

Curriculum vitae

PERSONAL INFORMATION

Dr. Maryam Rashid

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CNIC: 37405-4083356-8

Husband's name: Prof. Dr Muhammad Rashid Siraj (F.C.P.S Surgery)

Sex Female | Date of birth 09 May 1980 | Nationality Pakistani

OBJECTIVES

- To achieve targets passionately for which I am responsible.
- To use my creative skills for the betterment of the institute where I serve.
- To seek a challenging position with grown opportunities in a competitive organization.

WORK EXPERIENCE/ TRAINING

Feb 2019–Till date	Working as Professor of Pharmacology at Akhtar Saeed Medical & Dental College, Tulip Block Sector C, Bahria Town, Lahore (Pakistan).
Dec 2016–Feb 2019	Associate Professor of Pharmacology at Akhtar Saeed Medical & Dental College.
Nov 2011–Dec 2016	Assistant Professor of Pharmacology at Akhtar Saeed Medical & Dental College.
03 Aug 2010-02 Nov 2011	Assistant Professor at University College of Medicine and Dentistry, UOL , Lahore, Pakistan.
18 May 2009-18 July 2010	Senior Demonstrator at Sharif Medical and Dental College,Lahore.
2011-2017	Ph.D (Pharmacology).
2007-2009	M.Phil (Pharmacology).
01 Jan 2004-30 April 2004	House Physician at Rawalpindi General Hospital, Pakistan.
01 April 2004-30 Jun 2004	House Physician at Rawalpindi General Hospital, Pakistan.
01 Jan 2003-31 Dec 2003	House Physician at Rawalpindi General Hospital, Pakistan.

EDUCATION

Year 2017	Ph.D (Pharmacology) University of Health Sciences (U.H.S), Lahore (Pakistan)
Year 2010	M.Phil (Pharmacology) University of Health Sciences (U.H.S), Lahore (Pakistan)
Year 2002	M.B.B.S Rawalpindi Medical College (R.M.C), Pakistan.
Year 1997	F.Sc Islamabad College for Girls (I.C.G F-6/2)

Curriculum vitae

Year 1995 **Matric**
Islamabad College for Girls (I.C.G F-6/2)

CERTIFICATION AND ACHIEVEMENTS

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| Certificate | 1. Certificate in Medical Teaching Program (Batch 5th 2016) UHS |
| Research Topic | 2. RESEARCH TOPIC IN MPHIL: "In vitro anti-bacterial activity of Punica granatum (Pomegranate) against Salmonella typhi." |
| Research Topic | 3. RESEARCH TOPIC IN PhD: "SLC22A1 and SLC22A2 Gene Polymorphisms and Response to Metformin in Type II Diabetic Patients" |

RESEARCH PAPERS

Original Article:

- Hannan A, Shabbir A, Jehangir HM, Barkaat M, **Rashid M**, Ahsan U. In vitro antimicrobial activity of propolis (bee glue) against pigmented anaerobic periodontal pathogens. *Planta Med*, 2009; 75:1072. Georg ThiemeVerlag KG Stuttgart New York.
- Hannan A, **Rashid M**, Shabbir A, Barkaat M, Saleem S, Hafeez A. Anti-typhoid potential of Punicagranatum (Pomegranate) - An in vitro study. *Planta Med*, 2009; 75:1072. Georg ThiemeVerlag KG Stuttgart New York.
- Hannan A, Hafeez A, Chaudary S, **Rashid M**. Rapid confirmation of tuberculous meningitis in children by liquid culture media. *J.Ayub Med Coll Abbottabad*. 2010 Oct-Dec; 22 (4): 171-5.
- Maryam Rashid**, Ambreen Shabbir, Rabiea Bilal, Amna Hafeez, Abdul Hannan. Antityphoid Activity of Peel, Pericarp and Fruit Extracts of Punica Granatum in vitro. *PJMHS* 2013; 7 (2)
- Bilal R, Zakariya M, **Rashid M**, Latif W. Comparison of antihyperlipidemic activity of Eugenia jambolana fruit with Punica granatum fruit in diet induced hyperlipidemic rats. *PAFMJ/1/2552*; 2015
- Wali Dad, Nadia Naseem, **Maryam Rashid**, A.H Nagi. Clinical lesions of oral mucosa in type 2 diabetes mellitus. *PJMHS Vol 9, issue 1, Jan-March 2015*
- Ambreen Shabbir , **Maryam Rashid** , Hamid N. Tipu Propolis, A Hope for the future in treating resistant periodontal pathogens. *Cureus* 2016; 8(7)
- Rabiea Bilal, Saba Tariq, **Maryam Rashid**, Waqas Latif, Saadia Noreen. Comparison Of Hepatoprotective Activity Of *Eugenia Jambolana* Fruit With *Punica Granatum* Fruit In Diet Induced Hyperlipidemic Rats. *JUMDC Vol. 8, Issue 1, January-March 2017*
- Hira Kareem, **Maryam Rashid**, Nadia Naseem and A. H. Nagi. Herbal Kushta of Cuprous oxide as a Nephrotoxic Agent - An Experimental Study. *Merit Research Journal of Medicine and Medical Sciences (ISSN: 2354-323X) Vol. 6(11) pp. 387-391, November, 2018*
- Abdullah Abdo Albegali, Muhammad Shahzad, Ikram Ullah, Saqib Mahmood, **Maryam Rashid**. Association of genetic polymorphism of *PC-1* gene (rs1044498 Lys121Gln) with insulin-resistant type 2 diabetes mellitus in Punjabi Population of Pakistan. *Mol Genet Genomic Med*. 2019; e775. <https://doi.org/10.1002/>
- Maryam Rashid**, Muhammad Shahzad, Khurshid Khan, Saqib Mahmood: A Study of Variability in the Therapeutic Response of Metformin Treatment in Patients with Type 2 Diabetes Mellitus. *Pak J Med Sci* January - February 2019 Vol. 35 No. 1
- Talha Laique, Naseem Saud, Asia Firdous, Ayesha, Ahmad, Kamil Shujaat, Ayesha Babar and **Maryam Rashid** Clinical Outcomes in Patients with Multi Drug Resistant Pulmonary Tuberculosis

after Fixed Dose Combination Therapy of Anti-Tuberculous Drugs. Biomedica -Vol. 35, Issue 4, 2019

13. **Maryam Rashid**, Neelofar Yousaf Warraich, Talha Laique, Kamil Shujaat, Sadaf Zawar, Aqsa Munir. Reasons of non-compliance to metformin among type 2 diabetics attending diabetic clinic in lahore. JAMDC. 2019. Vol 01(3): p 111-116.
14. Talha laiue, Asia Firdous, Anum Ashraf, Ayesha Ahmad, Hummad Hussain, **Maryam Rashid**. Development and Validation of HPLC method for finding Isoniazid plasma levels in TB Patients with its Quantification in FDC Therapy. PJMHS Vol. 13, No. 3, Jul –Sep 2019 674
15. Safeena Sidiq, Naseem Saud, Talha Laique, Kashif Butt, Ayesha Ahmad, Qaiser Jabeen, **Maryam Rashid**. Hepatoprotective Effect by Methanolic Extract of Dinothermium tacnitorium in Albino rats. PJMHS Vol. 13, No. 4, Oct –Dec 2019
16. **Maryam Rashid**, Mah-e-Noor Zahra, Neelofar Yousaf Warraich, Mariyam Iftikhar Piracha, Fariha Ahmad .An Update: Role Of Phytochemicals In The Treatment Of Covid 19. JAMDC. 2020; [Special Issue].
(In process of publication)

Case Reports:

17. **Maryam Rashid**, Aysha Babar, Jahanzeb Maqsood, Syed Saif-ur Rehman, Shujaat Hussain. Pyrexia of unknown origin review of literature and case report an uncommon cause (hepatic tuberculosis). Isra Med J Oct - Dec 2015; 7(4):230-2.
18. **Maryam Rashid**, Aysha Babar, Syed Saif Ur Rehaman, Kamil Shujaat, Shujaat Hussain Pseudoxanthoma Elasticum, Gronblad-Strandberg Syndrome. Review of Literature And Case Report. Isra Med J July-Sep 2016; 8(3):187-9
19. **Maryam Rashid**, Aysha Babar, Muhammad Saeed Khan, Shujaat Hussain. Myasthenia Gravis a Case Report and a Review of Literature. Isra Med J Jan-Feb 2018; 10(1):53-5
20. **Maryam Rashid**, Aysha Babar, Jahanzeb Maqsood, Syed Saif-ur Rehman, Shujaat Hussain. Fixed Drug Eruptions Due to Salicylates: Review of Literature and a Case Report. Isra Med J 2016; 8(1): 64-66

View Points:

21. **Rashid M**. Laique T. Piracha I Mariyam. Remdesivir: A drug with promising effects against COVID-19. JAMDC. 2020; [Special Issue]
(In process of publication)
22. **Rashid M**. Piracha M. Ivermectin: An anti-parasitic drug that has potential for repurposing for COVID-19 Biomedica. 2020; 36 [Special Issue]
(In process of publication)