopting various themes and also addressing current issues we are facing as a society. The respected judges for this event were Prof. Dr. Maleeha Aslam, Prof. Dr. Iram Manzoor and Prof. Dr. Atika Masood.



## BONE FIRE

The Annual Bonfire and Gala Night took place on **6<sup>th</sup> March 2020**. It was a night which was full of fun where young students enjoyed to their best, they sang, they danced and gathered in front of the fire





## THEME DAYS

Theme days tradition was started in 2019 where the outgoing final year BDS dressed themselves in different attires to celebrate their golden week in the college. This tradition brings out the fun and entertainment where everyone enjoys themselves





## RECREATIONAL TRIPS

Recreational trip to *Mushkpuri top* was arranged for the students allowing them to indulge in the beauty of nature and appreciate the companionship and togetherness. These field trips are integral for self-awareness, concentration and personal confidence. “A mind that is stretched by a new experience can never go back to its old dimensions.”





## COLOR DAYS

Last week of final year was Celebrated as a Color Week which encourages everyone to display their team spirit. The final year student dressed in **Red, Yellow, Pink, Blue and Black** colors.



# **FACULTY DEVELOPMENT PROGRAMS**

**Prepared by**

**Dr. Sadia Minhas, Dr. Sana Ijaz and Dr. Iqra**

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## CLINICO-PROFESSIONAL CONFERENCE

Medical conferences are incredibly useful for any medical professional. They offer invaluable time to speak with fellow practitioners, as well as showing you new innovations in your field. You will be able to both receive and give advice on your chosen area of expertise.

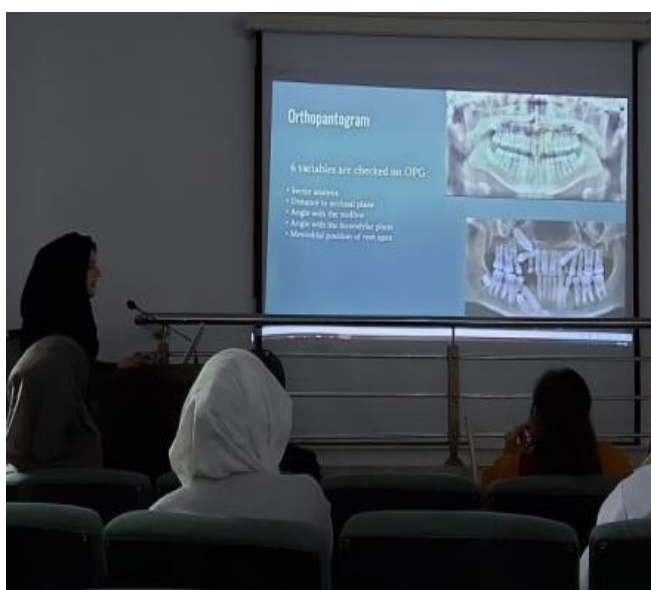
Clinico-professional conference has been implemented in Akhter Saeed Dental College since **2016**. The Clinico-professional conference is conducted twice in a month (Friday). All the faculty members and house officers use to participate in this activity. This activity is completely for demonstrators to enhance their teaching skills.



## CLINICO-PATHOLOGICAL CONFERENCE

Clinico-Pathological Conference (CPC) is a great educational tool as it gives the students an opportunity to review and debate among themselves the differential diagnosis, prognosis and treatment of a patient as described in a case presentation.

After the induction of house officers of our pioneer batch in **2019** Akhter Saeed Medical and Dental college have been practicing these clinic pathological conferences twice a month. The CPC is presented by the House officers and supervised by the respective head of department in which every department present their cases. The process involves case presentation, diagnostic data, discussion of differential diagnosis, logically narrowing the list to few selected probable diagnoses and eventually reaching a final diagnosis and its brief discussion. The presenter at the final session of CPC discusses how the diagnosis is confirmed and also provides details regarding the case outcome.



## INFECTION CONTROL AND PREVENTION WORKSHOPS

According to **World Health Organization** infection prevention and control is a scientific approach and practical solution designed to prevent harm caused by infection to patients and health workers. This approach is grounded in infectious diseases, epidemiology, social science and health system strengthening. IPC occupies a unique position in the field of patient's safety, quality and universal health coverage. The dental college **infection and prevention control** committee was constituted in 2018 which is headed by **Dr. Ali Raza**

Infection, prevention and control (IPC) is a practical evidence-based approach which prevents health care workers and patients from being harmed by avoidable infection.

AMDC organized the hands-on training workshop dated **15 September 2020** to familiarize the faculty members and the paramedical staff on how to protect the patient and health care personnel from infection. There were *15 faculty members* who participated in this workshop which consisted of 2 components

- Lecture/hands on training
- Mock exam and assessment followed by UHS accredited certification.
- Infection control team guided about the standard precautions like hand hygiene, use of PPE, respiratory hygiene/cough etiquette, sharp safety, safe injection practices and sterilization of instruments.

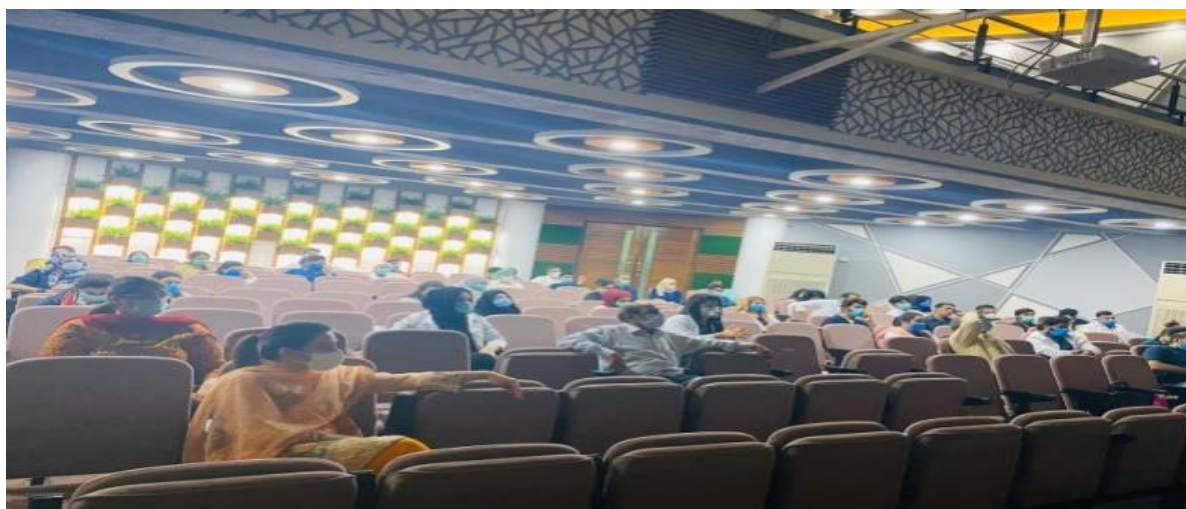




## COVID-19 SYMPOSIUM

Coronavirus disease 2019 was declared a pandemic by the world health organization in early March 2020. Globally extraordinary measures are being adopted to combat the formidable spread of the ongoing outbreak under such conditions people's adherence to preventive measures is greatly affected by their awareness of disease. There is an urgent need of regular educational interventions and training programmes on COVID-19 infection control practices among health care workers. The importance of such trainings is to decrease the risk of transmission of infection to health care workers and dental students as well as provide optimal health care services to the patients.

For this the Covid-19 surveillance committee has been constituted in **2020**. The committee is headed by **Prof. Col. Dr. Iffat Batool**. The first COVID-19 symposium was conducted on **28<sup>th</sup> September 2020** on "COVID-19 AWARENESS and SOP'S". The symposium was conducted by **Prof. Col. Dr. Iffat Batool** in which she addressed the AMDC dental faculty about the COVID-19 history, its route of transmission and how to prevent this by following SOP's.



## WASTE MANAGEMENT WORKSHOP

Waste management or waste disposal includes the activities and actions required to manage waste from its inception to its final disposal. This includes the collection, transport, treatment and disposal of waste, together with monitoring and regulation of waste management process and waste related laws, technologies, economic mechanisms.

The Waste management committee will come under the umbrella of “Infection Control Committee” which is chaired by Associate Waste management or waste disposal includes the activities and actions required to manage waste from its inception to its final disposal. This includes the collection, transport, treatment and disposal of waste, together with monitoring and regulation of waste management process and waste related laws, technologies, economic mechanisms.

The Waste management committee will come under the umbrella of “Infection Control Committee” which is chaired by Associate Professor “**Dr. Ali Raza**”

**Waste management workshop** was conducted by *Prof. Dr Fawad Roy* on *30<sup>th</sup> January 2020* in Akhtar Saeed Medical and Dental College. All dental faculty and dental staff participated in the workshop. This workshop will offer a timely chance for knowledge exchange among dental faculty to aid the design of a cost-effective and effective workable waste management agenda. *Prof. Dr. Fawad Roy* address the participants and provide information about Identifying and characterizing hazardous wastes; Managing hazardous waste in the laboratory or other workspace; Waste collection procedures and Waste minimization practices.





## FACULTY RE-CREATIONAL TRIPS 2020

Mental wellness is essential to general physical health. Participating in **recreational activities** aids in managing stress. Taking time to cherish oneself offers a sense of balance and self-esteem, which can straightly decrease depression and anxiety. The trip to the recreation site is important for the recreation experience and the objective is to minimize the travelling time but to optimize the recreation time.

The AMDC provides an opportunity to the faculty for one day trip to any re-creational site annually. In **December 2019** the AMDC dental college faculty arrange a trip to **“Gurdwara Janam Asthan”** also referred to as Gurdwara Nankana Sahib, is a highly revered gurdwara that was built at the site where the founder of Sikhism, Guru Nanak, was believed to be born. The shrine is located in the city of Nankana Sahib, near the city of Lahore in the Pakistani province of Punjab. All the dental faculty members fully enjoyed this trip.



# **HIGH LIGHT OF AKHTER SAEED DENTAL COLLEGE (2020)**

**Prepared by  
Dr. Sadia Minhas**

## WHITE COAT CEREMONY 2020

The white coat ceremony is an important ritual that welcomes students, families and their mentors to the practice of medicine and elevates the value of humanism as the core of health care. This right of passage is symbolic and a constant reminder of our professional duties to our patients. It is the symbol of care, Professionalism, hope respect, duty honour and responsibility

Wearing a white coat for the rest of your life confers a sense of responsibility and privilege that, to me and most of us who are physicians actually imparts sense of anxiety most days at the enormity of our task and the constant search to get it right.

The white coat ceremony was held on **14 Jan 2020** in our prestigious college Akhtar Saeed Medical and Dental college. The ceremony was started with the name of Allah and followed by the addresses of Chairman, Principal, Vice Principal and Dean of Basic Sciences. The Ceremony was hosted by Associate Prof. Dr. Sadia Minhas.





## HOUSE JOB CEREMONY 2020

House job is an important year of the clinical experience under supervision before the start of the own practice as a physician. They were asked to fill it up according to their competency level at the beginning and end of their jobs.

It is a supervised period spent in different specialities, following the completion of graduation required from PMDC. During house-job, the house officer should be an active learner, achieving learning outcomes independently demonstrating a variety of exposure to a wide variety of medical and surgical departments to learn variety of professional skills considered essential for working in the healthcare system.



# **DEVELOPMENTAL HIGHLIGHTS**

**Prepared by  
Dr. Sadia Minhas**

## PROFESSOR

### DR. COL. IFFAT BATOOL

BDS, MCPS, FCPS(PAK), FCPS(BD), MCPS(HCSM), MCPS(HPE)s, M-ORTH. RCSED(UK), C-ORTH(NYU)USA, FICD C-Ling Ortho (Germany).



She is renowned figure in the global dental fraternity owing to her dedication to the profession over past three decades. She has professionally been affiliated with Pak Army as an orthodontist, faculty and examiner with a multitude of dental education facilities including demont'morency College of Dentistry, Army medical college Rawalpindi, and CMH Lahore. Currently she is the dean of AMDC. She is a supervisor as well as the examiner of both undergraduates and postgraduates associated with UHS and CPSP where she also serves as the secretary faculty of orthodontics. She is the chairperson of synopsis review committee for the postgraduate studies at orthodontics at UHS. She is the active member of medical education at CPSP.

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## ASSOCIATE PROFESSOR

### DR. AGHA SUHAIL

BDS. MCPS

Operative Dentistry

2003 Senior Registrar LMDC Lahore

2009 Assistant Professor MMDC Multan HoD Operative Dentistry

2013 Associate Professor UMDC Faisalabad HoD Operative Dentistry & Director Academics Dentistry

2019 Associate Professor AMDC Lahore & MS ASDH





## **ACHIEVEMENTS**

**Prepared by**  
**Dr. Sana Ijaz, Dr. Iqra and Dr. Sadia Minhas**

## RECOGNITION OF ORTHODONTIC DEPARTMENT BY COLLEGE OF PHYSICIAN AND SURGEONS

The orthodontic department of Akhtar Saeed Medical and Dental college is spearheading the path of clinical excellence built on a strong foundation of evidence-based orthodontics. The department is also pioneering research in clinical case-based orthodontics. Our team is pursuing scientific excellence through research and education, which acknowledges the significance of providing correct dental care and the aim to grow together.

### ***Prof. Col Dr. Iffat Batool Syed***

BDS, MCPS, FCPS(PAK), FCPS(BD), MCPS(HCSM), MCPS(HPE)s, M-ORTH. RCSED(UK), C-ORTH(NYU)USA, FICD C-Ling Ortho (Germany).

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## Publications

- 1) Arooj, Z., Manzoor, S., Raza, M., Farooq, M.S., Majid, H.M. and **Sarfraz, Z.**, TEMPERATURE DEPENDENT DIMENSIONAL CHANGES OF COMPOSITES WITH LOW FILLER CONTENT.
- 2) AlSubaie, A.A., **Sarfraz, Z.**, AlAli, A.A., AlEssa, A.E., Subaie, H.A.A., Shah, A.T. and Khan, A.S., 2019. Effect of nano-zinc oxide and fluoride-doped bioactive glass-based dentifrices on esthetic restorations. *Dental and medical problems*, 56(1), pp.59-65.
- 3) **Minhas, S., Sajjad, A.**, Chaudhry, R., Zahid, H., **Shahid, A.** and Kashif, M., 2020. Assessment and Prevalence of Concomitant Chemo-Radiotherapy-Induced Oral Mucositis in Patients with Oral Squamous Cell Carcinoma. *Turkish Journal of Medical Sciences*.
- 4) **Minhas, S.**, Chaudhry, R.M., Rehman, Z., Butt, S., Tariq, Q. And Hussain, S., 2020. online opinion on government policies regarding COVID-19 by health care workers of Pakistan. *Journal of Akhtar Saeed Medical & Dental College*; 02; 2020.
- 5) **Minhas, S.**, Chaudhry, R.M., **Sajjad, A.**, Manzoor, I., Masood, A. and Kashif, M., 2020. Corona pandemic: awareness of health care providers in Pakistan. *AIMS public health*, 7(3), p.548.
- 6) Muhammad Kashif, Muhammad Aamir, **Sadia Minhas**, Romeeza Tahir, Shah Jahan, Nadeem Afzal., 2020. Myths and Facts: Chloroquine May be a Potential Supportive/ Therapeutic Drug in COVID-19 Treatment. Preprints 2020, 2020040341.
- 7) **Chaudhry, R.M.**, Hanif, A., Chaudhary, M. and **Minhas, S.**, 2020. Coronavirus Disease 2019 (COVID-19): Forecast of an Emerging Urgency in Pakistan. *Cureus*, 12(5).
- 8) **Sajjad, A.**, Raza, M.Q., Sajjad, S.Z., Sarwar, S.S. and **Minhas, S.**, 2020. Effectiveness of crystal violet stain for localization of mitotic activity in oral squamous cell carcinoma. *Journal of Fatima Jinnah Medical University*, 13(4), pp. 166-169.
- 9) **Minhas, S., Sajjad, A.**, Kashif, M., Rehman, Z., Idrees, M. and Ansari, F., 2020. Cervical cancer vaccination awareness and acceptance among the females of Punjab, Pakistan. *Makara Journal of Health Research*, 24(1), p.8.
- 10) Ikram ul Haq, Muhammad Bilal Farooq, Saima Pervaiz, Nudrat Fayyaz, **Aniqa Sajjad, Minhas, S.**, 2020. Evaluation of C-reactive protein titer in patients with chronic hepatitis C Viral infection. *International Medical Journal*; 25; 03.
- 11) **Minhas S, Sajjad A**, Kashif M, Taj F, Alwadaani H, Khurshid Z., 2019. Oral Ulcers Presentation in Systemic Diseases: An Update. Open Access *Maced J Med Sci*;7(19):3341-7. Available from: <https://www.id-press.eu/mjms/article/view/oamjms.2019.689>.
- 12) **Sajjad, A.**, Sajjad, S.Z., **Minhas, S.**, Kashif, M., Samad, A., Sajid, K.A., Hasan, M. and Qureshi, I.U.D., 2019. Efficiency of Crystal Violet Stain to Study Mitotic Figures in Oral Epithelial Dysplasia. *Open access Macedonian journal of medical sciences*, 7(10), p.1576.