

# Department of Psychiatry and Behavioral Sciences

## Head of Department

### **Dr. G.H. Saqib Kalyani**

MBBS, FCPS

Associate Professor



Dr. G.H. Saqib Kalyani is an Associate Professor and Head of Department of Psychiatry and Behavioural Sciences , Akhtar Saeed Medical and Dental College Lahore. He is an M.B.B.S Doctor( Graduated from Punjab Medical College Faisalabad in 1984) and a qualified Psychiatrist ( F.C.PS. in Psychiatry) and is Fellow of College of Physicians and Surgeons Pakistan. He worked in Government Sector for 29 years (approximately) before joining Akhtar Saeed Medical and Dental College Lahore. In the past he worked in various prestigious Institutions like Bahawal Victoria Hospital , a Teaching Hospital of Quaid-e-Azam Medical College Bahawalpur. Worked as a Consultant Psychiatrist at Institute of Psychiatry Rawalpindi General Hospital Rawalpindi ( Presently Benazir Bhutto Shaheed Hospital) ; a Teaching Hospital of Rawalpindi Medical College Rawalpindi, as a Consultant Psychiatrist at Punjab Institute of Mental Health Lahore , as a Senior Consultant Psychiatrist at Mian Munshi D.H.Q. 1, Teaching Hospital affiliated with King Edward Medical University Lahore. He worked as an Assistant Professor and Head Department of Psychiatry and Behavioural Sciences at Lahore Medical and Dental College Lahore for more than four years ; in this duration the result of Behavioural sciences was more than 95% (of both Medical and Dental Students, separately) and 20 to 35 Distinctions were bagged by his students each Year( MBBS and BDS sections separately). He conducted the Exams of 2nd Prof of Medical and Dental students both as an Internal and as an External Examiner( appointed by University of Health Sciences Lahore) at Various Medical and Dental Colleges ,like Lahore Medical and Dental College Lahore, de' Montmorency Dental College Lahore, Services Institute of Medical Sciences Lahore , Central Park Medical College Lahore etc. He trained Doctors( in Mental Health) from multiple Districts of Punjab at Punjab Institute of Mental Health Lahore. He delivered Lectures regularly to the participants of Civil Defense Academy G.O.R-1 and the participants of International Civil Defense Organization.

He was trained in NIPA ( National Institute of Public Administration) Lahore in 1990. He worked in the Earthquake stricken area of Azad Kashmir in 2005 as a Team Leader under the Umbrella of United Nations and World Health Organization for 3 weeks. He has special interest in literature and poetry and worked as an Editor of College Magazine of his Medical College of graduation (i.e. Punjab Medical College Faisal Abad). He was elected unopposed General Secretary of Pakistan Medical Association Dera Ghazi Khan. He took the initiative and was the first Editor of PMA D.G.Khan official Journal; The Healers. He has the special interest in removing the stigma against the mental health and the patients suffering from mental illnesses.