# DR. FARIHA QURESHI

**PRESENT ADDRESS**: HOUSE NO.251, BABAR BLOCK SECTOR A, BAHRIA TOWN, LAHORE. **Permanent Address**: 135K Phase I DHA, Lahore Cantt, Lahore.

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**EDUCATION:** 

Jan 2005 – April 2007: University of Health Sciences, Lahore.

M. Phil Anatomy.

Oct 1990 – March 1997: Fatima Jinnah Medical College for Women, Lahore.

M.B.B.S.

May 1989 – July 1990: Lahore College for Women, Lahore

F. Sc. Pre-Medical

April 1987: **Queen Marry School, Lahore** 

Matriculation

### **EXPERIENCE:**

DEC 2014 - TO DATE

ASSOCIATE PROFESSOR ANATOMY "AKHTAR SAEED MEDICAL & DENTAL COLLEGE, LAHORE."

OCT 2010 - DEC 2014

ASSISTANT PROFESSOR Anatomy "Akhtar Saeed Medical & Dental College, Lahore."

MAR 2009 - SEP 2010

ASSISTANT PROFESSOR Anatomy "University Medical & Dental College Faisalabad."

Aug 2008 - 27th March 2009

Senior Demonstrator Anatomy "University Medical & Dental College Faisalabad."

Jan 2008 – July2008:

Senior Demonstrator Anatomy "Sharif Medical and Dental College" Lahore.

### Sep 2002 - Jan 2005:

Anatomy Demonstrator "The University College of Medicine & Dentistry Lahore".

May 1998 - Nov 1998:

House Officer at Department of Diagnostic radiology Jinnah hospital, Lahore.

Apr 1997 – Sep 1997:

House Physician at Medical Unit-I Sir Ganga Ram Hospital, Lahore.

#### **Publications:**

- "ANTIOXIDANTS PREVENTED THE FETAL RESORPTIONS INDUCED BY SODIUM ARSENATE IN ALBINO MICE". JAMDC, 2019; 1 (4): 135-144. researchgate.net
- "VITAMINS C AND E AMELIORATE THE SODIUM ARSENATE INDUCED INTERSTITIAL FIBROSIS AND TUBULAR ATROPHY IN FETAL KIDNEYS OF ALBINO MICE". BIOMEDICA, 2017; 33 (4):284-290. researchgate.net
- "PROTECTIVE EFFECTS OF VITAMINS C&E AGAINST SODIUM ARSENATE INDUCED EFFECTS ON MATERNAL WEIGHT IN ALBINO MICE". BIOMEDICA 2013; 29(OCT-DEC):207-11. http://thebiomedicapk.com/articles/345.
- "PROTECTIVE ROLE OF VITAMIN C AND E AGAINST SODIUM ARSENATE INDUCED CHANGES IN DEVELOPING KIDNEY OF ALBINO MICE". J AYUB MED COLL ABBOTTABAD, 2009; 21(4):63-69. PMID: 21067028

## OTHER SKILL DEVELOPMENT COURSES:

- Participated in  $4^{\text{th}}$  international conference on health professions education held on  $22^{\text{nd}}$  oct, 2020 organized by uol & conferred 06 cme hrs.
- AWARDED A "LETTER OF APPRECIATION" AS A FACULTY OF AMDC FOR E-TEACHING DURING THE CHALLENGING TIMES OF COVID-19 PANDEMIC 2020.
- CONDUCTED A WORKSHOP AS A FACILITATOR ON "THE FUTURE DOCTOR WITH ENTRUSTABLE PROFESSIONAL ACTIVITIES" HELD AT AMDC, LAHORE FROM 6<sup>TH</sup> JAN 2020 TO 11<sup>TH</sup> JAN 2020&CONFERRED 18 CME HRS.
- AWARDED A "CERTIFICATE OF APPRECIATION" BY AMDC FOR ACTIVE PARTICIPATION IN ATTAINING A+ CATEGORY IN PAKISTAN MEDICAL & DENTAL COUNCIL VISIT, 2019.
- PARTICIPATED IN INTERNATIONAL CONFERENCE OF HEALTH PROFESSIONALS EDUCATION ON "STUDENT CENTERED CURRICULUM LEARNING THEORIES REDESIGNING THE MEDICAL CURRICULUM IN PAKISTAN" HELD AT UOL ON 4<sup>TH</sup> TO 6 TH DEC 2019 & CONFERRED 03 CME HRS.
- PARTICIPATED IN NATIONAL SCIENTIFIC CONFERENCE "ASCON" ON "EVOLUTIONARY TRANSFORMATION IN ANATOMY LEARNING" HELD AT UHS, LAHORE ON30TH NOV, 2019 & CONFERRED 06 CME HRS.
- PARTICIPATED IN NATIONAL SCIENTIFIC CONFERENCE "TELCON" ON "TECHNOLOGY ENHANCED LEARNING" HELD AT UHS, LAHORE ON 13<sup>TH</sup> OCT.2018 & CONFERRED 06 CME HRS.
- PARTICIPATED IN WORKSHOP ON "**MEDICAL RESEARCH & ARTICLE WRITING**" HELD ON 28<sup>TH</sup> OCT 2017 & 2<sup>ND</sup> NOV, 2017 AT AMDC, LAHORE, CONFERRED 04 CREDIT HOURS.
- PARTICIPATED IN INTERNATIONAL ANNUAL SCIENTIFIC CONFERENCE ON "ANATOMY IN 21<sup>ST</sup> CENTURY "AT ALLAMA IQBAL MEDICAL COLLEGE, LAHORE, CONFERRED 06 CME HRS HELD ON 30<sup>TH</sup> APRIL, 2016.
- PARTICIPATED IN WORKSHOP IN THE INTERNATIONAL CONFERENCE ANATCON-2016, "A ROAD TO REVOLUTION", AT SHALAMAR MEDICAL & DENTAL COLLEGE LAHORE HELD ON 27<sup>TH</sup> FEBRUARY, 2016.
- PARTICIPATED IN WORKSHOP ON "**DEVELOPING THE INS AND OUTS OF MODULAR SYSTEM**" HELD AT SHALAMAR MEDICAL & DENTAL COLLEGE, LAHORE ON 26<sup>TH</sup> FEBRUARY, 2016.
- Participated in workshop on "Construction of mcqs" held at amdc, Lahore on 24<sup>th</sup> Jan. 2015.
- PARTICIPATED IN THE INTERNATIONAL CONFERENCE ON: "THE INTEGRATED CURRICULUM FOR AN "UN-INTEGRATED" PRACTICE: IS SEAMLESS TRANSITION FROM EDUCATION TO PRACTICE REALLY POSSIBLE?"AT UNIVERSITY OF HEALTH SCIENCES, LAHORE 29<sup>TH</sup>-31<sup>ST</sup> OCTOBER 2015.

• PARTICIPATED IN THE PRE-CONFERENCE WORKSHOP ON "INTEGRATED ASSESSMENT FOR SIMULATION OF SKILLS: THE POSSIBILITIES AND CHALLENGES" AT AKHTAR SAEED MEDICAL& DENTAL COLLEGE, LAHORE ON 29<sup>TH</sup> OCTOBER 2015.

- PARTICIPATED IN PRE-CONFERENCE WORKSHOP ON "END NOTE" AT UNIVERSITY OF HEALTH SCIENCES LAHORE, ON 29TH OCTOBER 2015.
- PARTICIPATED IN "NATIONAL SCIENTIFIC CONFERENCE" HELD AT UHS LAHORE ON 18<sup>TH</sup> APRIL, 2015.
- PARTICIPATED IN WORKSHOP ON "PROFESSIONAL CORE COMPETENCIES FOR CONTEMPORARY TEACHING OF ANATOMY" AT SHEIKH ZAYED POSTGRADUATE MEDICAL INSTITUTE, LAHORE, HELD ON 10<sup>TH</sup> OCTOBER, 2015.
- PARTICIPATED IN SYMPOSIUM ON "COMMON PEDIATRIC PROBLEMS" HELD ON 11TH APRIL, 2015 AT AKHTAR SAEED MEDICAL & DENTAL COLLEGE, LAHORE
- PARTICIPATED IN NATIONAL SCIENTIFIC CONFERENCE OF ANATOMICAL SOCIETY OF PAKISTAN HELD ON 18<sup>TH</sup> APRIL 2015.
- PARTICIPATED IN SYMPOSIUM ON " **UPDATE IN SURGERY**" HELD AT AKHTAR SAEED MEDICAL &DENTAL COLLEGE LAHORE ON 16<sup>TH</sup> MAY,2015
- Participated in workshop on "**improving lectures**" conducted by department of medical education & educational research at LMDC, Lahore on 12<sup>th</sup> September, 2014.
- PARTICIPATED IN WORKSHOP ON "**TEST ITEM CONSTRUCTION & ITEM ANALYSIS**" AT ALLAMA IQBAL MEDICAL COLLEGE, LAHORE HELD ON 15<sup>TH</sup> AND 18<sup>TH</sup> OCTOBER 2014
- PARTICIPATED IN INTERNATIONAL CONFERENCE OF ANATOMISTS "ACADEMIC CHALLENGES IN ANATOMY AND MODERN EDUCATION TRENDS" HELD AT CMH LAHORE MEDICAL COLLEGE & INSTITUTE OF DENTISTRY, PAKISTAN ON 21<sup>ST</sup> & 22<sup>ND</sup> MARCH, 2014.
- PRESENTED THE RESEARCH PAPER "MATERNAL & FETAL TOXICITY INDUCED BY SODIUM ARSENATE & ITS PREVENTION BY ANTIOXIDANTS IN ALBINO MICE". IN 3RD SCIENTIFIC CONFERENCE OF ANATOMISTS HELD AT ALLAMA IQBAL MEDICAL COLLEGE, LAHORE ON 1<sup>ST</sup> MARCH, 2014.
- PARTICIPATED IN PRE-CONFERENCE WORKSHOP ON "WRITING CRITICALLY IN MEDICAL EDUCATION FOR ASSIGNMENTS OR FOR PUBLICATION OF QUALITATIVE RESEARCH" AT UNIVERSITY OF HEALTH SCIENCES LAHORE-PAKISTAN ON MARCH 07, 2014 AND IS AWARDED 1.5 CME CREDITS (361)
- PARTICIPATED IN THE PRE-CONFERENCE WORKSHOP ON "FACILITATING COLLABORATIVE LEARNING IN SMALL GROUPS" AT UNIVERSITY OF HEALTH SCIENCES, LAHORE-PAKISTAN ON MARCH 07, 2014 AND IS AWARDED 1.5 CME CREDITS (360).
- PARTICIPATED IN AEME CONFERENCE 2014," **PROFESSIONALIZATION OF HEALTH PROFESSIONS EDUCATION: IMPACT ON HEALTHCARE**," CONDUCTED BY UNIVERSITY OF HEALTH SCIENCES LAHORE, PAKISTAN, MARCH 07-09, 2014 AND IS AWARDED 09 CME CREDITS (341).
- CERTIFICATE OF COMPLETION OF 18 CREDIT HOURS "COURSE WORK FOR PHD IN BIOMEDICAL AND BASIC MEDICAL SCIENCES" HELD AT KING EDWARD MEDICAL UNIVERSITY, LAHORE FROM JAN, 2011 TO SEPT, 2011.
- PARTICIPATED IN "**TRAINING WORKSHOP OF ICH-GCP**" ON MAY 23-24, 2011 HELD AT KING EDWARD MEDICAL UNIVERSITY, LAHORE, PAKISTAN
- AWARDED A CERTIFICATE OF HONOUR IN RECOGNITION OF BEING "AN OUTSTANDING ORGANIZER OF ANNUAL SPORTS FESTIVAL" HELD ON FEB 15 25TH, 2010 AT UNIVERSITY OF FAISALABAD.
- PARTICIPATED IN WORKSHOPS ON "**PROBLEM BASED LEARNING**", CONDUCTED BY UNIVERSITY MEDICAL & DENTAL COLLEGE FAISALABAD WITH DR. ZAREEN ZAIDI, HEAD MEDICAL EDUCATION FOUNDATION UNIVERSITY MEDICAL COLLEGE RAWALPINDI; HELD ON APRIL 24-25, 2009.

• PARTICIPATED IN WORKSHOPS ON "**PROBLEM BASED LEARNING**", CONDUCTED BY UNIVERSITY MEDICAL & DENTAL COLLEGE FAISALABAD WITH M. ALAM SHER FROM MALAYSIA HELD ON OCT 11, 2008.

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- PARTICIPATED IN WORKSHOP ON"BASIC CARDIAC LIFE SUPPORT" CONDUCTED BY SINDH MEDICAL COLLEGE ALUMNI ASSOCIATION OF NORTH AMERICA AND LIFE SAVERS FOUNDATION PAKISTAN HELD ON 5<sup>TH</sup> JULY, 2007.
- PARTICIPATED IN WORK SHOP ON "EDUCATION AND TRAINING FOR MEDICINE: NEW PROBLEMS. NEW RESPONSES- A TOOL FOR PROFESSIONAL DEVELOPMENT" HELD ON 21<sup>ST</sup> NOV 2006 AT UHS, CONDUCTED BY PROF. JOHN BIGGS.
- ATTENDED WORKSHOP ON "**REAL TIME PCR**" HELD ON 11<sup>TH</sup>OF AUGUST 2005 AT UNIVERSITY OF HEALTH SCIENCES, LAHORE.
- ATTENDED WORKSHOP ON "**RESEARCH METHODS**" ORGANIZED BY UNIVERSITY OF HEALTH SCIENCES LAHORE, ON JULY 6TH- 7<sup>TH</sup>, 2005.
- COMPLETED "COMPUTER-TRAINING (MICROSOFT OFFICE) PROGRAM" FROM FIRST WOMEN BANK LTD 04<sup>TH</sup> SEPT TO 22<sup>ND</sup> SEPT, 1999.

#### **PROFESSIONAL AFFILIATIONS**

Member – Pakistan Medical & Dental Council Member – Life Savers Foundation, Pakistan Member—Anatomical Society, Pakistan

**REFERENCES:** WILL BE FURNISHED UPON REQUEST.